



2017 L'INTERNATIONAL GYMNIX
March 9-12, 2017
Montreal, Quebec, Canada

Junior International Cup
Senior International Cup
Gymnix Challenge

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Montreal, November 4, 2016.

Dear friends from Canada,

It is with great pleasure that we invite you to compete in the **2017 L'INTERNATIONAL GYMNIX**, which will be held **March 9-12, 2017** in Montreal, Canada. Give your gymnasts the opportunity to experiment a full podium setting and join our friends from around the globe to compete in our world-class friendly meet in women's artistic gymnastics.

This year, L'International Gymnix will encompass the following competitions:

2017 L'INTERNATIONAL GYMNIX	Junior International Cup	<ul style="list-style-type: none"> • Open to national team members of the top 16 countries at the 2015 World Championships • Team competition & All-Around (day 1) and Apparatus finals (day 2) • Junior FIG rules will apply (Day 1: FIG I Junior rules, Day 2: FIG III Junior rules) • 8 teams of 4 athletes 	(Selections will be made by Gymnastics Canada for Canadian representatives)
	Senior International Cup	<ul style="list-style-type: none"> • Open to national team members of the top 16 countries at the 2015 World Championships • Team competition & All-Around (day 1) and Apparatus finals (day 2) • Senior FIG rules will apply (Day 1: FIG I) • Senior rules, Day 2: FIG III Senior rules) • 8 teams of 4 athletes 	(Selections will be made by Gymnastics Canada for Canadian representatives)
	Challenge Gymnix	<ul style="list-style-type: none"> ▪ Open to national team members of any country representing their club or their country ▪ Open to Elite and High Performance gymnasts representing their club ▪ An athlete may not compete in both the Challenge and one of the cup ▪ All-Around (day 1) and Apparatus finals (day 2) ▪ Day 1 : FIG I (two vaults for Vault qualification). Day 2 : FIG III ▪ Max of 40 athletes with priority given to best athletes 	<p>For Canadian athletes, priority will be given to :</p> <p>1. National Team Members 2. Results Canadian Championships</p> <p>* top 8 AA HP SR – Day 2 at Nationals 2016 * top 8 AA HP JR – Day 2 at Nationals 2016</p> <p>3. Special Invitations</p>

If you want to secure a spot for your athletes in the **GYMNIX CHALLENGE**, you have to register them on **AMILIA** and to send the Annex I to am.janviau@gymnix.ca, attention to: Anne-Maud Jan Viau.

If your gymnast respects at least one of the criteria, you have to follow the instructions to complete the online registration. Take note that only online registration will confirm your athlete's registration in the GYMNIX CHALLENGE, and this must be done before **November 20th, 2016**. You will find attached the technical package for the Gymnix Challenge.

In addition to L'International Gymnix, a competition called **Gymnix Classic** (open to JO Levels 6 to 10 and to national streams athletes) will be held the same weekend.

L'International Gymnix will celebrate its 26th anniversary this year, and will welcome once again some of the world's best gymnasts. Our 26th edition will be colourful, entertaining and festive. We hope that many of you will join us to celebrate the unique sport that is artistic gymnastics. The organizing committee is working hard to organize a quality event highlighting the true beauty and excitement of gymnastics. This edition will be the first international gymnastics event of 2017 and will precede the 2017 World Championships.

We are looking forward to welcoming you to our beautiful city.

Best regards,

Anne-Maud Jan Viau
CEO
L'International Gymnix 2017
am.janviau@gymnix.ca



I. Competition rules and format

COMPETITION	JUNIOR INTERNATIONAL CUP
CATEGORY	WAG - Junior (born between 2002-2004)
INVITATION	National team members of the top 16 countries at the 2015 World Championships
# ATHLETES	Approx. 32 athletes (8 teams of 4 athletes)
COMPETITION FORMAT	DAY 1: Team competition (4/4/3), AA final, Qualifications for apparatus finals DAY 2: Apparatus finals
FIG CODE	Team and AA: FIG I Junior rules Apparatus finals: FIG III Junior rules
PARTICIPATION IN APPARATUS FINALS	8 athletes Top 8 athletes, max 2 per country (TBC by February 15th) Replacement according to FIG rules
TEAM AWARDS	Top 3 teams
INDIVIDUAL AWARDS	Top 3 All-Around Top 3 per apparatus No maximum per country for awards

COMPETITION	SENIOR INTERNATIONAL CUP
CATEGORY	WAG - Senior (Born in 2001 and older)
INVITATION	National team members of the top 16 countries at the 2015 World Championships
# ATHLETES	Approx. 32 athletes (8 teams of 4 athletes)
COMPETITION FORMAT	DAY 1: Team competition (4/4/3), AA final, Qualifications for apparatus finals DAY 2: Apparatus finals
FIG CODE	Team and AA: FIG I Senior rules Apparatus finals: FIG III Senior rules
PARTICIPATION IN APPARATUS FINALS	8 athletes Top 8 athletes, max 2 per country (TBC by February 15th) Replacement according to FIG rules
TEAM AWARDS	Top 3 teams
INDIVIDUAL AWARDS	Top 3 All-Around Top 3 per apparatus No maximum per country for awards

COMPETITION	GYMNIX CHALLENGE
CATEGORY	Born in 2004 and older
INVITATION	<ul style="list-style-type: none"> - National team members of any country representing their club or their country - Elite and High Performance athletes
# ATHLETES	Max of 40 athletes with priority given to best athletes (# of participants to be confirmed after registration deadline)
COMPETITION FORMAT	DAY 1: AA final & Qualifications for apparatus finals DAY 2: Apparatus finals
FIG CODE	AA: FIG I (two vaults for Vault qualification) Apparatus finals: FIG III
PARTICIPATION IN APPARATUS FINALS	Top 8 athletes
INDIVIDUAL AWARDS	Top 3 All-Around Top 3 per apparatus

2. Overall tentative schedule

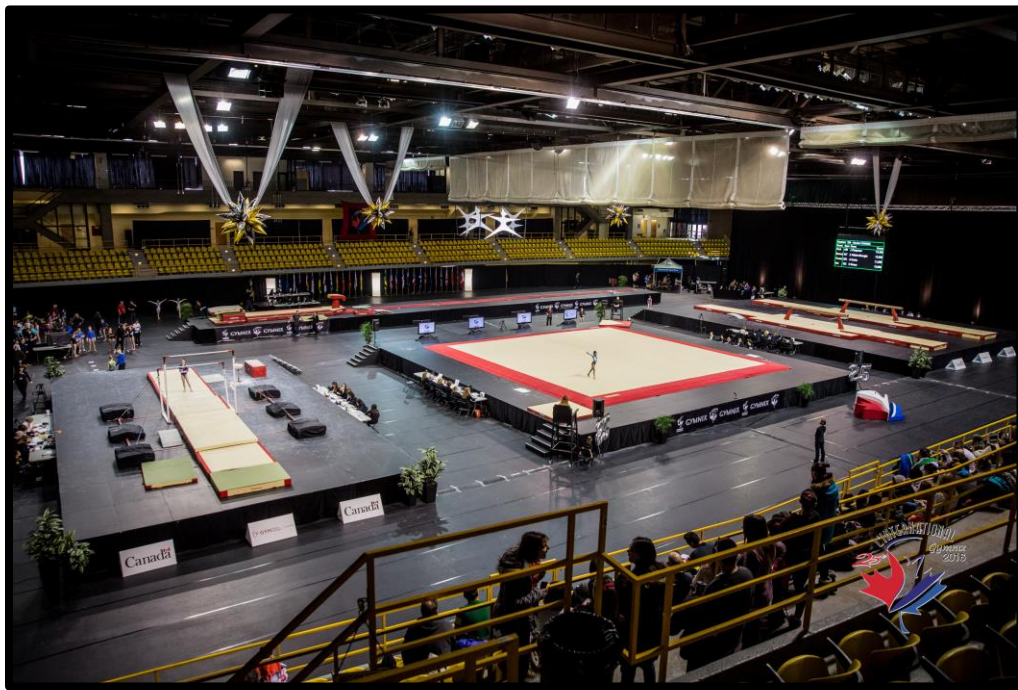
<i>Friday, March 3, 2017 to Wednesday, March 8, 2017</i>
Delegation Arrivals
<i>Saturday, March 4, 2017 to Wednesday, March 8, 2017</i>
Trainings
<i>Wednesday, March 8, 2017</i>
Technical Meeting
<i>Thursday, March 9, 2017</i>
Podium Training (for all)
<i>Friday, March 10, 2017</i>
Senior International Cup – Competition Day I
Gymnix Challenge & Junior International Cup – Training
<i>Saturday, March 11, 2017</i>
Gymnix Challenge – Competition Day I
Junior International Cup – Competition Day I
Senior International Cup – Training
<i>Sunday, March 12, 2017</i>
Apparatus Finals – All (Day 2)
Closing Celebration Party
<i>Monday, March 13, 2017</i>
Cirque du Soleil visit + Special “Quebec” activity !
Delegations Departure



3. Competition and training venue

Competition venue: Claude-Robillard Sports Complex
 Inside track & field room (Omnisports)
 1000 Emile-Journault Avenue, Montreal (QC), H2M 2E7

Omnisports Room



Equipment: FIG approved competitive equipment from GYMNOVA.
Podium for all four apparatus

Training venue: Host club (Gymnix) facility and a separate warm-up gymnasium

Judges: Judges must have a current valid FIG brevet

Music: MP3 Music for each athlete
 CD only for floor music (1 CD per athlete)

Medical Services: Physiotherapy services will be provided in the warm-up gym and the competition floor; for injuries and emergency taping.
 A doctor will be on call during the event.

4. Registration & Contact information

To register, you have to follow the instructions for registration and please complete the form (Annex I – Gymnast Profile) attached, and send it by email to am.janviau@gymnix.ca, **before November 20th, 2016**.


Steps to online registration

All registrations to the 2017 Gymnix Challenge can be done online through our website (www.internationalgymnix.ca), using AMILIA, a secured and user-friendly system. Please note that **only** online registrations will be accepted.

To ensure that your entries are properly made, please take the time to carefully read the instructions below. It is important to complete all required fields of the registration form, since the list of participants, the judges' sheets, the competition program and the results will be printed based upon the information you have entered in the online registration system.

The online registration system is designed to be used by gymnastics clubs **only**. Therefore, we kindly ask that you do not let your athletes and / or their parents register themselves. In case of any problems or questions, we will contact the person in charge at your gymnastics club directly.

Please follow these easy steps:

1. Visit the event website at: <http://internationalgymnix.ca/en/participants/registration/>
2. Click on the provided link . You will immediately be redirected to the AMILIA website.

Thereafter, simply follow the instructions displayed on your screen. You can also refer to the additional information presented in this document.

If you have already created an AMILIA account for the past years, please use the same username and password for the 2017 edition. This way, you will have access to all records of the gymnasts and coaches registered in the past and will not have to complete the information again for those participants.

For December 15th, you will have to provide 3 forms for each of your gymnasts:

- [Authorization Request Image rights](#)
- [Gymnast picture](#) (Last name, first name, club name)
- [MP3 File](#) (Last name, first name, club name)

Also, you will be asked to provide this form for each of your coaches :

- [Coach picture](#) (Last name, first name, club name)

How to register your gymnasts and coaches

Go to <http://internationalgymnix.ca/en/participants/registration/> and click on the provided link,
or simply visit www.amilia.com

STEP 1: IDENTIFICATION

1. Register your username by clicking on **new user** (if you already have a username, simply log in your account)
2. Click on **Get Started**
3. Click on **Find an organization** in the principal menu at the left
4. Write L'International Gymnix and click on **Search**
5. Click on **L'International Gymnix** in the box
6. Select the program **L'INTERNATIONAL & LA CLASSIQUE GYMNIX 2017** (bottom of the page)

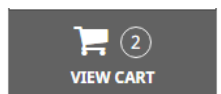
STEP 2: YOUR ORDER

7. **Coaches** registration :
 - Click on **Entraîneur/Coach**
 - Click on the category needed : **La Classique Gymnix, L'International Gymnix or Classique & International**
 - Click on the blue icon **Session**
 - Click on ALL the coaches concerned by this category or click on **Add another person** to add some coaches that are not on the list
 - Click on **Continue shopping**

Repeat these steps for each category in which you wish to register coaches.

8. **Athlete's** registration :
 - Click on the category needed : **LA CLASSIQUE GYMNIX or L'INTERNATIONAL GYMNIX**
 - Click on on the blue icon **Session** for the category needed
 - Click on ALL the gymnasts concerned by this category or click on **Add another person** to add some gymnasts that are not on the list.

Repeat these steps for each category in which you wish to register gymnasts. End by click on **Checkout** ; you arrive at your order with all the details OR click on **VIEW CART** (black rectangle at the right top of the page).



9. If everything is right, click again on **Checkout**.

STEP 3: YOUR INFORMATION

10. Confirmation of info concerning the account owner. He will be responsible for managing the coaches and athletes registrations, as well as the payment of registration fees.
 - Complete all required info (with your club info and not the personal details of the account owner)
 - Click on **Continue my purchase**
11. Confirmation of info concerning the coaches and gymnasts.
 - Complete all required info (with your club info and not the personal details of the coaches)
 - Confirm the name of the first respondent for each gymnast (this may be her personal coach, head coach or the account holder)
 Click on **Continue my purchase**

STEP 4: PAYMENT

12. Complete the payment section (credit card only) and check the box **I accept the terms and conditions.**
13. Click on **Pay now** (Please be aware that a 6% administrative fee will be added to each transaction).

STEP 5: CONFIRMATION

14. A confirmation email will be sent with the transaction receipt.



Deadlines

October 27 to November 20, 2016	<ul style="list-style-type: none"> Registration for the 2017 Challenge Gymnix <i>(After this date, only modifications to existing registrations will be allowed)</i>
December 15, 2016	<ul style="list-style-type: none"> Deadline for non-medical withdrawals WITH REFUND* <i>(After this date, no refund will be provided for withdrawal without a medical certificate).</i> Deadline for medical withdrawals (medical certificate required) WITH FULL REFUND <i>(After this date, refund for medical withdrawal will still be accepted. However, a \$10 administrative fee will be charged).</i>
January 12, 2017	<ul style="list-style-type: none"> Deadline for any modification to an existing registration
February 9, 2017	<ul style="list-style-type: none"> Deadline for medical withdrawals (medical certificate required) WITH REFUND* <i>(After this date, no refund will be provided for withdrawals)</i>

** Please note that an additional \$10 administrative fee will be charged for any refund request.**

For additional information on registration:

ANNE-MAUD JAN VIAU

CEO – L'International Gymnix

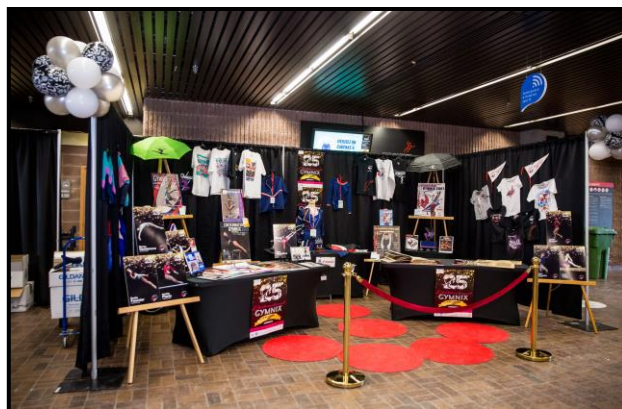
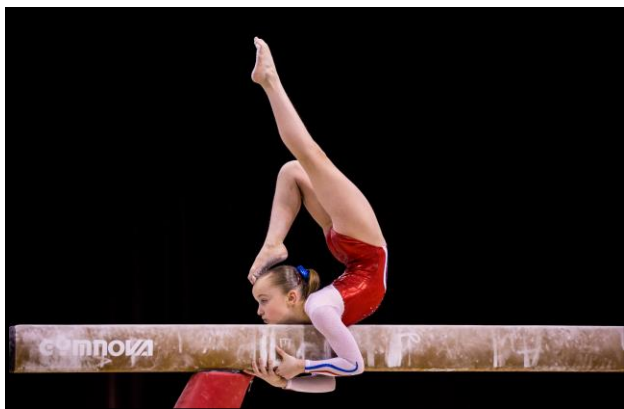
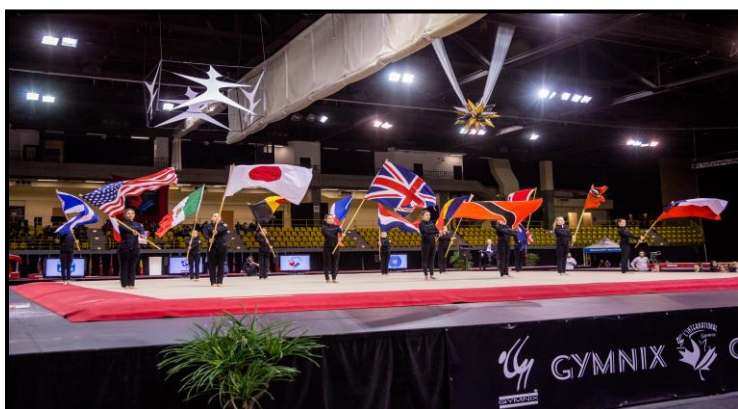
EMAIL: am.janviau@gymnix.ca

ANNEX I GYMNAST PROFILE

ATHLETE INFORMATION					
LAST NAME		FIRST NAME			
COUNTRY		CLUB / CENTRE			
BIRTHDAY (dd/mm/yyyy)		HOMETOWN			
COACHES					
OFFICIAL WEBSITE / FACEBOOK / TWITTER / INSTAGRAM					
EVENT	WAG - Jr. International Cup		WAG - Sr. International Cup		WAG Gymnix Challenge

BEST INTERNATIONAL PERFORMANCES				
Date (dd/mm/yyyy)	Competition	City & Country	Results (rank)	Event (AA, VT, UB, BB, FX)
BEST NATIONAL PERFORMANCES				
RELEVANT MEDICAL INFORMATION (allergies, etc.)				
EMERGENCY CONTACT				
NAME			RELATION WITH THE ATHLETE (MOTHER, FATHER, ETC.)	
TELEPHONE				

Please send the completed gymnast profile forms before February 1st, 2017
by email to: am.janviau@gymnix.ca



THANK YOU