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# L'International **GYMNIX**

3 AU 6 MARS  
2016

EN COLLABORATION AVEC

**GYMNOVA** 

**COMPLEXE SPORTIF  
CLAUDE-ROBILLARD**



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Québec 

Canada  
Montréal 

GYMNASTIQUE  
QUÉBEC  




**Scapin**

# Québec



The International Gymnix thank the Quebec's Government  
for its generous financial contribution.



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## **Yvon Beaulieu**

Club Gymnix's President

### **On the road to Rio 2016**

It is with great pleasure that we welcome you to the 25<sup>th</sup> edition of L'International Gymnix. The best junior and senior athletes in the world invite you to mark the quarter century of this world renowned event.

In preparation for the Rio 2016 Olympic Games, athletes from Canada, USA, Russia, Romania, France, Great Britain, Belgium, Nederland and Japan promise to be an impressive show.

Through the dedication of all our partners and sponsors and the work of hundreds of volunteers, the International Gymnix grows year after year. 2016 will be no exception, as many new features are showcased. To discover them, read carefully the program that you have in your hands.

We wish the best of luck to all participants of L'International Gymnix, and promise to offer you a memorable weekend!



A handwritten signature in black ink, appearing to read "Y-B".

**Yvon Beaulieu**  
Club Gymnix's President



Ministre d'État (Sports)



Minister of State (Sport)

Ottawa, Canada K1A 0M5

## The honourable Carla Qualtrough Minister of state (Sports)

The Government of Canada is pleased to support the 2016 International Gymnix.

For the 25<sup>th</sup> year, gymnasts from Canada and around the world will face one another in Montréal. This competition will be a tremendous opportunity for our young gymnasts to compete in a high-level event against other very talented athletes. These gymnasts are a wonderful example of discipline and passion for all Canadians, especially our youth.

As Minister of Sport and Persons with Disabilities, I would like to thank Gymnastics Canada and all the gymnastics clubs across the country that foster the development of their sport, from participants at the community level all the way to elite athletes. Thank you to the organizing committee and, especially, the many volunteers who have donated their time and talents to make the 2016 International Gymnix competitions a success.

**L'honorable Carla Qualtrough**  
Minister of state (Sports)



## MESSAGE DU MINISTRE

Chaque année, depuis 25 ans, l'International Gymnix accueille quelques-unes des meilleures gymnastes au monde pour leur permettre de vivre une expérience des plus stimulantes et enrichissantes.

Cet événement unique au Canada nous donne l'occasion d'encourager des athlètes de haut niveau qui investissent des efforts considérables dans leur discipline et nous éblouissent par leur talent, leur agilité et leur détermination.

J'aimerais saluer l'excellent travail du club Gymnix et l'apport inestimable, notamment des entraîneurs, des officiels, des parents et des bénévoles, qui offrent un réel soutien à notre relève sportive et qui sont de précieuses ressources pour la réussite de cet événement d'envergure.

Je souhaite la meilleure des chances à toutes ces gymnastes. Elles méritent toute notre admiration, car elles sont une grande source d'inspiration et de véritables modèles de persévérance pour la jeunesse québécoise.



### SÉBASTIEN PROULX

*Ministre de l'Éducation, du Loisir et du Sport  
Ministre de la Famille*



## Denis Coderre

Montreal's Mayor

The International Gymnix women's artistic gymnastics competition celebrates its 25<sup>th</sup> anniversary. I would like to congratulate the organizers and volunteers of the Gymnix Club for a job well done.

I would like to welcome the gymnasts from 14 countries and provinces. The International Gymnix is a unique event in Canada, a gymnastics happening, that brings together young, local athletes as well as national and international elite gymnasts. The International Gymnix is one of the few international competitions to offer apparatus that is raised on podium. It enables Canadian gymnasts to rub shoulders with the world's best competitors.

As an Olympic city, Montréal is pleased to be one of the cities along the Olympic route of several gymnasts who are getting ready to compete at the Rio Games this summer. Gymnix Club has been associated with the Olympics: since 1988, the Club has established a Canadian record in the field of artistic gymnastics with six Olympic participations.

I would like to thank the volunteers who dedicate their time and effort to help young gymnasts rise to the challenge. I wish the best of luck to the athletes competing in L'International Gymnix, and may the best win.

Denis Coderre  
Montreal's Mayor

Montréal



## Peter Nicol

President-CEO



### Welcome

On behalf of Gymnastics Canada, welcome to the 25<sup>th</sup> edition of L'International Gymnix. Year after year, it is with great pride that we welcome the best gymnasts in the world to Montreal.

L'International Gymnix is also a unique opportunity for our athletes to compete against the world's elite in front of their "hometown" fans.

We would like to take this opportunity to thank the organizing committee and their volunteers who worked tirelessly to develop this prestigious event and wish the best of luck to all gymnasts.

We hope you enjoy watching the performances during this international celebration of Gymnastics. Enjoy the show!



**Peter Nicol**

*President-CEO*

*Gymnastics Canada Gymnastique*

**Canada**



**GYMNOVA**



## Serge Sabourin

FGQ's President

2016 is undeniably a key year in gymnastics. The Rio Olympics game, in which some gymnasts from the province may participate, is fast approaching. In addition, The International Gymnix is celebrating its 25<sup>th</sup> anniversary this month.

Few sporting events can claim to have grabbed the crowds and athletes' interest for over two decades. To achieve this, the organizers had to constantly reinvent themselves, and offer the best reception conditions for international delegations and for Quebec and Canadian gymnasts. With their world class podium, praised by big names of the sport, we are safe to say they have achieved their goal.

We wish all spectators and participants an unforgettable experience. Enjoy these few days of competition to marvel at the gymnasts prowess and impressive skills. Lose yourself in the festive atmosphere and, above all, celebrate your passion for gymnastics. After all, sport is as much fun to watch as to practice!

On my own behalf and on behalf of all members of Gymnastics Quebec, we would like to thank the organizing committee and volunteers for the time and energy they devoted to this renowned competition that enhances the beauty of our sport.

I wish L'International Gymnix a long and successful life!

A handwritten signature in black ink that reads "Serge Sabourin".

**Serge Sabourin**  
FGQ's President



# Competition's schedule

**GYM A (Gym on podium)**

**GYM B (Double Gym)**

## THURSDAY MARCH 3<sup>rd</sup>

16 H 30	JO 9 (2003) & JO 9 (2004-2005)
19 H 30	JO 10 (2000-2001)

## FRIDAY MARCH 4<sup>th</sup>

7 H 25	ESPOIR 2
12 H 25	JO 10 (2001 À 2004)
18 H 15	<b>INTERNATIONAL SENIOR CUP</b> Team competition and individual Qualifications for the apparatus finals Canada, Japan, Belgium, Netherlands
21 H 10	<b>SHOW</b>

8 H 10	JO 6 (2005 À 2007)
10 H 20	JO 6 (2002 - 2003)
12 H 40	ESPOIR 1
15 H 30	ESPOIR 1

## SATURDAY MARCH 5<sup>th</sup>

8 H 30	NOVICE CANADA
12 H 15	<b>GYMNIX CHALLENGE</b> Individual competition Qualifications for the apparatus finals
18 H 15	<b>INTERNATIONAL JUNIOR CUP</b> Team competition and individual Qualifications for the apparatus finals Canada, United States, Russia, Roumania, Japan, Belgium, France, Grand Britain
20 H 55	<b>SHOW</b>

9 H 05	JO 9 (1998 À 2002)
11 H 25	JO 6 (2004-2005)
14 H 00	JO 7 (2004 À 2007)
16 H 05	JO 6 (1996 À 2001) & JO 7 (1996 À 2001)

## SUNDAY MARCH 6<sup>th</sup>

9 H 00	JO 10 (1996 À 2000)
13 H 15	<b>INTERNATIONALS FINALS</b>
16 H 15	<b>SHOW</b>

8 H 15	JO 8 (2002 - 2006)
10 H 50	JO 7 (2002-2003) & JO 8 (1998-2001)



# Description of competition levels

## CLASSIQUE GYMNIX

The provincial and national stream athletes will compete in the Gymnix Classic will have a unique opportunity to compete against gymnasts from other provinces and a few countries. The categories competing will be the JO Levels 6 to 10, the Canadian Aspire Program 1 & 2 and the Canadian Novice Program will.



## SENIOR CUP

The first edition of the Senior Cup will present gymnasts from different countries in preparation for the Rio Olympic Games. On day 1, a team event combined with the All-Around competition will take place. The top eight athletes on each apparatus will qualify for the finals on day 2.



## JUNIOR CUP

The Junior Cup event is to provide an international experience to young promising gymnasts from different countries in order to prepare them for future major competitions. On day 1, a team event combined with the All -Around competition will take place. The top eight athletes on each apparatus will qualify for the finals on day 2.



## GYMNIX CHALLENGE

The Gymnix Challenge welcomes junior and senior elite gymnasts. The athletes competing are foreign and Canadian gymnasts, members of their national team or representing their club. The competition will be held on two days, with the apparatus qualifications and the All-Around competition on day 1, and apparatus finals with the top eight gymnasts on day 2.



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[GYMCAN.ORG/COMMUNIQUE](http://GYMCAN.ORG/COMMUNIQUE)

# Portrait Bernard Petiot

Gymnastics has always been a big part of Bernard Petiot's life, Vice President Casting and Performance at Cirque du Soleil. From his childhood to the greatest achievements of his career, his passion for the sport (and for victory) has guided him to exceed the limits and to develop the greatest athletes and acrobats of the province.

Coach at Club Gymnix from 1980 to 1998, Bernard Petiot has helped to develop some of the best Canadian gymnasts of all time, including Cathy Giancaspro, Mylene Fleury, Marilou Cousineau, Julie Beaulieu, Amélie Fournier and Amélie Plante. He led the Canadian team to 13 world championships and two Olympic Games.

In 1991, he created the International Gymnix to support Gymnix training needs and to gain experience that could only be found abroad at the time.

## **IG** :How did the idea of the International Gymnix grow?

**BP** :The early stages of this competition, before it became an international meet, were held at the CEPSUM of the Université de Montréal as part of my gymnastics class. I wanted to set up an annual competition that would support Gymnix's need to prepare for competition, but in the province of Quebec.

At the beginning, it was only a Canadian invitation. The event quickly gained momentum and has become very popular. CEPSUM quickly became too small to accommodate the gymnasts, so my colleague Yves Gagnon had the idea to move the event at Claude-Robillard Sports Complex. In the process, he transformed it in an international invitation attended by Americans, Russians, Romanians, etc. The International Gymnix was born!





**IG :**What were your goals when you started this event?

**BP :**When my gymnasts and I participated in international competitions, we always came back with an experience that we could hardly share with the other gymnasts, the parents and the staff.

The idea of welcoming gymnasts from different countries, who were staying with my athletes' families during their stay, gave me the opportunity to create a collective learning. Everyone could compare our different training approaches:nutritional diet, volume and intensity of training, coaches expectations, profile, weight, etc. The second objective was to motivate the high level gymnasts at home. It made the Gymnix community proud to compete with the best in the world, and to prepare accordingly.

I also wanted to create an instrument used to prepare the gymnasts toward high-levels gymnastics, inspire the younger athletes, increase the exposure of the club, wanted by Quebec and Canadian gymnastics community and recurring through time.

**IG :** What is your best memory of the International Gymnix?

**BP :** Whenever we won !!! Seriously, having Dominique Dawes, Podkopaeva, Chusovitina and Grosheva will be printed indelibly in my mind.

**IG :**How do you feel when you come back to attend the IG today?

**BP :**Great pride and great gratitude to the administrators, parents and volunteers who have believed in the event and who have picked it up and made it lived that long. It is now the event with the longest life in Canada.





**DESJARDINS, FIER  
D'ENCOURAGER  
LES ATHLÈTES DE  
L'INTERNATIONAL  
GYMNIX**

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réalisation de leur rêve.

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**Desjardins**

Coopérer pour créer l'avenir



# L'International Gymnix celebrates its 25<sup>th</sup> anniversary

## History

Over the years, L'International Gymnix has seen some of the best gymnasts in the world, and gave a first international experience to many Canadian and Quebec athletes. Since 1991, gymnasts from all continents have graced the International Gymnix podium. Several of them have subsequently left an indelible mark in the gymnastics world.

**1991**  
IG's  
first edition

**1991-1996**  
Marilou Cousineau  
(Participation in 5 world  
championships)

**1994 et 1996**  
Oksana Chusovitina  
(Olympics Team Champion  
1992)

**1995**  
Lilia Podkopayeva  
(Olympics Champion 1996)

**1995-2000**  
Émilie Fournier  
(Olympics Games 2000)

**1996-2000**  
Julie Beaulieu  
(Olympics Games 2000)

**1997**  
Dominique Dawes  
(Olympics Team Champion  
1996)

**1999-2002**  
Amélie Plante  
(Olympics Games 2004)

**2002**  
Carly Patterson  
(Olympics Champion 2004)

**2006-2010**  
Nansy Damianova  
(Olympics Games 2008)

**2006**  
Shawn Johnson  
(Olympics beam champion  
2008)

**2006**  
Bridget Sloan  
(World champion 2009)

**2007**  
Aliya Mustafina  
(Olympic bars champion)  
(World bars champion 2007)  
(2012)

**2007**  
Ksenia Semenova  
(World bars champion 2007)

**2009**  
Jordyn Wieber  
(Olympic Champion 2012)

**2012**  
Lauren Mitchell  
(World floor champion 2010)

## 2016 Official Spokesperson and Ambassadors

L'International Gymnix 2016's spokeswoman is none other than the famous Anais Favron! The 94.3 NRJ morning woman used to train as a gymnast at Gymnix. Known for her sense of humor, Anais will surely spice up the gym and the audience.

To mark the 25<sup>th</sup> anniversary of the event, many public figures and athletes who were once immersed in the beautiful world of gymnastics also agreed to lend their names to the IG as ambassadors.



**Elena Grosheva**  
Médaillée olympique en  
gymnastique artistique



**Monica Halat et  
Alexandra Roy**  
Cheerleaders des Alouettes  
de Montréal



**Sophie Nélisse**  
Actrice - Ancienne gymnaste  
du Club Gymnix



**Nansy Damianova**  
Olympienne en gymnastique  
artistique - Ancienne  
gymnaste du club Gymnix



**Mylène Fleury**  
Olympienne en gymnastique  
artistique - Ancienne  
gymnaste du club Gymnix



**Jean-Luc Brassard**  
Champion olympique en ski  
acrobatique - Chef de mission  
RIO 2016



**Cathy Giacaspone**  
Olympienne en gymnastique  
artistique - Ancienne  
gymnaste du club Gymnix



**Julie Beaulieu**  
Olympienne en gymnastique  
artistique - Ancienne  
gymnaste du club Gymnix





**Caroline Olivier**  
Médaillée olympique en  
gymnastique artistique



**Mélissa Corbo**  
Médaillée en coupe du  
monde - Ancienne  
gymnaste du club Gymnix



**Marilou Cousineau**  
Participation à 5 Championnats du monde - Ancienne  
gymnaste du club Gymnix



**Émilie Heymans**  
Médaillée olympique en  
plongeon - Ancienne  
gymnaste du club Gymnix



**Amélie Plante**  
Olympienne en gymnastique  
artistique - Ancienne  
gymnaste du club Gymnix



**Nathalie Lambert**  
Médaillée olympique en  
patinage de vitesse - Vice-  
présidente du club Gymnix



**Anaïs Favron**  
Porte-parole de l'International  
Gymnix 2016



**Sylvie Fréchette**  
Championne olympique en  
nage synchronisée



**Marie-Ève Marleau**  
Olympienne en plongeon -  
Ancienne gymnaste du  
club Gymnix



**Bernard Petiot**  
Entraîneur à 2 Jeux  
Olympiques avec Gymnix -  
VP Casting & Performance au  
Cirque du Soleil



**Ellie Black**  
Championne des Jeux  
Panaméricains 2015 - 7<sup>e</sup> aux  
championnats du monde 2015  
(meilleure gymnaste féminine  
canadienne de l'histoire)



**Dori Yeats**  
Ancienne gymnaste -  
championne Jeux du  
Commonwelath 2014 en lutte

# Come watch the International Gymnix 2016 competitions !

## What's new?

Because a quarter of a century requires a big celebration, the organizing committee promises you an exciting amount of new features :

- Giant screens
- Crowd warmer
- Multidisciplinary shows
- Autograph sessions
- Prizes
- A gymnastics tradeshow, with loads of kiosks and sports workshops



Follow us!

#gymnix2016

For any information concerning the International Gymnix 2016 :

[international@gymnix.ca](mailto:international@gymnix.ca)



# Our Shows

## Friday evening

### Hula hoop

Throughout her career, Danièle Béchard has performed in 17 countries and has perfected a multitude of disciplines. She regularly performs her hula hoop act in special events presented by the Cirque Éloize.



&gt;&gt;



### Kalabante

Kalabanté artists have had the opportunity to perform on the stage of various important circuses around the world. Their dynamic choreography combines acrobatics, dance and music. The company, proud of sharing African culture, has recently performed as part of the Cavalia show Odysseo.  
<http://www.kalabante.org/>



## Saturday evening

### Contorsion - Cirque du soleil

This contortion act will be in the next Cirque du Soleil show Luzia. The show is inspired by the richness of Mexican culture.

<https://www.cirquedusoleil.com/luzia/>



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### Troupe de danse Irock (Rockwell Family Dance Studio)

The Rockwell Family Dance Studio specialises in urban dance, such as Hip Hop and breakdancing. One of their dance troupes has not only won the World Hip Hop Dance Championship, but also participated in the shooting of the movie Step Up 5 : All In.

<http://www.rockwellfamily.ca/>



Sunday afternoon



### Duo Voltart - Duo de main à main

Geneviève et Damien are partners on stage as they are in their personal life. These two circus artists from Montreal have been performing around the world for many years. They often present their act on special events by the Cirque du Soleil.

<http://www.duovoltart.com/>



### Barcode Russian Bar - Barre Russe

The Barcorde trio is made of Alexandra Royer, Tristan Nielsen and Eric Bates. They have participated in shows from the circus company 7 Doigts De La Main. They have also performed in a few Cirque Éloize projects.

<http://ericbates.wix.com/barcoderussianbar>





MONDOR  
∞

# Athlete's profile

# Senior cup



## Copiak, Madison

Hometown: **Calgary, AB**  
 Date of Birth: **1998**  
 Club: **Calgary Gymnastics Center**  
 Trainer: **Jana Ball - David Kenwright**  
 Best moment:  
**2015 - Panamerican Games: 2<sup>nd</sup> Team**



## Rousseau, Audrey

Hometown: **La Prairie, QC**  
 Date of Birth: **1999**  
 Club: **Equilibrix**  
 Trainer: **Dany Gilbert - Natalie Turner**  
 Best moment:  
**2015 - World Championships: 6<sup>th</sup> team**



## Townsend, Sydney

Hometown: **Conestogo, ON**  
 Date of Birth: **1999**  
 Club: **Milton Springer Gymnastics**  
 Trainer: **Craig Smith**  
 Best moment:  
**2015 - World Championships: 6<sup>th</sup> team**



## Woo, Rose-Kaying

Hometown: **La Prairie, QC**  
 Date of Birth: **2000**  
 Club: **Gym-Richelieu**  
 Trainer: **Michel Charron - Marie-Josée Laperrière**  
 Best moment: **2015 - Canadian Championships: 1<sup>st</sup> all-around**



## Onyshko, Isabella

Hometown: **Brandon, MB**  
 Date of Birth: **1998**  
 Club: **Brandon Eagles**  
 Trainer: **Lorie Henderson - Joe Stouffer**  
 Best moment:  
**2016 - Elite-Canada : 1<sup>st</sup> all-around**



## Peterman, Kirsten

Hometown: **Cambridge, ON**  
 Date of Birth: **1998**  
 Club: **Revolution Gymnastics**  
 Trainer: **Aaron & Angela Brokenshire**  
 Best moment:  
**2014 - World Championships: 12<sup>th</sup> team**



## Vézina, Laurie-Lou

Hometown: **Mercier, QC**  
 Date of Birth: **2000**  
 Club: **Gym-Fly**  
 Trainer: **Jacinthe Émard**  
 Best moment:  
**2015 - Canadian Championships: 2<sup>nd</sup> bars**



## Woo, Rose-Kaying

Hometown: **Brossard, QC**  
 Date of Birth: **1997**  
 Club: **Gym-Richelieu**  
 Trainer: **Michel Charron - Marie-Josée Laperrière**  
 Best moment:  
**2015 - Panamerican Games: 2<sup>nd</sup> team**



## Cyrenne, Helody

Hometown: **Châteauguay, QC**  
 Date of Birth: **1997**  
 Club: **Gym-Richelieu**  
 Trainer: **Michel Charron - Marie-Josée Laperrière**  
 Best moment:  
**2015 - Elite-Canada : 1<sup>st</sup> floor**



## Olsen, Shallon

Hometown: **Surrey, BC**  
 Date of Birth: **2000**  
 Club: **Omega Gymnastics Academy**  
 Trainer: **Vladimir Lashin - Svetlana Lashina**  
 Best moment:  
**2015 - Canada Games: 2<sup>nd</sup> all-around**



# Athlete's profile

# Senior cup



**Semple, Meixi**

Hometown: **Whitby, ON**  
 Date of Birth: **2000**  
 Club: **Gemini Gymnastics**  
 Trainer: **Elena Davydova – Valery Yahchybekov**  
 Best moment: **2015 – Canadian Championships: 3<sup>rd</sup> all-around**



**Soloski, Sydney**

Hometown: **Calgary, AB**  
 Date of Birth: **1999**  
 Club: **Calgary Gymnastics Center**  
 Trainer: **Janna Ball – David Kenwright**  
 Best moment: **2014 – Coupe Avenir (Belgium): 1<sup>st</sup> all-around**



BELGIUM



**Derwael, Nina**

Date of Birth: **2000**  
 Club: **TK Sta Paraat Hasselt**  
 Trainer: **Yves Kieffer – Marjorie Heuls**  
 Best moment: **2015 – Belgium Championships: 1<sup>st</sup> All-around**



**Klinckaert, Axelle**

Date of Birth: **2000**  
 Club: **Gymmax wzw**  
 Trainer: **Yves Kieffer – Marjorie Heuls**  
 Best moment: **2015 – European Youth Olympics Festival: 2<sup>nd</sup> All-around**



**Deriks, Senna**

Date of Birth: **2000**  
 Club: **Gymgroep AS**  
 Trainer: **Yves Kieffer – Marjorie Heuls**  
 Best moment: **2015 – Top Gym (Belgium) : 2<sup>nd</sup> All-around**



**Waem, Laura**

Date of Birth: **1997**  
 Club: **Sportiva Sint-Gillis-Waas**  
 Trainer: **Yves Kieffer – Marjorie Heuls**  
 Best moment: **2013/2014/2015 – World Championships**



**Mys, Gaelle**

Date of Birth: **1991**  
 Club: **OTV Nazareth**  
 Trainer: **Yves Kieffer – Marjorie Heuls**  
 Best moment:  
**2012 – Olympic Games**



**Hermans, Rune**

Date of Birth: **1999**  
 Club: **Topsport Gent**  
 Trainer: **Yves Kieffer – Marjorie Heuls**  
 Best moment:  
**2015 – World Championships**

# Athlete's profile

# Senior cup



BELGIUM



**Meyers, Julie**

Date of Birth: **2000**  
 Club: **TK Sta Paraat Hasselt**  
 Trainer: **Yves Kieffer – Marjorie Heuls**  
 Best moment: **2015 –**  
**Belgium Championships: 3<sup>rd</sup> All-around**



NETHERLANDS



**Polderman, Kirsten**

Date of Birth: **2000**  
 Club: **PAX Hoofddorp**  
 Trainer: **Patrick Kiens**  
 Best moment: **2014 – National Championships: 2<sup>nd</sup> All-around**



**Vandenhove, Cindy**

Date of Birth: **1999**  
 Club: **Vaste Vuist Lauwe**  
 Trainer: **Yves Kieffer – Marjorie Heuls**  
 Best moment: **2015 –**  
**Belgium Championships: 1<sup>st</sup> All-around**



**Thorsdottir, Eythora**

Date of Birth: **1998**  
 Club: **S.V. PAX-Haarlemmermeer**  
 Trainer: **Patrick Kiens**  
 Best moment:  
**2015 – World Championships: 8<sup>th</sup> All-around**



**Crocket, Julie**

Date of Birth: **1994**  
 Club: **GymMax**  
 Trainer: **Yves Kieffer – Marjorie Heuls**  
 Best moment: **2010/2011/2014/2015 –**  
**World Championships**



JAPAN



**Kajita, Naji**

Date of Birth: **2000**



**Hiraiwa, Yuna**

Date of Birth: **1998**  
 Club: **Seiritsu Gakuen High School**  
 Best moment: **2014 –**  
**Japan Championships: 1<sup>st</sup> beam**



**Miyakawa, Sae**

Date of Birth: **1999**  
 Club: **Saints Gymnastics Club**  
 Best moment: **2015 –**  
**World Championships: 4<sup>th</sup> sol**



# Athlete's profile

# Junior cup



CANADA



**Chrobok, Jade**

Hometown: **Toronto, ON**  
 Date of Birth: **2001**  
 Club: **Gemini Gymnastics**  
 Trainer: **Elena Davydova - Valery Yahchybekov**  
 Best moment: **2016 - Elite-Canada : 1<sup>st</sup> All-around**



**de Jong, Hayley**

Hometown: **Port Coquitlam, BC**  
 Date of Birth: **2001**  
 Club: **Flicka Gymnastics**  
 Trainer: **Dorina Stan**  
 Best moment: **2016 - Elite-Canada : 3<sup>rd</sup> floor**



**Padurariu, Ana**

Hometown: **Oshawa, ON**  
 Date of Birth: **2002**  
 Club: **Gemini Gymnastics**  
 Trainer: **Elena Davydova - Valery Yahchybekov**  
 Best moment: **2015 - Canadian Championships: 1<sup>st</sup> All-around**



**Jurca, Victoria**

Hometown: **Châteauguay, QC**  
 Date of Birth: **2002**  
 Club: **Gym-Fly**  
 Trainer: **Jacinthe Émard**  
 Best moment: **2016 - Elite Canada : 3<sup>rd</sup> All-around**



USA



**Chiles, Jordan**

Date of Birth: **2001**  
 Club: **Naydenov**  
 Trainer: **Erika Bakacs**  
 Best moment: **2015 - US Championships: 4<sup>th</sup> All-around**



**Malabuyo, Emma**

Date of Birth: **2002**  
 Club: **Texas Dreams**  
 Trainer: **Kim Zmeskal Burdette - Chris Burdette**  
 Best moment: **2015 - US Championships: 20<sup>th</sup> All-around**



**Perea, Gabby**

Date of Birth: **2002**  
 Club: **Legacy Elite**  
 Trainer: **Jiani Wu**  
 Best moment: **2015 - US Championships: 7<sup>th</sup> All-around**



**Soza, Deanne**

Date of Birth: **2001**  
 Club: **Arete**  
 Trainer: **Dan Coleman**  
 Best moment: **2015 - US Championships: 13<sup>th</sup> All-around**



# Athlete's profile

# Junior cup



**ROMANIA**



**Cimpian, Olivia**

Date of Birth: **2001**  
 Club: « **Cetate**
 Trainer: **Nicolae Forminte – Liliana Cosma**  
 Best moment: **2015 – Nadia Comaneci**  
**International : 1<sup>st</sup> All-around**



**Crisan, Ioana**

Date of Birth: **2001**  
 Club: « **Cetate**
 Trainer: **Nicolae Forminte – Liliana Cosma**  
 Best moment: **2015 – Nadia Comaneci**  
**International : 1<sup>st</sup> Beam**



**Golgota, Denisa**

Date of Birth: **2002**  
 Club: « **Cetate**
 Trainer: **Nicolae Forminte – Liliana Cosma**  
 Best moment: **2015 – National Championships**  
**Junior: 1<sup>st</sup> All-around**



**Botnaru, Alisia**

Date of Birth: **2001**  
 Club: **Cetate** » DEVA  
 Trainer: **Nicolae Forminte – Liliana Cosma**  
 Best moment: **2015 – National Championships**  
**Junior: 1<sup>st</sup> Team**



**RUSSIA**



**Iliankova, Anastasiia**

Date of Birth: **2001**  
 Trainer: **Sergey Kiselev – Natalia Kiseleva – Nadezhda Oskina**  
 Best moment: **2015 – Mikhail Voronin Cup: 1<sup>st</sup> All-around**



**Perebinosova, Uliana**

Date of Birth: **2001**  
 Club: **CSKA**  
 Trainer: **Marina Ulyankina**  
 Best moment: **2015 – National Championships**  
**Junior: 1<sup>st</sup> bars**



**Saifulina, Valeriiia**

Date of Birth: **2002**  
 Trainer: **Vera Kiryashova – Alexandr Kiryashova**  
 Best moment: **2015 – National Championships**  
**Junior: 2<sup>nd</sup> All-around**



**Zubova, Varvara**

Date of Birth: **2002**  
 Club: **CSKA**  
 Trainer: **Vladimir Kuznetsov – Elena Kuznetzova**  
 Best moment: **2015 – National Championships**  
**Junior: 1<sup>st</sup> All-around**

# Athlete's profile **Junior cup**



## GREAT BRITAIN

**Oates, Ellesse**

Date of Birth: **2001**

**Kinsella, Alice**

Date of Birth: **2001**

Club: **Park Wrekin**

Trainer: **Brett Ince – Christine Still**

Best moment: **2015 –Olympic Hopes**

Competition : **1<sup>st</sup> All-around**

**Methuen, Maisie**

Date of Birth: **2001**

Trainer: **Tracey Skirton**

Best moment: **2015 – European Youth**

**Olympics Festival:** **2<sup>nd</sup> beam**

**James, Taeja**

Date of Birth: **2002**



## JAPAN

**Hanawa, Soyoka**

Date of Birth: **2002**

**Kuwajima, Kiko**

Date of Birth: **2001**

Best moment: **2015 – Japan Junior**

**International:** **1<sup>st</sup> vault**

**Oguchi, Mana**

Date of Birth: **2002**

# Athlete's profile

# Junior cup



BELGIUM



## Brassard, Maellyse

Date of Birth: 2001  
 Club: Gym Phenix / CHN Mons  
 Trainer: Corina Haljoni et Raphaël Wignanitz  
 Best moment: 2015 – Belgian Championships: 5<sup>th</sup> All-around



## Senders, Alysha

Date of Birth: 2002  
 Club: TK Sta Paraat Hasselt  
 Trainer: Sofie Naert  
 Best moment: 2015 – Tournoi International (France): 4<sup>th</sup> All-around



## Muller, Manon

Date of Birth: 2002  
 Club: Gymplus Mortsel vzw  
 Trainer: Sofie Naert  
 Best moment: 2015 – Belgian Championships: 6<sup>th</sup> All-around



## Potoms, Myrthe

Date of Birth: 2001  
 Club: Gymflex vzw  
 Trainer: Sofie Naert



FRANCE



## Charpy, Lorette

Date of Birth: 2001  
 Club: Pôle France St-Étienne  
 Trainer: Xiaolin Ning, Julien Kerninon  
 Best moment: 2015 – French Championships: 1<sup>st</sup> All-around



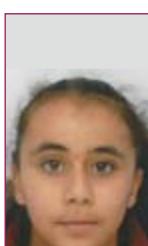
## Lapp, Alisson

Date of Birth: 2002  
 Club: Pôle Espoir Dijon  
 Trainer: Dominique Aubry  
 Best moment: 2015 – French Championships: 1<sup>st</sup> All-around



## Mouffok, Janna

Date of Birth: 2001  
 Club: Pôle Espoir Meaux  
 Trainer: Éric Besson et Nathalie Delafraye  
 Best moment: 2015 – Coupes Nationales 6<sup>th</sup> All-around



## Khnifass, Assia

Date of Birth: 2001  
 Club: Pole Espoir Dijon  
 Trainer: Dominique Aubry  
 Best moment: 2015 – French Championships: 10<sup>th</sup> All-around



# Athlete's profile

# Challenge Gymnix



CANADA

**Pedersen, Jordyn**

Hometown: **Burlington, ON**  
 Date of Birth: **1997**  
 Club: **Manjak's Gymnastics**  
 Trainer: **Kelly Manjak**  
 Best moment: **2014 - World Championships**

**Phillips, Megan**

Hometown: **Châteauguay, QC**  
 Date of Birth: **2001**  
 Club: **Gymnix**  
 Trainer: **Francine Bouffard - Katerine Dussault - Pierre Privé**  
 Best moment: **2015 - Elite Canada Junior - 5<sup>th</sup> individual**

**Pouliot, Enya**

Hometown : **Bedford, NS**  
 Date of Birth: **2002**  
 Club: **Taiso Gymnastics**  
 Trainer: **Shawn - Patti Healey**  
 Best moment: **2014 - Canadian Championships - 4<sup>th</sup> individual, 3<sup>rd</sup> beam, 3<sup>rd</sup> floor**



USA

**Alexeeva, Irina**

Date of Birth: **2002**  
 Club: **Woga**  
 Trainer: **Laurent Landi**  
 Best moment: **2014 - Classic WOGA - 4<sup>th</sup> individual, 3<sup>rd</sup> floor**

**Dick, Marisa**

Date of Birth: **1997**  
 Trainer: **Ovidiu Serban - Anita Pelletier**  
 Best moment: **2013-2015 - World Championships**

## TRINIDAD ET TOBAGO

CHILE

**Castro, Simona**

Date of Birth: **1989**  
 Club: **Club Maria Marino Tortorella**  
 Trainer: **Isabel Lazo**  
 Best moment: **2012 - Olympics Games**

**Kennedy, Cara**

Date of Birth: **1997**  
 Club: **City of Glasgow GC**  
 Trainer: **Sandra Walsh**  
 Best moment: **2014 - Commonwealth Games - 5<sup>th</sup> team**

## SCOTLAND



# The winners of l'International Gymnix 2015

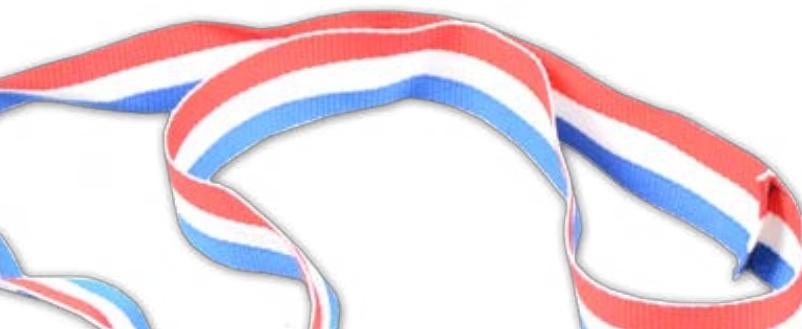
## JUNIOR



	VAULT	BARS	BEAM	FLOOR	TOTAL	TEAM
●	Olsen, Shallon CAN	Kapitonova, Natalia RUS	Woo, Rose-Kaying CAN	Woo, Rose-Kaying CAN	Woo, Rose-Kaying CAN	CANADA
●	Roberts, Megan CAN	Ilyankova, Anastasia RUS	Padurariu, Ana CAN	Roberts, Megan CAN	Kapitonova, Natalia RUS	RUSSIA
●	Kapitonova, Natalia RUS	Chrobok, Jade CAN	Berardinelli, Sara ITA	Simakova, Angelina RUS	Chrobok, Jade CAN	ITALIA

## CHALLENGE GYMNIX

	VAULT	BARS	BEAM	FLOOR	TOTAL
●	Cyrenne, Hélody CAN	Gill, Sabrina CAN	Onyshko, Isabela CAN	Soloski, Sydney CAN	Kayen Woo, Victoria CAN
●	Zlobec, Sonita Wimgym-CAN	Onyshko, Isabela CAN	Douglas, Gabriella CAN	Ruttan, Meaghan CAN	Onyshko, Isabela CAN
●		Kayen Woo, Victoria CAN	Copiak, Madison CGC-CAN	Kayen Woo, Victoria CAN	Soloski, Sydney CAN



# Gymnix Club

## COMPETITIVE PROGRAMS

The competitive sector offers services in all competitive categories recognized by the programs of the Quebec Gymnastics Federation. To get into this program, 4 to 9 years old girl must pass an audition for the Club-École, a pre-competitive program corresponding to the long-term career direction chosen by the coach, the parents and the child.

The girls are put into small groups and are taken care of by their respective coach along with dance, physical preparation, sports psychology and nutrition specialists depending on their level of competition. To reach their goals, the gymnasts train between 4 to 30 hours a week and 40 to 49 weeks a year.



## RECREATIONAL PROGRAMS

These programs offer recreational activities for kids aged 2 to 15, during fall, winter and spring seasons. During the summer, the club offers a gymnastics day camp.

### **The toddler and young children program**

For the children aged 2 to 6, the activities are essentially centered on psychomotor development allowing children to develop and master basic skills:

Motor skills: to run, to crawl, to climb, to turn, to jump, to throw, to hop, to catch.

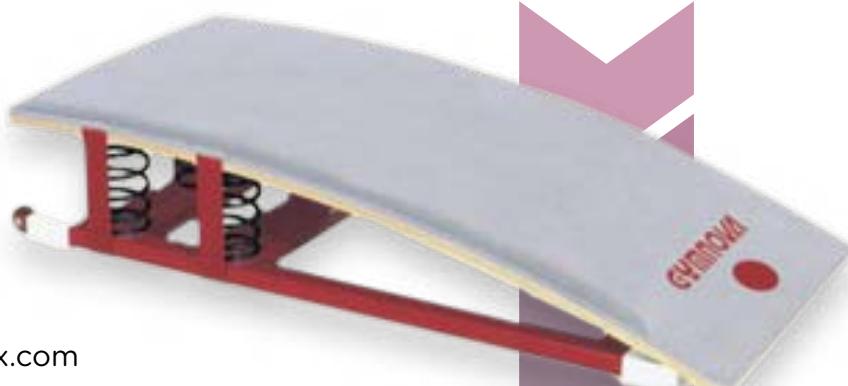
Perceptive-motor skills: coordination, agility, corporal perception, space perception, rythm.

These abilities are developed by using a pedagogical method that maximizes the time of the activity and a diversity of experiences: the circuit.

### **Recreational program**

For the children aged 6 to 15, the activities aim to teach different gymnastic elements required on vault, uneven bars, balance beam, floor and trampoline. Children are grouped together according to their age and level for two hours a week.

- Other activities
- Adult activities : adult-gym
- Different birthday packages.
- School and day care programs.





## Du terrain de jeu au podium

Au Canada, tous les paliers de gouvernement travaillent de concert avec les organismes sportifs afin de créer un milieu plus ouvert à tous qui favorise l'activité physique, la participation au sport, le succès de nos athlètes et la vie active.

L'appui offert aux athlètes les aide à acquérir des qualités comme la détermination, l'esprit d'équipe et le sens communautaire.

Nous sommes fiers d'appuyer nos athlètes dans leur quête d'excellence sportive, et ce, du terrain de jeu au podium.

**Canada.ca/Sport**  
**Facebook.com/SportCanadaFR**  
**@SportCanada\_FR**

## From Playground to Podium

In Canada, all levels of government work with sport organizations to create an inclusive sport system that promotes physical activity, sport participation, athletic success and active living.

Supporting our athletes helps them develop qualities like dedication, teamwork and community spirit.

We are proud to support all our athletes, from playground to podium, in their pursuit of sporting excellence.

**Canada.ca/Sport**  
**Facebook.com/SportCanadaEN**  
**@SportCanada\_EN**





6



5



4

## Gymnix's Olympians

**1 1988 - SEOUL  
CATHY GIANCASPRO**

1985 World Championships  
1987 World Championships

**2 1992 - BARCELONE  
MYLÈNE FLEURY**

1991 Panamerican Games  
1992 World Championships

**3 2000 - SYDNEY  
JULIE BEAULIEU**

1999 Panamerican Games  
1999 World Championships

**4 2000 - SYDNEY  
ÉMILIE FOURNIER**

1998 Commonwealth Games  
1999 Panamerican Games  
1999 World Championships

**5 2004 - ATHENES  
AMÉLIE PLANTE**

1999 World Championships  
2001 World Championships  
2002 World Championships  
2003 World Championships

**6 2008 - BEIJING  
NANSY DAMIANOVA**

2007 World Championships



1



2



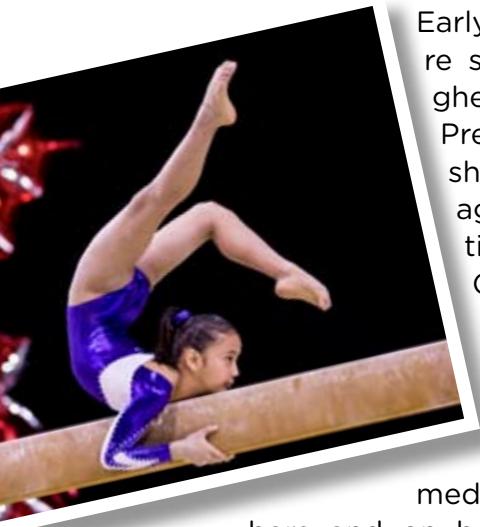
3

# Zoé Allaire-Bourgie

## A Young Prodigy with Olympic Dreams

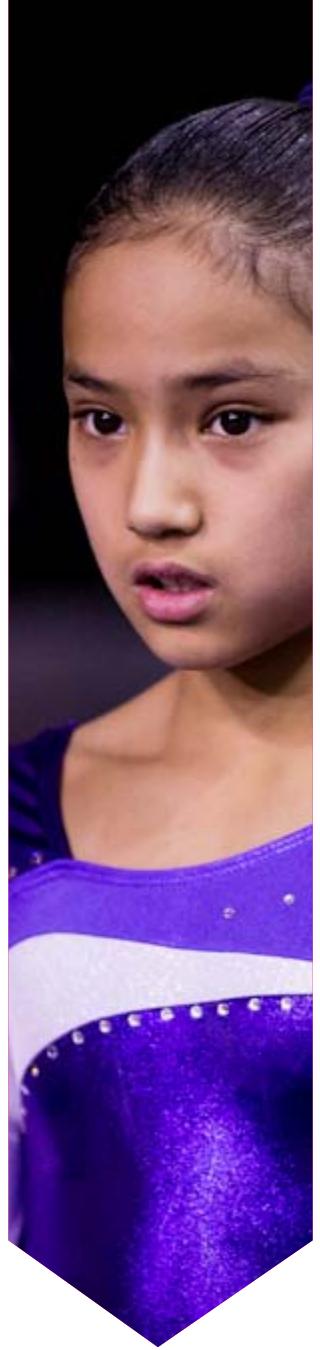
She is only 11 years old, but she already has people talking! Despite her young age, Zoé Allaire-Bourgie has already garnered the attention of the gymnastics and sporting community of Quebec. Her exceptional qualities, coupled with the expertise of the Gymnix coaching staff, have gymnastics experts believing that Zoé will follow in the footsteps of her predecessors from Club Gymnix, many of whom have earned their place in Canadian gymnastics history.

Since the very beginning, at age 4, Zoé has always turned heads. Initially gymnastics was for fun, but it has now become her passion. Competitions have become, for her, opportunities to challenge herself and occasions to experience emotions as strong as they are exciting.



Early on in the DÉFI program, where she earned marks of 96% and higher in all 6 levels, and later in the Pre-novice Canadaprogram, where she was Quebec Champion at the age of 9, she quickly drew attention to herself. Now at the Novice Canada level, Zoé stands out on the Canadian scene having earned a 4th place in the all around at only 11 years of age.

Not only as a double medalist at Elite Canada 2016 on bars and on beam, Zoé also stood out for her elegance, her unique style, and for her mastery of some of the more difficult elements in the code of points such as the piked Jeager on bars and the double turn on beam.





Ambitious by nature, she has set the goal of finishing among the top 3 in the all around competition at the Canadian Championships to be held in Edmonton in May.

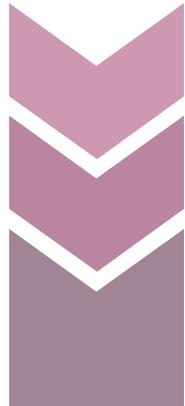
Her exceptional physical attributes as well as her courage, her ability to adapt and her determination, led her to be recognized recently by the Quebec Foundation for Athletic Excellence (FAEQ), where she became the 6th athlete in Gymnix history to receive a bursary from this prestigious fondation, which has supported the development of high level Quebec athletes for more than 25 years.

It is through this foundation that Georges St-Pierre has chosen to support an up and coming gymnast and it is a true honour for Zoé to count him among her biggest fans and supporters.

Zoé is currently training with the objective of being named to the Canadian Team and representing Canada at prestigious competitions on the international scene. She dreams of one day following in the footsteps of her 6 predecessors from Club Gymnix, Olympians Cathy Giancaspro, Mylene Fleury, Julie Beaulieu, Émilie Fournier, Amélie Plante, and Nansy Damianova and competing in the 2020 Olympic Games.



SEE ZOÉ ET  
GEORGES ST-PIERRE'S VIDEO !



# Elite Gym Massilia

## Travel diary

Three Gymnix's athletes had the chance to participate to their first international competition abroad in November, the Elite Gym Massilia in Marseille. Megan Philips, Myrelle Morin and Yan Mei Gaudette agreed to share with us some of their best memories.

*« My first real trip to an international competition! It does not seem like it, but we were beyond excited and we couldn't wait to get on the plane! A week in France is way too awesome » - Yan Mei*



*Megan and her teammates of Team Quebec have handled the pressure and placed fourth in the Open Massilia.*



*« I've just completed my competition and I am very proud to say that it went well in all gears! Now I can relax and encourage my friend Myrelle who will start in a few minutes ... Go Myrelle !!! » - Yan Mei*



*« It was my first international competition in France. I was very proud to present my new floor routine. It was an incredible experience » - Megan*

Psst! During the competition, a judge said, after seeing Megan's new floor routine, that it has been a long time since he was so deeply moved by a choreography.



*« During training, when Yan Mei was doing her daily exercises » - Myrelle*



# C'EST AVEC FIERTÉ QUE MONTRÉAL ACCUEILLERA EN 2017 LES 47<sup>E</sup> CHAMPIONNATS DU MONDE DE GYMNASTIQUE ARTISTIQUE.

Prenez part à ce grand évènement sportif qui aura lieu pendant les festivités du 375e anniversaire de Montréal.

Pour découvrir les activités incontournables à faire à Montréal, visitez le [mtl.org/blogue](http://mtl.org/blogue)

SUIVEZ-NOUS | | #MTLMOMENTS

MONTREAL

# Training camp in Belgium November 2015

Zoe Allaire-Bourgie and Maelle Delourmel, for their part, were lucky to be invited at the National Centre of the Belgian team. A stay full of new experiences, adventures and unforgettable encounters, that the two gymnasts have agreed to reminisce with us.



Super training camp with the Belgians



We had the chance to train in a huge gym!



A small trip in Paris,  
in the catacombs



We spent a wonderful evening with  
Amaluna and le Cirque du Soleil



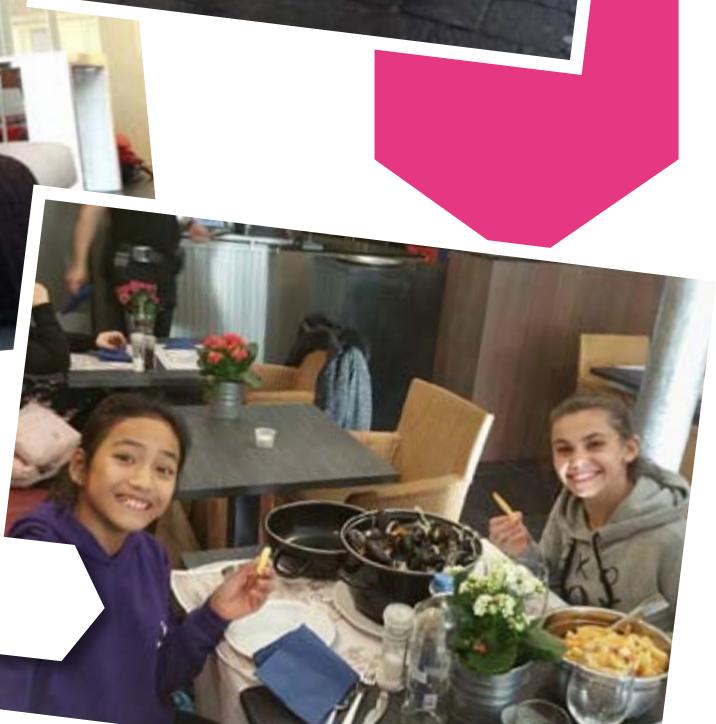
Even away from home,  
we remain focused on our  
physical preparation program



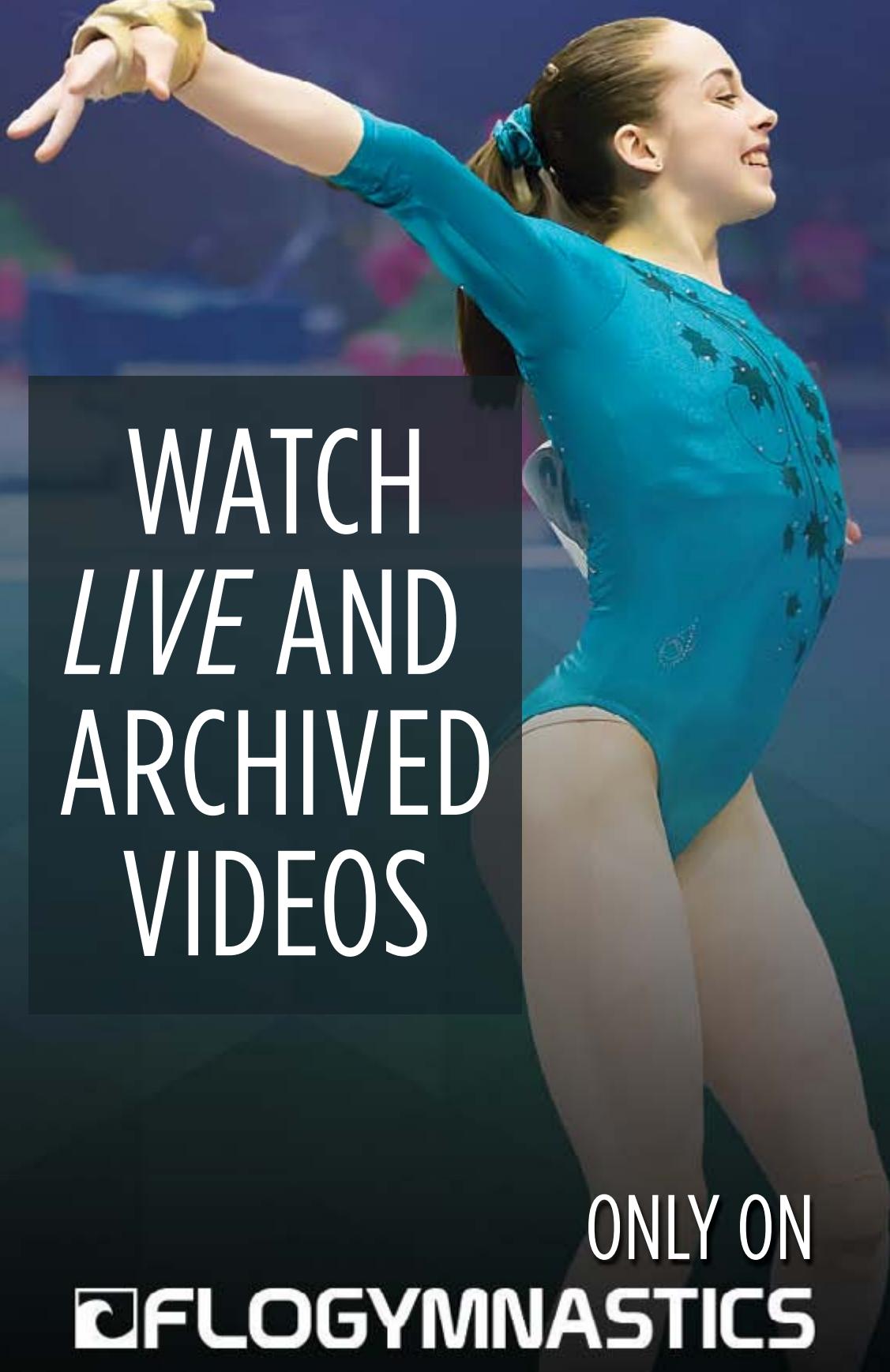
An entertaining visit to the Castle



Group photo in our apartment  
during our last day in Belgium



Tasting of mussels and fries.  
Yummy!



WATCH  
LIVE AND  
ARCHIVED  
VIDEOS

ONLY ON  
**FLOGYMNASTICS**



# List of Participants

name	club	name	club
<b>Session 1.0 (Gym A) - Level 9</b>			Zlobec,Eliana Wimgym
Deslauriers,Gabrielle	Ast	Hilton,Abby Altadore Gymnastics	
Richer,Emma	Ast	Carr,Chelsey May Campiagile	
Cimachowicz, Elizabeth	Ast	Johnson ,Piper Cgc	
Brunetti,Olivia	Burlington Gymnastics	Diamond,Abigail Cgc	
Mcinally,Paige	East York Gymnastics	Pace,Sarah Cygnus Gymnastics	
Comazzolo,Victoria	Manjaks Gymnastics	Vanney,Kaia East York Gymnastics	
Erdely,Rachel	Unigym	Balfour,Justice East York Gymnastics	
Lacerte,Megan	Unigym	Doddoli,Daniela Elite Gymnastics - Mexico	
Carr,Anne-Lee	Campiagile	De La Fuente,Cordelia Elite Gymnastics - Mexico	
Topham,Bryn	Cgc	Chavez,Isabela Elite Gymnastics - Mexico	
Lo,Madison	Cgc	Tardif,Ann-Krystel Équilibrix	
Evans,Moira	Champions Gymnastics	Yoshida,Saki Gadbois	
Chaput-Gosselin, Chloé	Équilibrix	Blanchard,Justine Global Gymnastics	
Chagnon,Charlotte	Équilibrix	Ducas,Laurianne Gym Ibik	
Bergeron,Cassiopée	Gym-Plus	Bastien,Leanne Gymini	
Giard,Sara	Gym-Plus	Sévigny,Lori-Lune Gymnacentre	
Lee,Kelsey	Futures Gymnastics	Audet,Jorane Gymnamic	
Brown,Avery	Futures Gymnastics	Chrunik,Aley Gymnastics Saskatchewan	
Scott,Kadance	Gymnastics Saskatchewan	Zullo,Erika Gym-Plus	
Gaudette,Yan Mei	Gymnix	Grimard,Audrey Laval Excellence	
Choisy,Megan	Laval Excellence	Menezes-Thibault, Valerie Laval Excellence	
Lachaine,Meggie	Laval Excellence	Greenhalgh,Kamryn Okanagan Gymnastics	
Bullivant,Macayla	Les Réflexes	Adams,Ryleigh Panthers Gymnastics	
Pisani,Jenna	Global Gymnastics	Crerar,Jordyn Panthers Gymnastics	
Dimkin,Lenee	Global Gymnastics	Mcgurk,Cailin Pegasus Gymnastics	
Goulet,Alexandra	Gymini	Mucz,Carlee Pegasus Gymnastics	
Csatari,Jayden	Pegasus Gymnastics		
Scott,Sarah	Wimgym		
Balan,Jessica	Wimgym		



# List of Participants

name	club	name	club
Andrews,Megan	Stampede City Gymnastic	Mcevoy,Taryn	Rose City Gymnastics
Boutilier,Hannah	Titans Gymnastics	Chia,Lindsay	Rose City Gymnastics
Zlobec,Sevika	Wimgym	Cuntz,Tess	Sgs Union Haguenau - France
Tutino,Stella	Wimgym	Breney,Eva	Sgs Union Haguenau - France
Lee,Kristianna	Wimgym	Thériault,Annie-Pier	Viagym
Faucher,Penelope	Wimgym	Palumbo,Monica	Viagym
<b>Session 1.1 (Gym A) - Level 10</b>			
Didomizio,Alexis	Burlington Gymnastics		
Geneau,Alexis	Burlington Gymnastics	Olsen,Brooklyn	Altadore Gymnastics
Mclellan, Madeline	Cgc	Hakes,Sara	Altadore Gymnastics
Dolomount,Abbey	Cygnus Gymnastics	Chronopoulos,Maria	Futures Gymnastics
Goulet,Sarah-Maude	Djinn	Miller,Rylee	Gymnastics Saskatchewan
Martel,Amaryllis	Djinn	Jaggard,Amanda	Okanagan Gymnastics
Hintz,Katie	Stampede City Gymnastic	Pelletier,Samantha	Okanagan Gymnastics
Webster,Beth	Tumblers Gymnastics	Tesar,Sophie	Okanagan Gymnastics
Gibert,Elly	Viagym	Crawford,Kyleigh	Okanagan Gymnastics
Ferron Mc Caffey,Maddison	Viagym	Ditomaso, Georgia	Ottawa Gymnastics
Denommée,Laurie	Viagym	Popplewell,Katie	Revolution Gymnastics
Popov,Jordan	Wimgym	Zonneveld,Maya	Revolution Gymnastics
Zlobec,Sonita	Wimgym	Foisy,Giselle	Stampede City Gymnastic
Di Francesco,Hannah	Wimgym	Ibrahim,Trinity	Stampede City Gymnastic
<b>Session 1.1 (Gym B) - Level 10</b>			
Fournier,Karine	Campiagile	Nixon,Hannah	Tumblers Gymnastics
Morancy,Sasha	Gymacentre	Turner,Sydney	Tag
Chartrand, Frédérique	Gym-Plus		
Brousseau,Karianne	Gym-Trm		
Remlinger,Halle	Kidsport Gymnastics - Usa	<b>Session 1.2 (Gym B) - Canadian Aspire Two</b>	
Ogburn,Sophia	Manjaks Gymnastics	Manahan,Peatricia	Capital City Gymnastics
Straker,Madeline	Manjaks Gymnastics	Raposo,Clara	East York Gymnastics
		Barbeau,Charlie-Ann	Équilibrix
		Miron,Patricia	Gymacentre



# List of Participants

name	club	name	club
Bouchard,Elisabeth	Gymnamic	Smoyer,Ariana	Parkettes - Usa
Simard-Drapeau,Mia	Gym-Plus	Yeakel,Anna	Parkettes - Usa
Groulx,Rébéka	Gym-Richelieu	Undheim,Kristina	Pegasus Gymnastics
Mccoy,Avery	Norfort Gymnastics	Tardif,Kira	Pegasus Gymnastics
Porada,Daryna	Québec Performance	Collins,Tegan	Pegasus Gymnastics
Gillies,Julia	Québec Performance	Wakin,Jamie	Springers Gymnastics
Demacdonald,Maya	Unigym	Manuel,Jenna	Titans Gymnastics
Sgarbossa, Frédérique	Unigym	Murray,Chelsea	Wimgym
<b>Session 1.3 (Gym A) - Level 10</b>		Menard,Alexa	Wimgym
Nguyen,Taelynn	Capital City Gymnastics	Van Alest,Lilianne	Wimgym
Porter,Aryana	Capital City Gymnastics	<b>Session 1.3 (Gym B) - Level 10</b>	
Bremer,Cordelia	Elite Gymnastics - Mexico	Orom,Kiana	Capital City Gymnastics
Villarreal,Emma	Elite Gymnastics - Mexico	Gutsell-Vander Meulen,Holly	Cgc
Barbosa, Eugenia	Elite Gymnastics - Mexico	Fonteyne,Gillian	Cgc
Chavez, Ana Paula	Elite Gymnastics - Mexico	Lister,Jaime	Cgc
Mcdevitt,Charlotte	Equilibrix	Mcdonald,Grace	Cgc
Laforest,Jade	Équilibrix	Moxam,Hope	Futures Gymnastics
Pedicelli,Amanda	Équilibrix	Au,Carly	Futures Gymnastics
St-Pierre,Mia	Gym-Fly	Franklin,Sarah	Gymnastics Saskatchewan
Foucault,Audrey	Gym-Fly	Walker,Emily	Gymnastics Saskatchewan
Delourmel,Maëlle	Gymnix	Nestman,Mackenzie	Gymnastics Saskatchewan
Lorange,Chloé	Gymnix	Pierce,Alix	Gymnastics Saskatchewan
Morin,Myrelle	Gymnix	Wiebe,Rya	Gymnastics Saskatchewan
Patenaude,Xuan	Gymnix	Walsh,Alison	Gymnika
Robinson,Mackenzie	Oakville Gymnastics	Fortin,Marilou	Gymnika
Bowen,Kennedy	Parkettes - Usa	Kokiw,Mégane	Laval Excellence
Leary,Katie	Parkettes - Usa	Djoboulian,Alexis	Laval Excellence

# List of Participants

name	club	name	club
Gagnon,Laurie	Les Réflexes	Wahl,Mathilde	Sgs Union Haguenau - France
Johnston,Kelly	Manjaks Gymnastics	Bithorel,Mathilde	Sgs Union Haguenau - France
Lozic,Katarina	Manjaks Gymnastics	Wolf,Axelle	Sgs Union Haguenau - France
Mckay,Lana	Manjaks Gymnastics	<b>Session 1.5 (Gym B) - Novice Canada</b>	
Tonkin,Alex	Milton Springer	Perkins,Hayley	Adrenaline Gymnastics
Inkster,Calle	Norfort Gymnastics	Saini,Mya	Brantford Gymnastics
Welte,Shaela	Norfort Gymnastics	Spence,Emma	Dynamo Gymnastics
Payn,Frederique	Omega Gymnastics	Doddoli,Barbara	Elite Gymnastics - Mexico
Ford,Kenzie	Parkettes - Usa	Lazo,Gabriella	Elite Gymnastics - Mexico
Mangahas,Jada	Parkettes - Usa	Dufault,Chloé	Gym-Fly
Kefalos,Dominique	Parkettes - Usa	Kraus,Nya	Gymnastics Saskatchewan
Hopkins,Payton	Parkettes - Usa	Tindale,Leah	Manjaks Gymnastics
Fitzpatrick,Katie	Parkettes - Usa	Inkster,Anna	Norfort Gymnastics
Frack,Molly	Parkettes - Usa	Jakab,Lucia	Okanagan Gymnastics
Fairbairn,Montana	Stampede City Gymnastic	Beselt,Gabriela	Okanagan Gymnastics
<b>Session 1.5 (Gym A) - Novice Canada</b>		Keats,Alexandra	Ortona Gymnastics
Richardson,Jovie	Bluewater Gymnastics	Grenke,Rachel	Ortona Gymnastics
Riley,Rachael	Bluewater Gymnastics	Pellerine,Camryn	Taiso Gymnastics
King,Sophia	Cgc	Ewing,Jordyn	Taiso Gymnastics
Cato,Kyra	Cgc	Langille,Jillian	Taiso Gymnastics
Innes,Charlotte	Cgc	Chapman,Juliette	Tumblers Gymnastics
Gorsline,Jaden	Cgc	Rosales,Avery	Tumblers Gymnastics
Wai,Kiera	East York Gymnastics	Lalonde,Emmanuelle	Unigym
Sartoretto,Jenna	Futures Gymnastics	Léonard, Valeska	Unigym
Niles,Jada	Futures Gymnastics	<b>Session 1.8 (Gym A) - Level 10</b>	
Mounsey,Lauren	Futures Gymnastics	Robatin,Kiley	Artistic Sports Academy Plus - Usa
Bryk,Vanessa	Futures Gymnastics	Defilippo,Mikaela	Artistic Sports Academy Plus - Usa
Ellis,Skylar	Futures Gymnastics		
Allaire-Bourgie,Zoé	Gymnix		
Gillespie,Alexis	Panthers Gymnastics		
Kaufmann,Evalyn	Pegasus Gymnastics		
Meville,Hayley	Pegasus Gymnastics		





# List of Participants

name	club	name	club
Lupinetti,Michelina	Artistic Sports Academy Plus - Usa	Batchelor,Summer	Équilibrix
Lazaro,Lauren	Exxcel Gymnastics - Usa	Stanley,Stéfanie	Équilibrix
Bradley,Kearcy	Gymnastics Saskatchewan	Talbot,Myranda	Fundy Gymnastics
Pedrick,Denelle	Gymnastics Saskatchewan	Fournier-Sirois, Mathilde	Gadbois
Wright,Charlie	Gymnastics Saskatchewan	De Sylva,Justine	Gymnika
Franklin,Breanna	Gymnastics Saskatchewan	Lu,Ivy	Gymnix
Ally,Justine	Gym-Plus	Andréanne,Belley	Gym-Richelieu
Boutin,Charlie	Gym-Plus	Davis,Charlotte	Gym-Richelieu
Lucas,Laura	Gymtastics	Pelletier,Valérie	Gym-Trm
Stewart,Tea	Halifax Alta Gymnastics	Parent,Ariane	Gym-Trm
Lloyd,Sydney	Manjaks Gymnastics	Corbeil,Shannon	Les Zénith
Rojas,Grace	Manjaks Gymnastics	Doran,Kathryn	Oakville Gymnastics
Sugimura,Michelle	Manjaks Gymnastics	Blackner,Emily	Panthers Gymnastics
Mulhall,Allison	Norfort Gymnastics	Jacobi,Brooke	Parkettes - Usa
Forrest,Adrianka	Ottawa Gymnastics	Vaccari,Ana	Parkettes - Usa
Smith,Meaghan	Ottawa Gymnastics	Febbraro,Sophie	Parkettes - Usa
Fuchs,Erica	Parkettes - Usa	Lacey,Alex	Parkettes - Usa
Bickel,Taylor	Parkettes - Usa	Chan,Taylor	Tag
Szafranski,Ashley	Parkettes - Usa	Lebeau,Maude	Wimgym
Sylvia,Meredith	Parkettes - Usa	Diallutto-Perez, Amanda	Gym-Fly
Anderson,Kierstin	Pegasus Gymnastics	<b>Session 2.0 (Gym A) - Level 6</b>	
Parker,Mackenzie	Pegasus Gymnastics	Slaney,Olivia	Adrenaline Gymnastics
<b>Session 1.8 (Gym B) - Level 10</b>		Dube,Kennedi	Adrenaline Gymnastics
Racine,Alexandra	Campiagile	Pilon,Rosalie	Campiagile
Brown,Shaelyn	Capital City Gymnastics	Ouellette,Amaylia Kimiko	Campiagile
Pucci,Apollonia	Champions Gymnastics	Fortin,Léarose	Campiagile
Hanasyk,Kelly	Champions Gymnastics	Bordeleau,Emma	Gymbly
		Noel,Flavie	Gymbly
		Langlois,Camille	Gymbly
		Langevin,Romy	Gym-Fly



# List of Participants

name	club	name	club
Girard,Daphné	Gym-Fly	Blanchette,Rosalie	Gymbly
Voutsinas,Mia	Gymini	St-Jacques,Alexya-Ann	Gymbly
Whelan,Ciara	Gymini	Richer,Daphné	Gymbly
Bolduc,Kellyann	Gymini	Lemieux,Delphine	Gymbly
Hoffmann,Kyra	Gymini	Bellemare,Mélianne	Gymbly
Fournier,Élodie	Gymini	Perrier-Antaya,Évelyne	Gymnix
Pilon,Liliane	Gymini	Spinola,Juliane	Gymnix
Cyr,Sarah-Jeanne	Gymnamic	Pacciolla,Léa	Gymnix
Tisseur,Angélique	Gymnamic	Gueddari,Aya	Gymnix
Houle,Sandrine	Gymnix	Rolland,Marine	Gymnix
Morier,Maeva	Gymnix	Alvarez,Sofia	Gymnos - Mexico
Garcia,Fernanda	Gymnos - Mexico	Garza Martinez,Cordelia	Gymnos - Mexico
Quintanilla,Andrea	Gymnos - Mexico	Bélanger,Éve-Marie	Imagym
Allaire,Delphine	Laval Excellence	Bonneau,Rosaline	Imagym
Houmad,Yasmine	Laval Excellence	Perreault,Corinne	Imagym
Stanton,Sloane	Ortona Gymnastics	Santerre-Gosselin,Thiffany	Imagym
Forbes,Alexandra	Ortona Gymnastics	Durno,Ella	Ottawa Gymnastics
Galenza,Madison	Ortona Gymnastics	<b>Session 2.0 (Gym B) - Level 6</b>	
Eurich,Rikki	Ortona Gymnastics	Marchelletta,Emily	Adrenaline Gymnastics
Goldsmith,Haylie	Wimgym	Principato,Sarah	Adrenaline Gymnastics
<b>Session 2.1 (Gym A) - Level 6</b>		Ross,Faith	Campiagile
Marchetti,Simona	Adrenaline Gymnastics	Villeneuve,Léonie	Campiagile
Geneau,Abigail	Burlington Gymnastics	Demers,Clara	Équilibrix
Coppens,Kayla	Burlington Gymnastics	Campagna,Sandrine	Équilibrix
Hatami-Fardy,Aryanna	Burlington Gymnastics	Gaudet,Sophie-Anne	Équilibrix
Brunetti,Georgia	Burlington Gymnastics	Peloquin,Kayliane	Équilibrix
Brodeur,Jorane	Campiagile	Rivard,Juliane	Gymnamic
Murrin,Rylee	Cygnus Gymnastics	Bélanger,Rosemarie	Gymnamic
Clarke,Rowan	Cygnus Gymnastics	Tremblay,Rosalie	Gymnamic
Breen,Kiera	Cygnus Gymnastics	Patry,Laurence	Gymnamic
Blanton,Amelie	Fundy Gymnastics		
Raphaelle,Mercier	Gymbly		



# List of Participants

name	club	name	club
Paré,Dahlia	Gymnix	Hollander,Haley	Pulsars Gymnastics
Olavarrieta,Ana	Gymnos - Mexico	Ferguson,Abby	Pulsars Gymnastics
Godbout,Janie	Laval Excellence	Parlsow,Emma	Trillium Gymnastics
Duchesne,Alexia	Les Zénith	<b>Session 2.2 (Gym A) - Canadian Aspire One</b>	
Guénette,Mégane	Les Zénith	Knapp,Savannah	Champions Gymnastics
Ludington,Sohpie	Ottawa Gymnastics	Pace,Julia	Cygnus Gymnastics
Gray,Emma	Ottawa Gymnastics	Skinner,Megan	Cygnus Gymnastics
Whitla,Cecily	Ottawa Gymnastics	Reid-Foote,Meadow	Cygnus Gymnastics
Meyerovich,Erika	Ottawa Gymnastics	Nobes,Jetlyn	Gym-Plus
Mcmeekin,Hayley	Tumblers Gymnastics	Villagomez,Maeva	Gym-Plus
<b>Session 2.1 (Gym B) - Level 6</b>		Clément,Méaganre	Gym-Plus
Maltais,Chloe	Altadore Gymnastics	Grenier-Bernier, Maygan	Gym-Plus
Thirkell,Sarah	Altadore Gymnastics	Ducharme- Pépin,Marion	Hopla!
Surprenant,Mariane	Djinn	Keats,Emma	Ortona Gymnastics
Martin,Maya	Équilibrix	Williams,Zoe	Ortona Gymnastics
St-Germain,Jeanne	Équilibrix	Ezekowitz,Mia	Ortona Gymnastics
Boyer,Kelly-Ann	Équilibrix	Spadafora,Sofia	Rose City Gymnastics
Lebel,Marie-Pier	Équilibrix	Mitchell,Halle	Rose City Gymnastics
Melanson,Grace	Fundy Gymnastics	Doskoris,Lia	Rose City Gymnastics
Bujold,Elliott	Fundy Gymnastics	<b>Session 2.2 (Gym B) - Canadian Aspire One</b>	
Arseneault,Julianne	Gym-As	Timmons,Jenna	Cgc
Panneton,Maxim	Gymini	Richardson,Georgina	Cgc
Paquet,Eve	Gymnamic	Pasko,Alyssa	Cgc
Gagnon,Thalia	Gymnamic	Peters,Maya	East York Gymnastics
Parent,Marie	Gymnamic	Cadsby,Mackenzie	East York Gymnastics
Loubier,Marie	Gymnamic	Dodaj,Bora	East York Gymnastics
Lapierre,Laurie	Gymnamic	Shrestha,Sarina	Flippgym
Ouimet,Frédérique	Imagym	Fortin,Orélie	Flippgym
Robichaud,Léann	Imagym	Joly,Florenc	Flippgym
Gariépy-Ouimet, Flora	Imagym	Guerras,Zorah	Gymnix
Ing,Brenna	Island Gymnastics	Savard,Laurie-Anne	Gymnix
Albert,Lynden	Pulsars Gymnastics		



# List of Participants

name	club	name	club
Thibaudeau-Wright, Maxim	Gymnix	Belleville,Laurence	Québec Performance
Ponak,Ashley	Norfort Gymnastics	Buchmann,Hannah	Tag
Ponce,Lauriz	Panthers Gymnastics	Tan-Ng,Isabel	Tag
Ewing,Reagan	Taiso Gymnastics	<b>Session 2.4 (Gym A) - Level 9</b>	
<b>Session 2.3 (Gym A) - Canadian Aspire One</b>		Francoeur,Anna	Bermudes
Buhaj,Melania	Altadore Gymnastics	Benoit,Zoey	Brantford Gymnastics
Jamieson,Malina	Altadore Gymnastics	Gagné, Marie-Catherine	Campiagile
Stortini,Kirah	Burlington Gymnastics	Poulopoulos, Katerina	Exxcel Gymnastics - Usa
Trollip,Emma	Burlington Gymnastics	Tutty,Hayley	Futures Gymnastics
Raymond,Charlotte	Gymnamic	Tawfik,Natalie	Futures Gymnastics
Boucher-Martin, Danaëlle	Gymnamic	Au,Megan	Futures Gymnastics
Gélinas,Pénélope	Gym-Richelieu	Miller,Erin	Global Gymnastics
Galvin, Meagan Evelyn	Gym-Richelieu	Spagnuolo,Erika	Global Gymnastics
Morin-Frappier, Daphnée	Gym-Richelieu	Regaudie, Marie-Genevieve	Gymini
Bergeron,Alyssia	Jako	Gillis,Serra	Gymnastics Saskatchewan
Vigneault,Frédérique	Jako	Marceau,Sabrina	Gymnix
Tegan,Shaver	Unigym	Boulton,Taylor	Norfort Gymnastics
Couture,Sophia	Unigym	Lavin,Nicole	Ortona Gymnastics
Picklyk,Ysabel	Unigym	Graf,Taylor	Ortona Gymnastics
<b>Session 2.3 (Gym B) - Canadian Aspire One</b>		Gallagher,Sydney	Ortona Gymnastics
Lopez,Natasha	Adrenaline Gymnastics	Keegan,Olivia	Pegasus Gymnastics
Rafuse,Cassandra	Futures Gymnastics	O'shea,Ailish	Springers Gymnastics
Lupien,Eva-Rose	Gymini	Galloway,Jordyn	Springers Gymnastics
Panneton,Olivia	Gymini	Niessen,Taya	Springers Gymnastics
Vallée,Magalie	Gymini	Clarkson,Stephanie	Springers Gymnastics
Côté,Dahlianne	Gym-Trm	Pothier,Jaylin	Taiso Gymnastics
Flamand,Léa	L'envol	Stevenson,Michaela	Unigym
Fortin,Léa	L'envol	Spadaccini,Szilvia	Unigym
Lamberton,Reese	Milton Springers	<b>Session 2.4 (Gym B) - Level 9</b>	
Lola,Tribut	Québec Performance	Wall,Danielle	Bermudes



# List of Participants

name	club	name	club
Dill,Zantae	Bermudes	Fleet,Maika	Gymnamic
Mason,Sydney	Bermudes	Ferland,Olivia	Gymnamic
Zucker,Kristen	Burlington Gymnastics	Moreau,Sara-Kim	Gymnamic
Saulnier,Danielle	Burlington Gymnastics	Couture,Marilou	Gymnamic
Plourde,Coralie	Campiagile	Labrecque,Kelly	Gymnamic
Leduc,Rachel	Campiagile	Gonzalez, Ma. Fernanda	Gymnos - Mexico
Leroux,Mélodie	Campiagile	Santana,Teresita	Gymnos - Mexico
Mcgettigan,Erin	Cygnus Gymnastics	Yanez,Vanya	Gymnos - Mexico
Squires,Rebecca	Cygnus Gymnastics	Iturbe,Daniela	Gymnos - Mexico
St-Jules,Rebecca	Équilibrix	Legault,Meggie	Les Zénith
Bazinet,Anica	Équilibrix	Maisonneuve,Kaylie	Les Zénith
Lehouiller,Kim	Gymnamic	Pelling,Larisa	Rose City Gymnastics
Boulianne,Jade	Jako	Petrimoulx,Hanna	Rose City Gymnastics
Lister,Charlie	Oakville Gymnastics	Tremblay,Olivia	Rose City Gymnastics
Gula,Hannah	Oakville Gymnastics	Rae,Alana	Rose City Gymnastics
Boxer,Grace	Ottawa Gymnastics	Brubaker-Plitt,Ruby	T-Dot Tumblers
Hu,Sarah	Ottawa Gymnastics	O'brien,Emma	T-Dot Tumblers
Christie,Emma	Ottawa Gymnastics	Twigg,Hailey	Trillium Gymnastics
Demeule,April	Panthers Gymnastics	Woodman,Pyper	Trillium Gymnastics
Peters,Julianna	Pegasus Gymnastics	Payne,Charlie	Trillium Gymnastics
Keegan,Amanda	Pegasus Gymnastics	Varden,Meg	Tumblers Gymnastics
Sydorenko,Megan	Pulsars Gymnastics	Berube-Conway, Michelle-Rose	Tumblers Gymnastics
Paquin,Sophie	Tumblers Gymnastics	<b>Session 2.5 (Gym B) - Level 6</b>	
Campeau,Eloise	Wimgym	Chisholm,Erika	Burlington Gymnastics
<b>Session 2.5 (Gym A) - Level 6</b>			
Cosentino,Sofia	Adrenaline Gymnastics	Dancey,Abigail	Cygnus Gymnastics
Porter,Morgan	Adrenaline Gymnastics	Zeren,Anna	Exxcel Gymnastics - Usa
Mcpike,Juliana	Altadore Gymnastics	Risenburger,Eva	Exxcel Gymnastics - Usa
Beaudry,Anna	Altadore Gymnastics	Stevens,Sydney	Fundy Gymnastics
Lessard,Lili-Rose	Djinn	Blanchard, Shea Lynne	Fundy Gymnastics
Chagnon,Laurence	Gym-As		
Harvey,Sandrine	Gym-As		

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name	club	name	club
Symes,Olivia	Fundy Gymnastics	Goldberg,Alexandra	Exxcel Gymnastics - Usa
Gagnon,Andreanne	Gymini	Hajjar,Madsison	Gym Ibik
Fontg-Hirtle,Lucia	Gymini	St-Aubin,Florence	Gym Ibik
Blanchet, Audrey-Ann	Gymini	Légaré,Shelby	Gymbly
Robitaille,Julie-Ann	Gymnamic	Pinard, Maxym	Gymbly
Pilote,Ariane	Gymnamic	Beaudry,Beatrice	Gym-Fly
Chabot-Barbe,Léa	Gymnamic	Lavoie,Amélie	Gym-Fly
Bergeron,Laetitia	Gymnamic	Mcgregor,Mya	Gym-Fly
Desrosiers,Maya	Gymnamic	Côté,Aurélie	Gymnamic
Lapointe,Jann	Gymnamic	Chapa,Ana Lilia	Gymnos - Mexico
Sabelli,Alycia	Gymnix	Mayne,Sophie	Island Gymnastics
Fortin,Élodie	Imagym	Labesse,Fannie	Laval Excellence
Rainville,Justine	Imagym	Zennouche,Sara	Laval Excellence
Lestage,Juliette	Imagym	Angers,Ophelie	Laval Excellence
Lund,Sadie	Island Gymnastics	Cotnoir,Zoe	Laval Excellence
Potter,Grace	Island Gymnastics	Morel,Katrina	Ortona Gymnastics
Ching,Lindsay	Island Gymnastics	Hunt,Jilly	Ortona Gymnastics
Frank Lavigne,Chloe	Laval Excellence	Thordarson-Wehner, Audrey	Ortona Gymnastics
Alexandra,Caron	Laval Excellence	Palmer,Laura	Ottawa Gymnastics
White,Sienna	Ottawa Gymnastics	Rozecki,Kailyn	Springers Gymnastics
Oleskevich,Sofie	Ottawa Gymnastics	Forbes,Shea	Springers Gymnastics
Sydie,Caitlin	Pulsars Gymnastics	Berridge,Gabriela	T-Dot Tumblers
<b>Session 2.6 (Gym A) - Level 7</b>		Zlobec,Evandra	Wimgym
Power,Ella	Burlington Gymnastics	Mayerhofer,Ella	Wimgym
Martin,Lili	Cygnus Gymnastics	Exarhakos,Zoe	Wimgym
Seye,Soukeyna	Équilibrix	<b>Session 2.6 (Gym B) - Level 7</b>	
Baribeau,Amélie	Équilibrix	Shaw,Leini	Altadore Gymnastics
Ortega-Rose,Zyanya	Équilibrix	Vincent,Marika	Arabesque
Bessette,Emy	Équilibrix	Deschamps, Laurianne	Campiagile
Binette,Laurie	Équilibrix	Jean-Léger,Catherine	Campiagile
Burkhart,Abby	Exxcel Gymnastics - Usa		





# List of Participants

name	club	name	club
Molofy,Samantha	Capital City Gymnastics	Moore,Olivia	Burlington Gymnastics
Desmarais,Sarah	Djinn	Salvatore,Aiyana	Burlington Gymnastics
Houle-Selby,Olivia	Djinn	Carrier,Lauranne	Gymbly
Blais,Kelly-Ann	Djinn	Tremblay,Amélie	Gymnamic
Morin,Rafaelle	Équilibrix	Mathieu,Audrey	Gymnamic
Bisson,Rose	Équilibrix	Huot,Megan	Gymnamic
Dupont,Clara	Gym-Fly	Parker,Victoria	Gymtastics
Fortin, Marie-Laurence	Gymini	Gaëlle,Hurteau	Imagym
Pinard,Samuelle	Gymini	Samantha,Fullerton	Imagym
Bélanger,Laurie-Qing	Gymnix	Martel,Camélie	Imagym
Fournier,Jeanne	Gymnix	Alexandra,Strebel	Imagym
Pepin,Laurie-Jeanne	Gymnix	Germain,Emma	Island Gymnastics
Thibaudeau-Wright, Daphné	Gymnix	Perino,Viviane	Laval Excellence
Lewis,Emma	Gymtastics	Gaudette,Alexia	Laval Excellence
Ménard,Blanche	Imagym	Bertrand,Audreanne	Laval Excellence
Bertrand,Maëlle	Imagym	Gorman,Grace	Ottawa Gymnastics
Martel,Céleste-Liy	Jako	Henderson,Amanda	Ottawa Gymnastics
Cyr,Anne	Jako	Kelleher-Radey, Madisson	Ottawa Gymnastics
Lussier,Jasmine	Laval Excellence	Konop, Margaret-Anne	T-Dot Tumblers
Lang,Lindsay	Ortona Gymnastics	Weaver,Jesse	Trillium Gymnastics
Lamb,Roselyn	Springers Gymnastics	Macphail,Ella	Trillium Gymnastics
Roussin,Breanna	Springers Gymnastics	<b>Session 2.7 (Gym B) - Level 6 - 7</b>	
Acosta,Isabela	Tag	Wilson,Trinity	Bermudes
Patten,Kaylee	Taiso Gymnastics	Dowling,Kinae	Bermudes
Aghar,Bianca	T-Dot Tumblers	Harvey,Margaret	Fundy Gymnastics
Roberts,Anisa	Wimgym	Leblanc,Julia	Fundy Gymnastics
Novolker,Maya	Wimgym	Soper,Rachel	Fundy Gymnastics
Ross,Kate	Wimgym	Harvey,Camille	Gym-As
<b>Session 2.7 (Gym A) - Level 7</b>		Labrecque,Cindy	Gymnamic
Moratinos,Raquel	Altadore Gymnastics	Lassonde,Katherine	Imagym
Chisholm,Jamie	Burlington Gymnastics	Murray,Hannah	Island Gymnastics



# List of Participants

name	club	name	club
Paton,Mackenzie	Island Gymnastics	Rutty,Raegan	Iles Caimans
Gervais,Jenna	Ottawa Gymnastics	Mcnulty,Maeva	Laval Excellence
Allan,Isabelle	Ottawa Gymnastics	Mercier,Rebecca	Laval Excellence
Frosst,Keira	Ottawa Gymnastics	Voyer,Mariane	Laval Excellence
Newell,Kayla	Ottawa Gymnastics	Mannani,Nusha	Ortona Gymnastics
Fisher,Kinley	Pulsars Gymnastics	Mucz,Haley	Pegasus Gymnastics
Campbell,Sydney	Trillium Gymnastics	Sanger,Charis	Rose City Gymnastics
Léonard,Mégane	Arabesque	Wax,Sophie	T-Dot Tumblers
Ouellet,Rébecca	Arabesque	Rana,Maya	Tumblers Gymnastics
Tremblay,Marianne	Arabesque	Dumont,Stéphanie	Unigym
Verdun,Inez	Falcon Gymnastics	Gosselin,Marilou	Unigym
Phieffer,Kiana	Falcon Gymnastics	Radziszewski, Sarah-Isabelle	Wimgym
Bastien,Rosalie	Gym-As	Di Francesco,Zoe	Wimgym
Laperrière,Roxanne	Gym-As	<b>Session 2.8 (Gym B) - Level 8</b>	
Bienvenue,Maude	Gym-As	Washchuk,Carys	Burlington Gymnastics
Laperrière,Amyly	Gym-As	Bramwell,Hannah	Burlington Gymnastics
Groszman,Lilly-Riva	Gymnix	Kaplan,Jamie	Capital City Gymnastics
Dare,Ashley	Gymnix	Toner,Grace	Capital City Gymnastics
<b>Session 2.8 (Gym A) - Level 8</b>		Garside,Sasha	Champions Gymnastics
Steele,Mackenzie	Burlington Gymnastics	Hardy,Jenna	Cygnus Gymnastics
Roul,Abby	Cygnus Gymnastics	Collins,Alexandra	Cygnus Gymnastics
Stoller,Emily	Exxcel Gymnastics - Usa	Young,Jane	Cygnus Gymnastics
Godbout-Fowler, Alexandra	Gemini Gymnastics	Lemay-Redmond, Jade	Djinn
Tardif,Keighlin	Global Gymnastics	Landry,Jade	Équilibrix
Gilbert,Gabrielle	Gym Ibik	Hamel,Sarah-Maud	Équilibrix
Girard,Coralie	Gymbly	Sihapanya,Lily	Global Gymnastics
Rivera,Liana	Gymnix	Denis-Lemay,Félix	Gymbly
Richard-Jarry,Maïna	Gymnix	Tardif,Léa	Gymbly
Beaulieu,Flavie	Gymnix	Chabot,Zoélie	Gymnamic
Ayala,Monica	Gymnos - Mexico	Gendron,Ariane	Gymnamic
Gonzalez,Giselle	Gymnos - Mexico	Quach,Heidi	Gymnix



# List of Participants

name	club	name	club
Lopez, Esperanza	Gymnos - Mexico	Lavoie,Béatrice	Jako
Lopez,Fernanda	Gymnos - Mexico	Gbeglo,Valentina	Laval Excellence
Boudreault,Amelie	Gymtastics	Lopes,Julia	Laval Excellence
Rossi,Vanessa	Laval Excellence	Kanellopoulos, Georgia	Laval Excellence
Berthiaume,Nicole	Ortona Gymnastics	Mckee, Elisabeth (Izzy)	Ottawa Gymnastics
Rotondo,Mackenna	Pulsars Gymnastics	Hueglin,Kayla	Pulsars Gymnastics
Mc Latchy,Lily	Taiso Gymnastics	Famula,Emelia	Rose City Gymnastics
Collins,Sarah	Taiso Gymnastics	Marshall,Olivia	Taiso Gymnastics
Pimentel,Emma	T-Dot Tumblers	Angus,Payton	Taiso Gymnastics
Gagnon,Loriane	Unigym	Doorley,Sadhbh	T-Dot Tumblers
Wolanyk,Allison	Wimgym	<b>Session 2.9 (Gym B) - Level 8</b>	
Taylor,Sophie	Wimgym	Webbe,Gianna	Bermudes
<b>Session 2.9 (Gym A) - Level 7</b>		Eichenberg,Aden	Burlington Gymnastics
Desrosiers,Charlie	Arabesque	Pinel,Marie-Charlotte	Djinn
Wilson,Teagan	Burlington Gymnastics	Schmidt,Emily	Falcon Gymnastics
Wismer,Tessa	Burlington Gymnastics	Keating,Sara	Falcon Gymnastics
Huma,Alessia	Burlington Gymnastics	Gautreau,Sofie	Fundy Gymnastics
Brunet,Josianne	Campiagile	Morand-Grondin, Dorothée	Gymbly
Fraser,Kelly	Campiagile	Frénette,Gabrielle	Gymbly
Vallée,Justine	Campiagile	Turcotte,Lysanne	Gymnamic
Charron,Pénéloppe	Campiagile	Padulo,Samantha	Gymnix
Dorey,Emmah	Capital City Gymnastics	Parent,Juliette	Gymtastics
Butcher,Mia	Falcon Gymnastics	Peene,Samantha	Iles Caimans
Rust,Anna	Fundy Gymnastics	Mills,Paige	Island Gymnastics
Caron,Ariane	Gymbly	Cyr,Maria	Jako
Pede,Megan	Gymbly	Dupéré,Chloé	Jako
Ladouceur,Ariane	Gymmini	Michaud,Arielle	L'envol
Lepage,Justine	Gymnamic	Godbout,Sélany	L'envol
Lucas,Romy	Gymnix	Paquin,Élizabeth	Les Zénith
Treviño,Marcela	Gymnos - Mexico	Scott,Amanda	Marian Gymnastics
Kyndra,Gauthier	Imagym		
Rafuse,Lauren	Island Gymnastics		

# List of Participants

name	club / country	name	club / country
Morgensztern, Gabriela	Ortona Gymnastics	Ramler, Lexy	Kidsport - Usa
Stewart,Hana	Ortona Gymnastics	Pedersen, Jordyn	Manjaks - Canada
Russell,Kaitlyn	Ottawa Gymnastics	Walker, Emily	Marian - Canada
Llyod,Morgan	Ottawa Gymnastics	Bell, Meleah	Parkettes - Usa
Winter,Devon	Pulsars Gymnastics	Coleman, Jenna	Parkettes - Usa
Carrigan,Abby	Taiso Gymnastics	Link, Megan	Parkettes - Usa
Black,Amanda	Trillium Gymnastics	Fletcher, Danae	Parkettes - Usa
Robert,Jade	Unigym	Tunnell, Claire	Parkettes - Usa
<b>Challenge Gymnix</b>		Ben Rhouma, Iness	Pôle Marseille - France
Bladon, Amy	Bluewater - Canada	Oke, Fiona	Pôle Marseille - France
Ruttan, Meaghan	Canada - Cgc	Paries, Melissa	Pôle Marseille - France
Juk, Ilka	Canada - Omega	Scandella, Alix	Pôle St-Étienne - France
Pouliot, Enya	Canada - Taiso	Fairbairn, Montana	Stampede City - Canada
Brown, Shaelyn	Capital City - Canada	Dick, Marisa	Trinidad & Tobago
Harder, Goldie	Cgc - Canada	Shaver, Sophie	Unigym - Canada
Castro, Simona	Chili	Marois, Sophie	Viagym - Canada
Pinto, Makarena	Chili	Dumont, Émilie	Viagym - Canada
Urban, Sayge	Dynamo - Canada	Bastien, Marjorie	Viagym - Canada
Dipietro, Megan	Dynamo - Canada	Alexeeva, Irina	Woga - Usa
Moors, Brooklyn	Dynamo - Canada	Murdock,Jenna	Gymnastics Saskatchewan
Sim, Sthéphanie	Dynamo - Canada	<b>Junior Cup</b>	
Archer, Shannon	Écosse - City Of Glasgow	Chrobok, Jade	Canada
Kennedy, Cara	Écosse - City Of Glasgow	Jurca, Victoria	Canada
Guerra, Paulina	Elite Gymnastics - Mexico	De Jong, Hayley	Canada
Monat, Élöïse	Équilibrix - Canada	Padurariu, Ana	Canada
Lebllicq, Chloé	Ffg - Belgium	Chiles, Jordan	USA
Phillips, Megan	Gymnix - Canada	Malabuyo, Emma	USA
Lopez, Madai	Gymnos - Mexico	Perea, Gabby	USA
Pirsh, Andrea	Gymnos - Mexico		





# List of Participants

name	club / country	name	club / country
Soza, Deanne	USA	Woo, Victoria-Kayen	Canada
Botnaru, Alisia	Romania	Cyrenne, Hélody	Canada
Cimpian, Olivia	Romania	Olsen, Shallon	Canada
Crisan Ioana	Romania	Semple, Meixi	Canada
Golgota Denisa	Romania	Soloski, Sydney	Canada
Ilianikova Anastasiia	Russia	Derwael, Nina	Belgium
Perebinosova, Uliana	Russia	Klinckaert, Axelle	Belgium
Saifulina Valeriia	Russia	Deriks, Senna	Belgium
Zubova, Varvara	Russia	Waem, Laura	Belgium
James, Taeja	Great Britain	Vandenhole, Cindy	Belgium
Kinsella, Alice	Great Britain	Mys, Gaelle	Belgium
Methuen, Maisie	Great Britain	Hermans, Rune	Belgium
Oates, Ellesse	Great Britain	Meyers, Julie	Belgium
Hanawa, Soyoka	Japan	Croket, Julie	Belgium
Kuwajima, Kiko	Japan	Polderman, Kirsten	Netherlands
Oguchi, Mana	Japan	Thorsdottir, Eythora	Netherlands
Potoms, Myrthe	Belgium	Hiraiwa, Yuna	Japan
Muller, Manon	Belgium	Kajita, Nagi	Japan
Senders, Alysha	Belgium	Miyakawa, Sae	Japan
Brassart, Maellyse	Belgium		
Charpy, Lorette	France		
Lapp, Alisson	France		
Mouffok, Janna	France		
Khnifass, Assia	France		
<b>Senior</b>			
Copiak, Madison	Canada		
Rousseau, Audrey	Canada		
Townsend, Sydney	Canada		
Woo, Rose-Kaying	Canada		
Onyshko, Isabella	Canada		
Peterman, Kirsten	Canada		
Vézina, Laurie-Lou	Canada		



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Photos: Gracie Chiu



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CANADA

GYMNASTIQUE  
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# Booth List

L'International Gymnix Souvenirs

Le Club Gymnix

Gymnova - Gym Rep - Cheer Rep

Jagwear - Gymnastics Leotards

Boutique Gym - Gymnastics leotards and clothes

Ad Mats - Gymnastics equipment

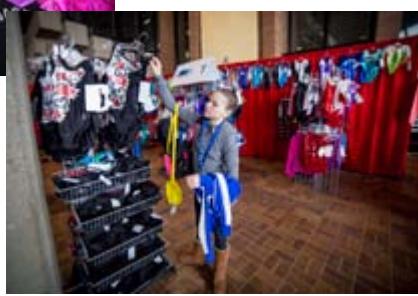
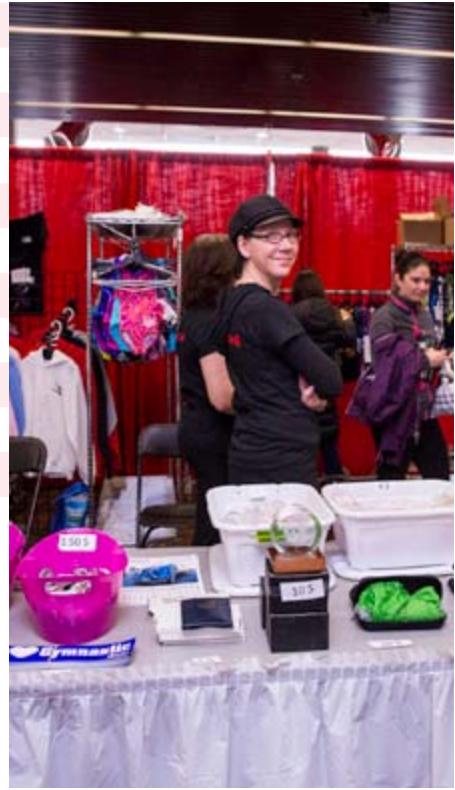
Chantal Nadeau - Gymnastics Leotards

Amilia

Flowers - Les Jardins d'Olivier

Introduction to gymnastics

Scrapbooking - Do your «cheering cardboard»



# Organizing Committee

Generale Director	Anne-Maud Jan Viau
Event Coordinator	Maryse Allard
Competition's Director	Pierre Privé
Technical Director	Katerine Dussault
Floor Directors	Claudine Beaudry, Claudia Bénard and Yohann Roualdes
Head Judge	Hélen Laliberté
Food service	Traiteur Olivier Delcol and Alain Boudreault
Introducing sports	Zoé Lavoie-Lefavire
Volunteers	Claude Quenneville
Ticket office & Accreditation	Dominique Allaire
Gifts	Annick Lecouffe
Media	Anne-Frédérique Hébert-Dolbec
Compilation	Robert Laflèche, Jean Gauthier and Guillermo Fernandez
Decor	Francine Bouffard and Yvon Beaulieu
Flags' entrance	Malika Ben Mohamed and Rosalie S. Létourneau
Booth	Maryse Daneau and Isabella D'Ovidio
Music	Gabrielle Marleau, Katherine Biscotti, Pascale Dion-Decelles, Marie-Pier Campeau
Minor officials	Johanne Soucy, Catherine Sabourin and Marie-Ève Carignan
Protocole	Francine Bouffard, Emilie Baillargeon, Laura Huot and Stephanie Wright
Delegations	Rachel Gauthier
Security	Rachid Lakhal
Show	Elsie Morin – Les Oiseaux du Paradis
VIP	Yvon Beaulieu, Alexandra Gibault, Camille Perrotte and Alexandra Roy
Announcers	Stéphane Verdier





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**LA PRESSE**



# CAFÉ GO MENU (SNACKS)

## BREAKFAST

Muffins Variety Strudels Variety

## SANDWICH

Eggs snack	Tuna pita
Ham snack	Pizza pita
Chicken snack	Cesar large pita
Chicken sandwich	Black Forest ham large pita
Ham sandwich	Smoked turkey large Pita
Eggs sandwich	Italian submarine (cold meat assorted)
Ham and swiss cheese pita	



## CITY SNACKS (dry fruits)

Variety

## CHIPS

3 varieties

## CHOCOLATE

3 varieties

## COOKIES

3 varieties

## BEVERAGES

Dasani water	Nestea Cool (Ice tea)
Orange juice	Sprite
Apple juice	Coke Zero
Coke	Coffee
Diet Coke	



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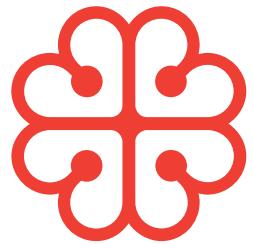
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## La passion de la gymnastique

Le comité organisateur de l'International Gymnix remercie les équipements Gymnova Canada pour sa précieuse collaboration.

