



# International Gymnix

March 8-10, 2019

Montreal, Quebec, Canada

Junior International Cup

Senior International Cup

Gymnix Challenge

Montreal, October 19<sup>th</sup>, 2018

Dear friends from Canada,

It is with great pleasure that we invite you to compete in the **2019 INTERNATIONAL GYMNIX**, which will be held **March 8-10, 2019** in Montreal, Canada. Give your gymnasts the opportunity to experiment a full podium setting and join our friends from around the globe to compete in our world-class friendly meet in women's artistic gymnastics.

This year, the International Gymnix will encompass the following competitions:

**JUNIOR INTERNATIONAL CUP – TEAM COMPETITION**

(Selections will be made by Gymnastics Canada for Canadian representatives)

**SENIOR INTERNATIONAL CUP – INDIVIDUAL COMPETITION**

(Selections will be made by Gymnastics Canada for Canadian representatives)

**GYMNIX CHALLENGE – INDIVIDUAL COMPETITION**

For Canadian athletes, our criteria are:

1. **National Team Members + Espoir listed athletes (FIG eligible)**
2. **Top 6 AA Junior & Top 6 AA Senior at Canadian Championships 2018**
3. **Top 6 AA Junior & Top 6 AA Senior at Elite Canada 2019 (if different from CC)**
4. **Invitations following Elite-Canada (identified by National Team Director & the OC)**

The International Gymnix will celebrate its 28<sup>th</sup> anniversary this year, and will welcome once again some of the world's best gymnasts. Our 28<sup>th</sup> edition will be colourful, entertaining and festive. We hope many of you will join us to celebrate the unique sport that is artistic gymnastics. Rest assured that the organizing committee is working hard to organize a quality event highlighting the true beauty and excitement of the sport.

We are looking forward to welcoming you to our beautiful city.

Best regards,

Anne-Maud Jan Viau  
CEO  
International Gymnix  
[am.janviau@gymnix.ca](mailto:am.janviau@gymnix.ca)

Charlotte Goudreau  
Technical Coordinator  
International Gymnix  
[classique@gymnix.ca](mailto:classique@gymnix.ca)

## 1. COMPETITION RULES AND FORMAT

	<b>JUNIOR INTERNATIONAL CUP</b>
CATEGORY	WAG - Junior (born between 2004-2006)
INVITATION	National team members of the top 16 countries at the 2015 or 2018 World Championships
# ATHLETES	Approx. 32 athletes (8 teams of 4 athletes)
COMPETITION FORMAT	DAY 1: Team competition (4/4/3), AA final, Qualifications for apparatus finals DAY 2: Apparatus finals
FIG CODE	Team and AA: FIG I Junior rules Apparatus finals: FIG III Junior rules
PARTICIPATION IN APPARATUS FINALS	8 athletes Top 8 athletes, max 2 per country (TBC by February 15 <sup>th</sup> ) Replacement according to FIG rules
TEAM AWARDS	Top 3 teams
INDIVIDUAL AWARDS	Top 3 All-Around Top 3 per apparatus No maximum per country for awards (TBC by February 15 <sup>th</sup> )

	<b>SENIOR INTERNATIONAL CUP</b>
CATEGORY	WAG - Senior (Born in 2003 and older)
INVITATION	National team members of the top 16 countries at the 2015 or 2018 Worlds and top 24 AA athletes at 2017 or 2018 Worlds
# ATHLETES	Approx. 24 athletes
COMPETITION FORMAT	DAY 1: AA final, Qualifications for apparatus finals DAY 2: Apparatus finals
FIG CODE	AA: FIG I Senior rules Apparatus finals: FIG III Senior rules
PARTICIPATION IN APPARATUS FINALS	8 athletes Top 8 athletes, max 2 per country (TBC by February 15 <sup>th</sup> ) Replacement according to FIG rules
INDIVIDUAL AWARDS	Top 3 All-Around Top 3 per apparatus No maximum per country for awards (TBC by February 15 <sup>th</sup> )

	GYMNIX CHALLENGE
CATEGORY	Born in 2006 and older
INVITATION	<ul style="list-style-type: none"> <li>- National team members of any country representing their club or their country</li> <li>- Elite and High Performance athlete</li> </ul>
# ATHLETES	Max of 32 athletes with priority given to best athletes (# of participants to be confirmed after registration deadline)
COMPETITION FORMAT	DAY 1: AA final & Qualifications for apparatus finals DAY 2: Apparatus finals
FIG CODE	AA: FIG I (two vaults for Vault qualification) Apparatus finals: FIG III
PARTICIPATION IN APPARATUS FINALS	Top 8 athletes
INDIVIDUAL AWARDS	Top 3 All-Around Top 3 per apparatus



## 2. OVERALL TENTATIVE SCHEDULE

Friday, March 1, 2019 to Wednesday, March 6, 2019
<b>Delegation Arrivals</b>
Saturday, March 2, 2019 to Wednesday, March 6, 2019
<b>Trainings</b>
Wednesday, March 6, 2019
<b>Technical Meeting</b>
Thursday, March 7, 2019
<b>Podium Training (for all)</b>
Friday, March 8, 2019
<b>Senior International Cup – Competition Day 1</b>
<b>Gymnix Challenge &amp; Junior International Cup – Training</b>
Saturday, March 9, 2019
<b>Gymnix Challenge – Competition Day 1</b>
<b>Junior International Cup – Competition Day 1</b>
<b>Senior International Cup – Training</b>
Sunday, March 10, 2019
<b>Apparatus Finals – All (Day 2)</b>
<b>Closing Celebration Party</b>
Monday, March 11, 2019
<b>Cirque du Soleil visit + Special “Quebec” activity !</b>
<b>Delegations Departure</b>

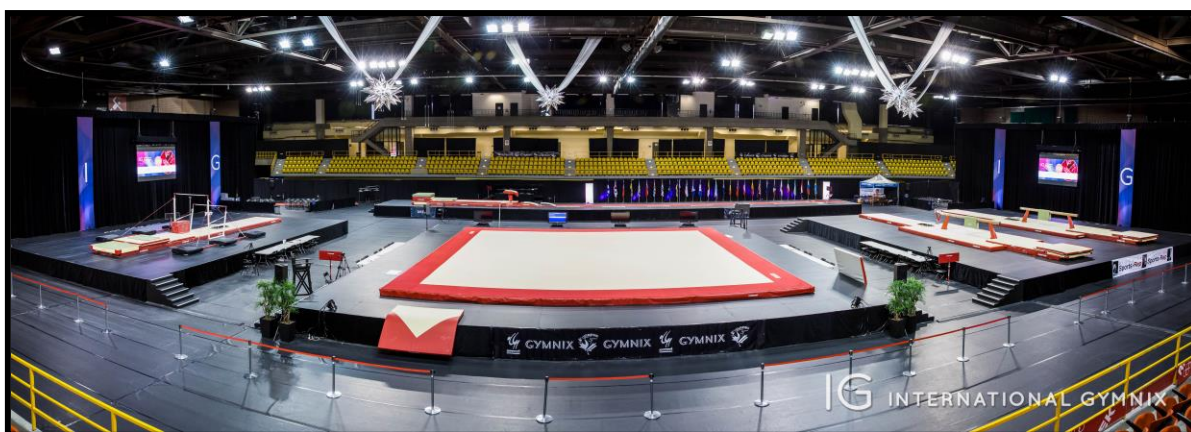


### 3. COMPETITION AND TRAINING VENUE

#### Competition venue

Claude-Robillard Sports Complex  
Inside track & field room (Omnisports)  
1000 Emile-Journault Avenue, Montreal (QC), H2M 2E7

#### OMNISPORT ROOM



#### Equipment

FIG approved competitive equipment from GYMNOVA.  
**\*Podium for all four apparatus\***

#### Training venues

Host club (Gymnix) facility and a separate warm-up gymnasium (Double Gym). Some trainings will also take place at the INSQ (Olympic Stadium).

#### Judges

Judges must have a current valid FIG brevet

#### Music

MP3 file submitted to the OC prior to competition.

#### Medical Services

Physiotherapy services will be provided in the warm-up gym and the competition floor; for injuries and emergency taping. A doctor will be on call during the event.

## 4. REGISTRATION

Registration for the 2019 Gymnix Classic will be online on the platform SportzSoft. The link will be shared and available on our website ([www.internationalgymnix.ca](http://www.internationalgymnix.ca)). More info on the registration procedures will be available before November 5.

### JUNIOR & SENIOR INTERNATIONAL CUPS ATHLETES

#### CHALLENGE ATHLETES REPRESENTING THEIR CLUB

The registration fees are 165\$ for athletes and \$85 for coaches \$90. Please contact the OC for more information regarding this topic.

## 5. DEADLINES SUMMARY

<b>November 5, 2018 at 12pm (ET)</b>	<b>Opening of the registration for the 2019 International Gymnix</b>
<b>December 15, 2018</b>	<p><b>Registration deadline for the 2019 International Gymnix</b> <i>After this date, only modifications to existing registrations will be allowed*</i></p> <p><b>Deadline for non-medical withdrawals WITH REFUND*</b> <i>After this date, no refund will be provided for withdrawal without a medical certificate</i></p> <p><b>Deadline for medical withdrawals (medical certificate required) WITH FULL REFUND</b> <i>After this date, refund for medical withdrawal will still be accepted. However, a \$10 administrative fee will be charged</i></p>
<b>January 15, 2019</b>	<b>Deadline for any modification to an existing registration*</b>
<b>February 15, 2019</b>	<p><b>Deadline for medical withdrawals (medical certificate required) WITH REFUND*</b> <i>After this date, no refund will be provided for withdrawals</i></p>

*\* Please note that an additional \$10 administrative fee will be charged for any modification to an existing registration or refund request.*



## 6. WITHDRAWAL FEES

### MODIFICATION

Before/On January 15th	–	\$10 administrative fee
After January 15th	–	No modifications are allowed

### NON-MEDICAL WITHDRAWAL

Before/On December 15th	–	Refund, minus a \$10 administrative fee
After December 15th	–	No refund

### MEDICAL WITHDRAWAL (medical certificate required)

Before/On December 15th	–	Full refund
After December 15th	–	Refund, minus a \$10 administrative fee
After February 15th	–	No refund

For any modification, withdrawal notice or refund request, please complete Annex 1 (Modification request) or Annex 2 (Withdrawal notice) attached, and send them by email to [classique@gymnix.ca](mailto:classique@gymnix.ca)

Please notify us of any withdrawals as soon as possible (even if the deadline for a refund has passed). This greatly facilitates the event preparation. In order to ensure the quality of the event, we will be very strict with regards to compliance with the mentioned deadlines. We thank you in advance for your collaboration.





## 7. LODGING

You will find in the link below the list of the official hotels for the International Gymnix 2019. We do our best to get the best prices for you and we thank you in advance for booking with our partner hotels.

[Official Hotels IG 2019](#)

## 8. ACTIVITIES

*Access to all competitions.*

*Gymnastics Tradeshow:* More than a dozen exhibitors offering gymnastics and sports products to spectators and participants.



*Shows:* participants and spectators have the privilege to see performance from some of the best circus, acrobatic sports and dance artists coming from Canada.



## ANNEX 1

### MODIFICATION REQUEST

Please complete and send this form by email at: [classique@gymnix.ca](mailto:classique@gymnix.ca)  
**A 10\$ administrative fee will be charged for any modification request.**

**Deadline for any modification request is January 15, 2019**

CLUB INFORMATION			
Club			
Contact person			
Email			
Phone number			
ATHLETE INFORMATION			
Last name, first name			
Birthday (dd/mm/yyyy)			
Current category (BEFORE the requested modification)		New Category	

Head coach's signature : \_\_\_\_\_

Date (dd/mm/yyyy) : \_\_\_\_\_

## ANNEX II

### WITHDRAWAL NOTICE (WITH OR WITHOUT REFUND)

#### Medical withdrawal

- Please complete, sign and send the form below, **accompanied by a legible copy of a valid medical certificate**, by email at: [classique@gymnix.ca](mailto:classique@gymnix.ca)
- Deadline: **February 15, 2019**
- Take note that a \$10 administrative fee will be charged for all medical refund requests received after **December 15th, 2018**.
- Refund will be credited to your credit card within 30 business days following the last day of competition.

#### Non-medical withdrawal

- Please complete, sign and send the form below by email at: [classique@gymnix.ca](mailto:classique@gymnix.ca) , by **December 15th, 2018** at the latest.
- No refund (except for medical reasons) will be issued after **December 15, 2018**.
- Take note a \$10 administrative fee will be charged for all non-medical refund requests.

CLUB INFORMATION			
Club			
Contact person			
Email			
Phone number			
ATHLETE INFORMATION			
Last name, first name			
Birthday (dd/mm/yyyy)		Category	

Head coach's signature : \_\_\_\_\_

Date (dd/mm/yyyy) : \_\_\_\_\_



THANK YOU