

24^e
édition

L'International **GYMNIX**

5 AU 8 MARS
2015



COMPLEXE SPORTIF CLAUDE-ROBILLARD

1000, AVENUE ÉMILE-JOURNALT, MONTRÉAL, QUÉBEC H2M 2E7

Programme de la compétition disponible en lisant ce code avec un téléphone intelligent ou sur www.internationalgymnix.ca
Informations: international@gymnix.ca | 514-872-1536 poste 227



Éducation,
Loisir et Sport
Québec

Patrimoine
canadien
Sport Canada
Canadian
Heritage

Montréal



Québec



**L'International Gymnix thanks Quebec government
for its generous financial participation.**



Yvon Beaulieu

President - Club Gymnix

On the road to Rio 2016

It is with great pleasure that we welcome you to the 24th edition of L'International Gymnix, where once again the best junior athletes in the world invite you to see their performances.

In preparation for the 2016 Olympic Games in Rio, athletes from Canada, United States, Italy, Russia, Sweden, Switzerland promise to put on a great show!

L'international Gymnix will be celebrating its 25th anniversary next year, and it is thanks to all of our partners and sponsors that this event grows bigger year after year. We would also like to give a huge thank you to all of our volunteers, who have worked tirelessly and with great enthusiasm for Club Gymnix throughout the years.

We invite you to dance with our flash mob Boom Boom Mama and to warmly encourage our athletes.

Good luck to all competitors!



Yvon Beaulieu
President - Club Gymnix



Organizing Committee

Technical Director	Katerine Dussault
Event Coordinator	Maryse Allard
Technical Coordinator	Anne-Maud Jan-Viau
Meet Director	Pierre Privé
Floor Directors	Claudine Beaudry, Yohann Roualdes, Marie-Laurence Hebert-Dolbec
Food service	Choquette Traiteur, Alain Boudreault and Anne-Andree Fex-Godin
Ticket office & Accreditation	Debra Munn, Dominique Allaire
Media	Anne-Frédérique Hébert-Dolbec Anne-Maud Jan Viau
Scoring	Robert Laflèche, Jean Gauthier Guillermo Fernandez
Decor	Francine Bouffard and Yvon Beaulieu
Runners	Elyse Graveline-Petrin
Booth	Maryse Daneau
Music	Gabrielle Marleau, Catherine Parent-Otis, Marie-Pier Campeau, Lory Jing Robert
Minor officials	Catherine Sabourin Johanne Soucy
Protocole	Emilie Baillargeon and Stéphanie Wright
Flags' entrance	Malika Ben Mohammed
Delegations	Rachel Gauthier
Security	Claude Quenneville and Rachid Lakhel
Show	Francine Bouffard
Volunteers	Maryse Allard, Amanda De Ciccio
Announcers	Stéphane Verdier



Peter Nicol

President & CEO



On behalf of Gymnastics Canada, welcome to the 24th edition of L'International Gymnix. Year after year, it is with great pride that we welcome the best gymnasts in the world to Montreal.

L'International Gymnix is also a unique opportunity for our athletes to compete against the world's elite in front of their fans.

We would like to take this opportunity to thank the organizing committee and their volunteers who worked tirelessly to develop this prestigious event and wish the best of luck to all gymnasts.

We hope you enjoy watching the performances during this international celebration of Gymnastics.

Enjoy the show!

A handwritten signature in black ink, appearing to read "Peter Nicol".

Peter Nicol
President & CEO
Gymnastics Canada Gymnastique

Canada



Gymnova



Serge Sabourin

Président FGQ

Quel bonheur pour Montréal que d'accueillir de nouveau l'élite mondiale dans le cadre d'une compétition possédant un historique aussi riche que celui de L'International Gymnix! En effet, depuis plus de deux décennies, nombre de jeunes gymnastes en route vers les plus hauts sommets ont fait escale au Québec pour éblouir les foules et inspirer notre relève.

Alors que la métropole attend fébrilement la confirmation de la Fédération internationale de gymnastique (FIG) pour la tenue des Championnats du monde de gymnastique artistique 2017, L'International Gymnix offre un aperçu de la qualité des événements sportifs que le Québec peut organiser. Il va sans dire, la passion des administrateurs, gestionnaires et bénévoles québécois est capable de grandes choses!

À tous les athlètes et entraîneurs participants, nous souhaitons d'excellentes compétitions. Aux spectateurs, nous vous invitons à ne pas ménager vos applaudissements : les gymnastes le méritent amplement!

En terminant, il est impératif de souligner le travail exceptionnel accompli par les membres du comité organisateur et la formidable équipe de bénévoles qui ont parfois écourté leurs nuits pour vous livrer une fin de semaine haute en couleur et des compétitions mémorables. Sans plus tarder, place à L'International Gymnix 2015!

A handwritten signature in blue ink that reads "Serge Sabourin".

Serge Sabourin
Président FGQ





Ministre d'État (Sports)



Minister of State (Sport)

Ottawa, Canada K1A 0M5

L'honorable Bal Gosal

Minister of State (Sports)

Welcome to International Gymnix 2015.

As we celebrate the Year of Sport in Canada, Montréal once again has the honour of welcoming some of the best gymnasts from across the country and around the world to Canada's largest gymnastics competition. The young women taking part have come to showcase the athleticism and grace that make this sport so unique.

I offer my best wishes to all the gymnasts taking part. We are extremely proud of the achievements of our Canadians athletes and welcome the opportunity to see them compete here at home.

As Minister of State (Sport), I would like to thank the organizers, sponsors, volunteers, and everyone who has worked hard to make this event a success.

L'honorable Bal Gosal
Minister of State (Sports)

Canada





The history of L'International Gymnix

L'INTERNATIONAL GYMNIX women's artistic gymnastics competition exists since 1991. This unique event in Canada groups together the Canadian and world's elite in a festive atmosphere which combines performance and friendship. As one of the rare international competitions that offer apparatus raised on podium, this event is sought after by Canadian gymnasts. In 1995, the CLASSIQUE GYMNIX was created to welcome athletes from the provincial and national categories.

We are very proud to mention the names of a few world renowned gymnasts who have competed in previous editions of L'International Gymnix, notably the 1996 Olympic all-around champion Lilia Podkopayeva and team champion Dominique Dawes, the all-around 2004 champion Carly Patterson, the 2007 world champion, Shawn Johnson, the 2011 world champion and Olympic team champion, Jordyn Wieber, and the 2010 world champion and 2012 Olympic bars champion, Aliya Mustafina.

In 2009 and 2010 male and female gymnasts from the World Cup circuit made a stop in Montreal for the first time since the 1985 World Championships. The Montreal audience marveled at the athletes' performances throughout these two unique events in North America.

Since 1991, gymnasts from all continents have filled the podium of L'INTERNATIONAL GYMNIX coming from Australia, Japan, Israel, France, Belgium, Spain, Switzerland, England, Austria, Russia, Ukraine, Byelorussia, Uzbekistan, Brazil, Argentina, Mexico, Colombia, Peru, Finland, Jamaica and the United-States.





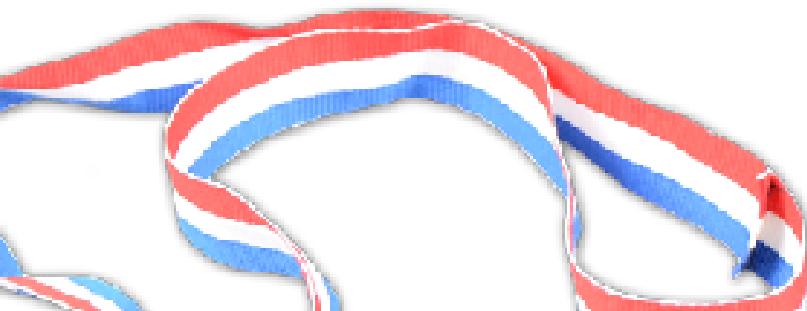
2014 l'International Gymnix winners

JUNIOR

	VAULT	BARS	BEAM	FLOOR	TOTAL	TEAM
●	Olsen, Shallon CAN	Skrypnik, Daria RUS	Woo, Rose-Kaying CAN	Woo, Rose-Kaying CAN	Woo, Rose-Kaying CAN	RUSSIE
○	Skrypnik, Daria RUS	Melnikova, Angelina RUS	Ilyankova, Anastasia RUS	Olsen, Shallon CAN	Melnikova, Angelina RUS	CANADA
■	Ilyankova, Anastasia RUS	Woo, Rose-Kaying CAN	Orzu, Stefania Maria ROU	Melnikova, Angelina RUS	Olsen, Shallon CAN	ITALIE

CHALLENGE

	VAULT	BARS	BEAM	FLOOR	TOTAL
●	Cyrenne, Hélody CAN	Onyshko, Isabel CAN	Mys, Gaelle BEL	Black, Ellie CAN	Black, Ellie CAN
○	Denommée, Laurie CAN	Verschueren, Lisa BEL	McLellan, Madeline CAN	Merkle, Stefanie CAN	Yu, Aleeza CAN
■	Peterman, Kirsten CAN	Black, Ellie CAN	Black, Ellie CAN	Yu, Aleeza CAN	Merkle, Stefanie CAN



Megan Philips

Haute-performance Junior
Élite Canada 2015, 5th Junior.
Championne Québécoise Novice, 2013





Myrelle Morin

Haute-Performance Novice
Élite Canada 2015, 17th Novice
Jeux du Québec 2015, 4th du volet excellence



Zoé Allaire-Bourgie

Haute-Performance Novice
Élite Canada 2015, 6th Novice et 3rd Beam
Championne Québécoise Pré-Novice Élite 2015



« The wings » fundraising campaign

Since January 2014, Gymnix organized a support campaign to help its competitive gymnasts to reach their full potential. «The wings» program allows sponsors and donators to have a direct impact on Gymnix elite gymnasts' careers. All funds collected aim to carry out development projects such as training camps and competitions.

Each gymnast has her wings...

« The wings help me to go higher, stronger, faster, further. They support and comfort me through the toughest moments. The wings take me closer to my dream everyday... They are magical ».

You can also contribute to the fulfillment of their dream by becoming a sponsor or a donator to the program.

Contact us at comitedefinancement@gymnix.ca



Bienvenue à Montréal!

Bienvenue à l'International Gymnix!

C'est avec fierté que Montréal accueillera en 2017 les **47^e championnats du monde de gymnastique artistique**. Joignez-vous à ce grand évènement sportif qui aura lieu pendant les festivités du 375^e anniversaire de Montréal.

Pour découvrir les activités incontournables à faire à Montréal, visitez le vivezmtl.com

SUIVEZ-NOUS



#MTLMOMENTS

à la
Montréal



Description of competition levels

LEVEL	CATEGORY	# DAYS	LOCATION
LA CLASSIQUE GYMNIX	PROVINCIAL P2, P3, P4, P5	1	Double Gymnasium & Podium
	NATIONAL Pré-novice, Novice, Senior	1	Double Gymnasium & Podium
GYMNIX CHALLENGE	JUNIOR & SENIOR	2	Podium
JUNIOR CUP	JUNIOR	2	Podium

CLASSIQUE GYMNIX

The provincial stream athletes will compete in La Classique Gymnix and will have a unique opportunity to compete against gymnasts from other provinces and a few countries. The Canadian Provincial Program (CPP) rules will be in effect.

JUNIOR CUP

The Junior Cup event is to provide an international experience to young promising gymnasts from different countries in order to prepare them for future major competitions. On day 1, a team event combined with the All-Around competition will take place. The top eight athletes on each apparatus will qualify for the finals on day 2.

QUALIFICATIONS :

- FIG competitions I rules will be applied
- The three best teams will be awarded
- The top 3 gymnasts in the all-around will be awarded (no maximum per country)

FINALS :

- FIG competitions I rules will be applied
- The top eight gymnasts per apparatus will qualify for the finals
- A maximum of 2 gymnast per team per apparatus
- The top 3 gymnasts per apparatus will be awarded

GYMNIX CHALLENGE

The Gymnix Challenge welcomes junior and senior elite gymnasts. The athletes competing are foreign and Canadian gymnasts, members of their national team or representing their club. The competition will be held on two days, with the apparatus qualifications and the All-Around competition on day 1, and apparatus finals with the top eight gymnasts on day 2.

QUALIFICATIONS :

- FIG competitions I rules will be applied
- The top 3 gymnasts in the all-around will be awarded (no maximum per country)

FINALS :

- FIG competitions III rules will be applied
- Eight gymnasts per apparatus will qualify for the finals (top 6 per apparatus + 2 athletes at the discretion of the organizing committee)
- The top 3 gymnasts per apparatus will be awarded



CAFÉ GO MENU (SNACKS)

BREAKFAST

Muffins Variety

Strudels Variety

SANDWICH

- Eggs snack
- Ham snack
- Chicken snack
- Chicken sandwich
- Ham sandwich
- Eggs sandwich
- Ham and swiss cheese pita

- Tuna pita
- Pizza pita
- Cesar large pita
- Black Forest ham large pita
- Smoked turkey large Pita
- Italian submarine (cold meat assorted)

CITY SNACKS (dry fruits)

Variety

CHIPS

3 varieties

CHOCOLATE

3 varieties

COOKIES

3 varieties

BEVERAGES

Dasani water	Nestea Cool (Ice tea)
Orange juice	Sprite
Apple juice	Coke Zéro
Coke	Cofee
Coke Diète	





NE MANQUEZ PAS les présentations
de nos finissants durant la compétition !

DON'T MISS the presentations of our
graduating students during the competition!

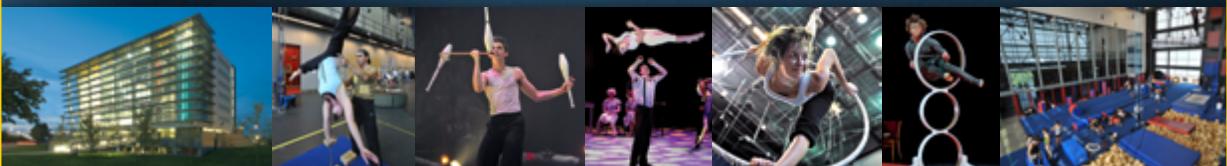
Devenir artiste de cirque

Become a circus artist



> Cirque-études secondaires (DES) / Service d'hébergement en résidence
Circus and High School Studies / On-campus Residences

> Diplôme d'études collégiales en arts du cirque (DEC)
Diplôme of Collegial Studies in Circus Arts



CAMP D'ÉTÉ INTENSIF / Option sélection pour Cirque-études secondaires – Inscription avant le 15 mars 2015

INTENSIVE SUMMER CAMP / Selection Option for the Circus and High School Studies – Register before March 15, 2015

Photos : Alex Legault et Roland Lortie

Tournée nationale de présélection, une occasion de faire évaluer ton potentiel près de chez toi !

This fall our pre-selection tour will visit your area!

www.ecolenationaledecirque.ca



Natrel

LE LAIT OFFICIEL DE L'ÉCOLE NATIONALE DE CIRQUE

Culture
et Communications
Québec





Competition Schedule

GYM A (Podium Gymnasium)

THURSDAY MARCH 5

18 H 20	P5 NOVICE & P5 OPEN

FRIDAY MARCH 6

9 H 00	PRE-NOVICE ELITE
13 H 15	NATIONAL NOVICE
18 H 45	GYMNIX CHALLENGE

SATURDAY MARCH 7

8 H 50	NATIONAL NOVICE
13 H 00	NATIONAL OPEN
18 H 15	JUNIOR CUP
20 H 55	NATIONAL CIRCUS SCHOOL SHOW

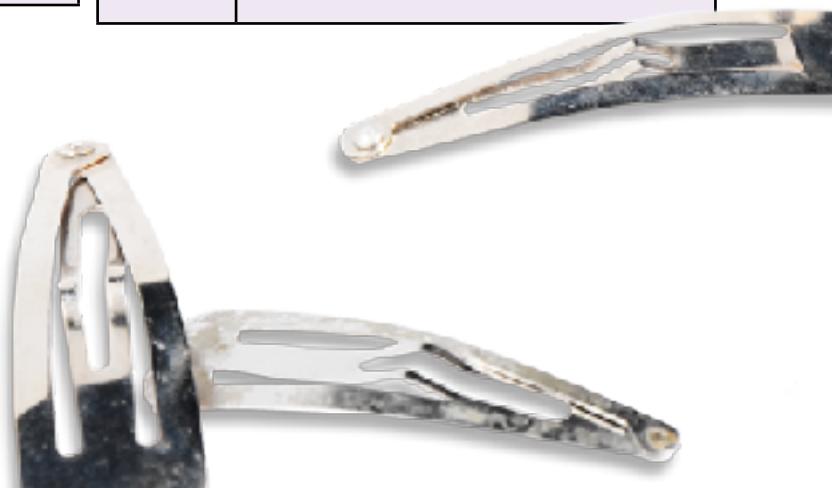
GYM B (Double Gymnasium)

8 H 25	P2 ARGO & P3 ARGO
9 H 50	P2 ARGO
12 H 10	PRE-NOVICE ASPIRE
15 H 15	PRE-NOVICE ASPIRE

SUNDAY MARCH 8

10 H 05	NATIONAL OPEN
14 H 45	EVENT FINALS
17 H 25	NATIONAL CIRCUS SCHOOL SHOW

9 H 05	P2 TYRO
11 H 30	P3 TYRO





Doran



SOUTENONS NOS GYMNASTES QUÉBÉCOISES
PEU IMPORTE LEUR GLOIRE, ELLES MÉRITENT
TOUTE NOTRE ATTENTION.

Des bourses seront remises lors de l'International Gymnix.

Caisse Desjardins Cité-du-Nord de Montréal
7915, boul. Saint-Laurent, Montréal (Québec) H2R 1X2
514 382-6096

Caisse Desjardins d'Ahuntsic
1050, rue Fleury Est, Montréal (Québec) H2C 1P7
514 388-3434

Caisse populaire Desjardins du Sault-au-Récollet
2612, boul. Henri-Bourassa Est, Montréal (Québec) H2B 1V6
514 382-2742



Athletes's profile (Junior Cup)

Olsen Shallon

 CANADA



Birth place: **Surrey, CAN**
 Year of birth: **2000**
 Club: **Omega Gymnastics Academy**
 Coach: **Vladimir Lashin,
Svetlana Lashina**

BEST PERFORMANCES

- 2015 - Canada Games - **3rd Team, 2nd All Around, 2nd Vault, 3rd Bars, 4th Beam, 2nd Floor**
- 2015 - Elite Canada - **Sénior - 6th All Around, 1st Vault, 3rd Floor**
- 2014 - Canadian Championship - **1st All Around, 1st Vault, 4th Bars, 5th Beam, 1st Floor**



Padurariu Ana

 CANADA



Birth place: **Oshawa, CAN**
 Year of birth: **2002**
 Club: **Gemini**
 Coach: **Elena Davydova
Valery Yahchybekov**

- 2015 - Elite Canada - **Senior - 1st All Around, 4th Bars, 2nd Beam**
- 2014 - Canadian Championship - **1st All Around, 3rd Vault, 1st Bars, 4th Beam, 1st Floor**
- 2015 - Elite Canada 2014 - **Senior - 1st All Around, 4th Bars, 2nd Beam**

Roberts Megan

 CANADA



Birth place: **Toronto, CAN**
 Year of birth: **2000**
 Club: **East York Gymnastics Club**
 Coach: **Lisa Cowan,
Lawson Hamer**

- 2015 - Canada Games - **2nd Team, 3rd All Around, 1st Vault, 2nd Beam, 1st Floor**
- 2015 - Elite Canada - **1st All Around, 1st Vault, 1st Bars, 3rd Beam, 1st Floor**
- 2014 - Canadian Championship - **2nd All Around, 1st Vault, 4th Bars, 5th Beam, 1st Floor**

Woo Rose-Kaying

 CANADA



Hometown: **La Prairie, CAN**
 Year of birth: **2000**
 Club: **Gym Richelieu**
 Coach: **Michel Charron,
Marie-Josée Laperrière**

- 2015 - Canada Games - **1st Team, 1st All Around, 3rd Vault, 2nd Bars, 1st Beam**
- 2015 - Elite Canada - **Senior - 1st All Around, 4th Bars, 2nd Beam**
- 2014 - Canadian Championship - **1st All Around, 3rd Vault, 1st Bars, 4th Beam, 1st Floor**

Chrobok Hannah Jade

 CANADA

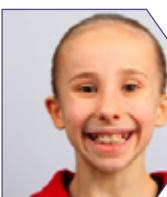


Hometown: **Toronto, CAN**
 Year of birth: **2001**
 Club: **Gemini Gymnastics**
 Coach: **Elena Davydova Valery
Yahchybekov**

- 2015 - Elite Canada - **2nd All Around, 3rd Vault, 6th Bars, 1st Beam**
- 2014 - Canadian Championship - **Novice - 2nd All Around, 1st Vault, 2nd Bars, 2nd Floor**
- 2014 - L'International Gymnix - **Challenge (Montréal, CAN) - 14th All Around, 5th Floor**

de Jong Haley

 CANADA



Hometown: **Port Coquitlam, CAN**
 Year of birth: **2001**
 Club: **Flicka Gymnastics**
 Coach: **Dorina Stan**

- 2015 - Canada Games - **3rd Team, 8th Bars**
- 2015 - Elite Canada - **7th All Around, 5th Beam, 2nd Floor**
- 2014 - Canadian Championship - **Novice - 6th All Around, 2nd Beam, 6th Floor**

Athletes's profile (Junior Cup)

**Jurca
Victoria
Georgiana**
CANADA




Hometown: **Châteauguay, CAN**
Year of birth: **2002**
Club: **Gym-Fly**
Coach: **Jacinthe Émard**

BEST PERFORMANCES

- 2015 - Elite Canada - Novice - **2nd All Around, 4th Vault, 1st Bars, 5th Beam, 2nd Floor**
- 2014 - Coupe Avenir (BEL) - **3rd All Around, 2nd Vault, 6th Beam, 1st Floor**
- 2014 - Elite Gym Massilia - Tournoi des Cigales (FRA) - **2nd All Around**



**Pouliot
Enya**

CANADA




Hometown: **Bedford, CAN**
Year of birth: **2002**
Club: **Taiso Gymnastics Centre**
Coach: **Shawn Healey
Patti Healey**

- 2015 - Elite Canada Day 1 - **3rd All Around, 5th Vault, 3rd Bars, 4th Beam, 3rd Floor**
- 2014 - Coupe Avenir (BEL) - **3rd Bars**
- 2014 - Canadian Championship - Novice - **4th All Around, 3rd Beam, 3rd Floor**

**Berardinelli
Sara**

ITALY




Hometown: **Roma, ITA**
Year of birth: **2001**
Club : **Adesso Sport**
Coach: **Mauro Di Rienzo et Chiara Ferrazzi**

- 2014 - Italian Championship Junior - **2nd All Around**

**Colombo
Clara**

ITALY




Year of birth: **2000**
Club: **Juventus Nova Melzo**
Coach: **Lara Battaglia and Paolo Vailati**

- 2014 - ITA/MEX/FRA - **1st Team All Around, 12nd All Around**
- 2014 - Italian Championship Junior - **1st All Around**

**Linari
Francesca
Noemi**

ITALY




Hometown: **Scandiano, ITA**
Year of birth: **2001**
Club: **Brixia**
Coach: **Enrico Casella and Marco Campodonico**

- 2014 - Italian Championship Junior - **1st All Around, 1st Bars, 1st Floor, 2nd Beam**

**Redemagni
Michela**

ITALY




Hometown: **Savona, ITA**
Year of birth: **2000**
Club: **Fratellanza Ginnastica Savonese**
Coach: **Mario Sbaiz and Elisa Barile**

Athletes's profile (Junior Cup)

Gorbatova Viktoriia

 RUSSIA



Hometown: **Yaroslavl, RUS**
Year of birth: **2002**
Coach: **Irina Kolobova**

BEST PERFORMANCES

- 2014 - (Slovenie) - **2nd All Around**
- 2014 - Russian Championships - **3rd All Around, 3rd Vault, 2nd Floor**



Ilianкова Anastasiia

 RUSSIA



Hometown: **Lenink Kuznetskiy**
Year of birth: **2001**
Coach: **Sergey Kiselev, Natalia Kiseleva, Nadezhda Oskina**

- 2014 - Mikhail Voroni Cup (RUS) - **1st All Around**
- 2014 - Russian Championships - **1st All Around**

Kapitonova Natalia

 RUSSIA



Hometown: **Penza, RUS**
Year of birth: **2000**
Coach: **Svetlana Kalmykova**

- 2014 - France - **1st All Around, 1st Bars, 2nd Floor**
- 2014 - Mikhail Voroni Cup (RUS) - **1st Bars**
- 2014 - Russian Championships - **2nd All Around, 2nd Bars, 1st Floor**

Simakova Angelina

 RUSSIA



Hometown: **Yaroslavl, RUS**
Year of birth: **2002**
Coach: **Irina Kolobova**

- 2014 - Slovenia - **1st All Around**
- 2014 - Russian Championships - **1st All Around, 1st Vault, 1st Bars**

Meier Leonie

 SWISS



Year of birth: **2002**
Club: **TV-Lenzburg Niederlenz**
Coach: **Renato, Viktorija Gojkovic, Nicolas Gitteau**

- 2014 - Gymnova Cup - **1st All Around**
- 2014 - Swiss championships - **2nd All Around**

Studer Fabienne

 SWISS



Hometown: **Thun, SUI**
Year of birth: **2001**
Club: **Gym Beo**
Coach: **Nicolas Gitteau et Natalia Mikhailova**

- 2014 - Tournoi International Combs-La Ville (FRA) - **4th All Around**
- 2013 - Swiss championships - **4th All Around**

Athletes's profile (Junior Cup)

**Wildi
Anina Isabel**



SWISS



Year of birth: **2002**

Club: **RLZ Niederlenz**

Coach: **Viktorija Gojkovic, Nicolas Gitteau**

BEST PERFORMANCES

- 2014 - Tournoi de Combs-la-Ville (FRA) - **1st Team, 4th All Around, 3rd Floor**
- 2014 - Gymnova Cup (FRA) - **2nd All Around, 1st Vault, 2nd Bars, 2nd Floor**
- 2014 - Swiss championships - **2nd All Around**



Athletes's profile (Challenge Gymnix)

 **Woo Victoria-Kayen**
CANADA



Hometown: **Brossard**
Year of birth: **1997**
Club: **Gym-Richelieu**
Coach: **Michel Charron and Marie-Josée Laperrière**

BEST PERFORMANCES

- 2015 - Elite-Canada - **6th Bars**
- 2014 - Worlds (CHN) - **12th Team**
- 2014 - Senior Panamerican Champ. (CAN) - **5th Team**
- 2014 - Commonwealth Games (GBR) - **4th Team**



 **Rousseau Audrey**



Hometown: **La Prairie**
Year of birth: **1999**
Club: **Equilibrix**
Coach: **Dany Gilbert and Galina Larchina**

- 2015 - Canada Games - **1st Team, 5th All Around, 1st Bars, 5th Beam, 7th Floor**
- 2015 - Elite-Canada - **3rd All Around, 3rd Bars, 5th Floor**
- 2014 - International Legends (Los Angeles, USA) - **1st All Around, 1st Bars, 2nd Beam, 2nd Vault, 3rd Floor**

 **Flooroski Sydney**
CANADA



Hometown: **Calgary, CAN**
Year of birth: **1998**
Club: **Calgary Gymnastics Centre**
Coach: **Janna Ball and David Kenwright**

- 2015 - Elite-Canada - **7th All Around, 6th Beam, 2nd Floor**
- 2014 - Coupe Avenir (BEL) - **3rd Team, 1st All Around, 1st Vault, 2nd Bars, 4th Beam, 2nd Floor**
- 2014 - Canadian Championship (Gatineau, CAN) - **6th All Around**

 **Douglas Ella**
CANADA



Hometown: **Georgetown, CAN**
Year of birth: **1996**
Club: **East York Gymnastics**
Coach: **Lisa Cowan and Lawson Hamerr**

- 2014 - Canadian Championships - **7th Beam, 6th Floor**
- 2013 - Senior Panamerican Champ. (PUR) - **8th Beam**
- 2013 - Canadian Championships - **2nd Beam, 1st Floor**

 **Gill Sabrina**
CANADA



Hometown: **Oakville, CAN**
Year of birth: **1996**
Club: **Manjak's Gymnastics**
Coach: **Kelly Manjak**

- 2015 - Elite-Canada - **1st Bars**
- 2013 - Elite Gym Massilia - **2nd Team, 5th Bars, 4th Beam**
- 2013 - World Cup (FRA) - **4th Bars**

 **Ruttan Meaghan**
CANADA



Hometown: **Calgary, CAN**
Year of birth: **2000**
Club: **Calgary Gymnastics Centre**
Coach: **Janna Ball et David Kenwright**

- 2015 - Canada Games - **4th Team, 9th All Around, 5th Bars, 3rd Beam, 4th Floor**
- 2015 - Elite-Canada - **Junior - 3rd All Around, 5th Vault, 7th Bars, 4th pouter, 3rd Floor**
- 2014 - Top Gym (BEL) - **13rd All Around**

Athletes's profile (Challenge Gymnix)

Townsend Sydney

 CANADA



Hometown: **Conestogo, CAN**

Year of birth: **1999**

Club: **Revolution Gymnastics**

Coach: **Aaron Brokenshire et
Angela Brokenshire**

BEST PERFORMANCES

- 2015 - Elite-Canada - **4th All Around, 7th Bars, 7th Floor**
- 2014 - Youth Olympic Games - **12nd All Around**
- 2014 - Canadian Championship (Gatineau, CAN) - **4th All Around, 7th Vault, 5th Bars, 3rd Beam, 6th Floor**



Onyshko Isabela

 CANADA



Hometown: **Minnedosa, CAN**

Year of birth: **1998**

Club: **Brandon Eagles**

Coach: **Lorie Henderson et Joe
Stouffer**

- 2015 - Elite-Canada - **2nd All Around, 3rd Beam, 3rd Floor**
- 2014 - Worlds (CHN) - **12nd Team**
- 2014 - Commonwealth Games (GBR) - **4th Team, 7th All Around, 7th Beam**

Peterman Kirsten

 CANADA



Hometown: **Cambridge, CAN**

Year of birth: **1998**

Club: **Revolution Gymnastics**

Coach: **Aaron Brokenshire et
Angela Brokenshire**

- 2015 - Elite-Canada - **15th All Around**
- 2014 - Worlds (CHN) - **12nd Team**
- 2014 - Senior Panamerican Champ. (CAN) - **5th Team**
- 2014 - Canadiens Championship - **7th All Around, 3rd Vault, 2nd Beam, 7th Floor**

Laird Sydney

 CANADA



Hometown: **Kings Mountain, USA**

Year of birth: **1999**

Club: **Calgary Gymnastics Centre**

Coach: **Janna Ball et
David Kenwright**

- 2015 - Elite-Canada - **13rd All Around**
- 2014 - Top Gym (BEL) - **2nd All Around**
- 2014 - Canadian Championship (Gatineau, CAN) - **8th All Around, 7th Floor**

Stevenson Saga

 SWEDEN



Hometown: **Stockholm, SWE**

Year of birth: **1996**

Club: **Stockholm Top Gymnastics**

Coach: **Rosie Leiner et
Kakhi Shukakidze**

- 2013 - Championnats suédois - **3rd All Around**
- 2013 - Coupe Suédoise - **2nd All Around**

Nguyen Tienna

 USA



Hometown: **Texas, USA**

Year of birth: **2002**

Club: **Zenith Elite**

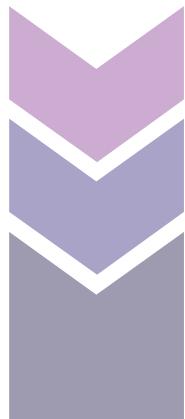
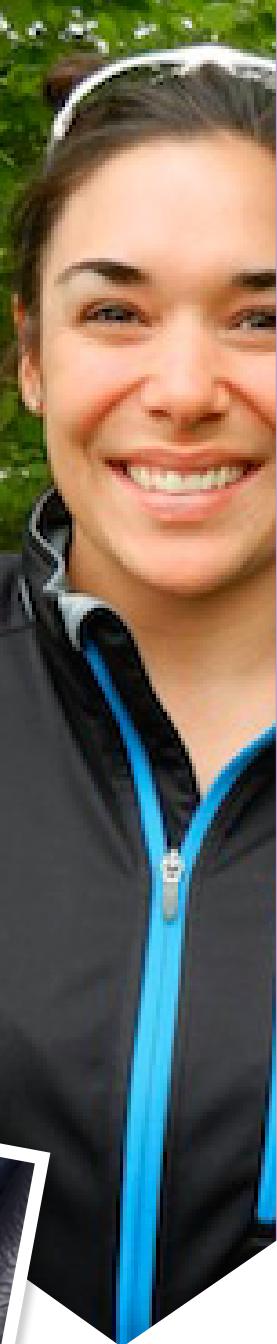
Coach: **Simona Iuga et Amber
Robinson**

- 2014 - State Championship, level 10, **10th All Around**
- 2014 - Aspire Team Qualified



The Perseverance of Melissa Corbo

Like most, Melissa Corbo began her gymnastics career at a very young age. In her case, in wanting to follow in the footsteps of her mother, Laura Huot, Club Gymnix gymnast in the 70's and Canada Games medalist in 1975, Melissa started gymnastics in Ste-Therese and eventually moved to Gymnix. A hard working and determined athlete, she attained the echelons of National and High Performance levels. 2007 was a year of her best performances at the Canada Games (2nd on uneven bars, 1st team) and the Canadian Championships (senior national level, 3rd on uneven bars, 3rd total, 3rd team).



At the end of 2007 she retired from gymnastics. Competitor at heart, she wanted to continue the life of a high level athlete. With immense pride she watched her friend and training partner, Nancy Damianova, reach the Olympics in 2008. Her desire to attain, herself, the highest summit in sports became even more intense. She therefore turned to acrobatic skiing, a natural progression for a gymnast. However, she had to perfect her skiing skills, something she did during the first three years.

Two serious knee injuries slowed down her progress on the ramps, but Melissa's tenacity and perseverance kept her motivated. Her year on the Nor-am circuit gave her a taste of an acrobatic career, and gave her the experience necessary to jump to the World Cup circuit that season. Strong character, excellent competitor, and blessed with a large capacity for concentration, Melissa surprised everyone by qualifying for the final in her first World Cup. During her third World Cup, she again surprised everyone by winning a bronze medal! This medal was the first medal for a woman in Canada since Veronica Bauer in 2008. We can say that Melissa made a grand entrance into the circuit, and used gymnastics as a trampoline toward the highest summits!



Gymnix Club

COMPETITIVE PROGRAMS

All of the competitive categories recognized by the Quebec gymnastics Federation are offered by our competitive program. To get into this program one must first audition for the Club-École. This is a pre-competitive program, for 4 to 9 years old girls, that trains them according to their corresponding orientation chosen by the coach, the parents and the child. After this stage, the gymnasts can move on to regional, provincial, national or international levels.

The girls are put into small groups and are taken care by their respective coach along with dance, physical preparation, sports psychology and nutrition specialists depending on their level of competition. To reach their goals, the gymnasts train between 4 to 30 hours a week and 40 to 49 weeks per year.

RECREATIONAL PROGRAMS

These programs offer recreational activities for kids aged 2 to 15 years old, 3 times a year: fall, winter and spring. During the summer, the club offers a gymnastics day camp.

The toddler and young children program

For the children aged 2 to 6, the activities are essentially centered on psychomotor development allowing children to develop and master basic skills:

Motor skills: to run, to crawl, to climb, to turn, to jump, to throw, to hop, to catch.

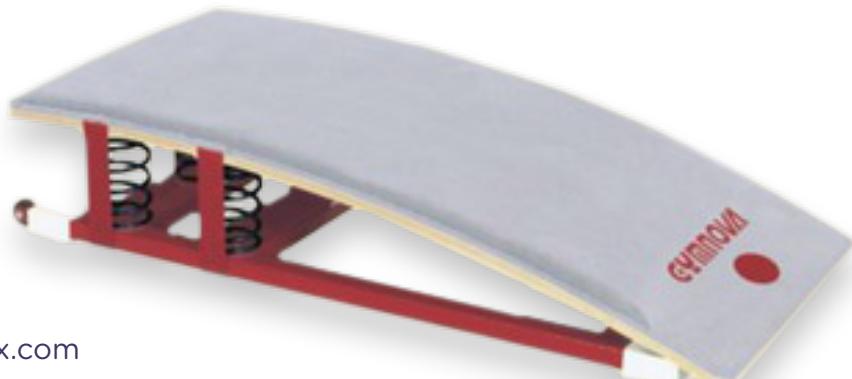
Perceptive-motor skills: coordination, agility, corporal perception, space perception, rythm.

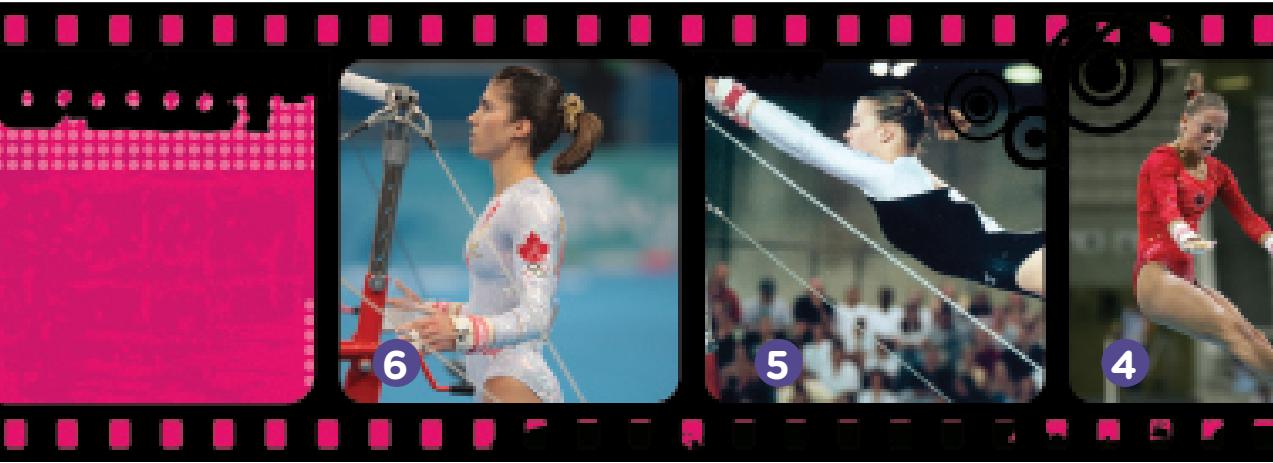
These abilities are developed by using a pedagogical method that maximizes the time of the activity and a diversity of experiences: the circuit.

Recreational program

For the children aged 6 to 15, the activities aim to teach the different gymnastic elements required on vault, uneven bars, balance beam, floor and trampoline. The children are grouped together according to their age and level and the classes are 2 hours a week.

- Other activities
- Adult activities : adult-gym
- Different birthday packages.
- School and day care programs.





Gymnix's Olympians

1 1988 - SÉOUL
CATHY GIANCASPRO
1985 World Championships
1987 World Championships

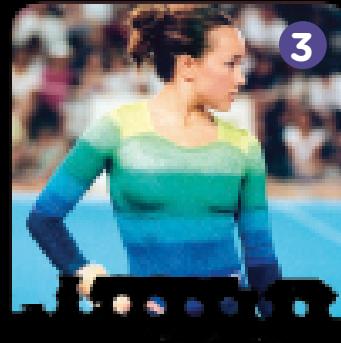
2 1992 - BARCELONE
MYLÈNE FLEURY
1991 Panamerican Games
1992 World Championships

3 2000 - SYDNEY
JULIE BEAULIEU
1999 Panamerican Games
1999 World Championships

4 2000 - SYDNEY
ÉMILIE FOURNIER
1998 Commonwealth Games
1999 Panamerican Games
1999 World Championships

5 2004 - ATHÈNES
AMÉLIE PLANTE
1999 World Championships
2001 World Championships
2002 World Championships
2003 World Championships

6 2008 - BEIJING
NANSY DAMIANOVA
2007 World Championships





Canada



Du terrain de jeu au podium

Au Canada, tous les paliers de gouvernement travaillent de concert avec les organismes sportifs afin de créer un milieu plus ouvert à tous qui favorise l'activité physique, la participation au sport, le succès de nos athlètes et la vie active.

L'appui offert aux athlètes les aide à acquérir des qualités comme la détermination, l'esprit d'équipe et le sens communautaire.

Nous sommes fiers d'appuyer nos athlètes dans leur quête d'excellence sportive, et ce, du terrain de jeu au podium.

sports.gc.ca

From Playground to Podium

In Canada, all levels of government work with sport organizations to create an inclusive sport system that promotes physical activity, sport participation, athlete success and active living.

Supporting our athletes helps them develop qualities like dedication, teamwork and community spirit.

We are proud to support all our athletes, from playground to podium, in their pursuit of sporting excellence.

sports.gc.ca





Gymnastique

**la
base du
sport**

Pour toutes les activités physiques et sportives

La gymnastique est reconnue par le Comité International olympique comme un sport de base parce qu'il joue un rôle important dans le développement des mouvements fondamentaux et des habiletés sportives. La participation à l'activité permet aux enfants de profiter d'un style de vie saine et active pendant toute leur vie. Certains de ces enfants deviendront des champions olympiques et des mentors qui inspireront les jeunes Canadiens à faire du sport. Ils seront tous équipés de capacités physiques, mentales, sociales et émotionnelles grâce au sport de la gymnastique.

Gymnastique Canada, les fédérations/associations provinciales/territoriales de gymnastique et les clubs de partout au Canada travaillent ensemble pour financer et offrir des programmes de gymnastique appropriés pour chaque phase du développement de l'athlète.

Comprenez les principes du
DÉVELOPPEMENT À LONG TERME DE L'ATHLÈTE (DLTA)
à chaque phase du développement de votre enfant.

Téléchargez votre copie du DLTA.
Visitez www.gymcan.org



GYM gymnastique
CANADA



Action Sport Physio

Médecine sportive



Comme avant!^{MD}

**PHYSIOTHÉRAPIE
THÉRAPIE DU SPORT
OSTÉOPATHIE
MASSOTHÉRAPIE
CONSULTATION MÉDICALE/ORTHOPÉDIQUE
COUVERTURE D'ÉVÉNEMENTS SPORTIFS**

**PHYSIOTHERAPY
ATHLETIC THERAPY
OSTEOPATHY
MASSAGE THERAPY
MEDICAL/ORTHOPEDIC CONSULTATIONS
EVENT COVERAGE**



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Urgence : (514) 249-1966

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Tél : (514) 624-2424
Urgence : (514) 298-5045

www.actionsportphysio.com



List of Participants

CLUB	NAME	CLUB	NAME
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NATIONAL NOVICE

Adrenaline	Perkins,Haylay	Gymnika	Walsh,Alison
AST	Deslauriers,Gabrielle	Gymnix	Patenaude,Xuân
Burlington	Tonkin,Alex	Gymnix	Allaire-Bourgie,Zoé
Burlington	Hendry,Abi	Gymnix	Morin,Myrelle
Capital City	Holmstrom,Elizabeth	Gym-Plus	Bergeron,Cassiopée
Capital City	Nguyen,Taelyn	Gym-Plus	Giard,Sara
Capital City	Nicholls,Sarah	Gymtastics	Van Der Merwe,Abigail
Capital City	Porter,Aryana	Gymtastics	Tardif,Kira
Capital City	Romanuk,Grace	Gymtastics	Undheim,Kristina
CGC	Topham,Bryn	Gymtastics	Collins,Tegan
CGC	Innes,Charlotte	Gymtastics	Meville,Heyley
CGC	Gorsline,Jaden	Gymtastics	Kaufmann,Evalyn
CGC	Mohorea,Maria	Laval Excellence	Choisy,Megan
Champions	Evans,Moira	Laval Excellence	Kokiw,Mégane
Dynamo	Tindale, Leah	Manjaks	Johnston,Kelly
Dynamo	Sim, Stephanie	Manjaks	Lozic,Katarina
Dynamo	Spence, Emma	Norfort	Inkster,Calle
East York	Wai,Kiera	Norfort	Simms,Rochelle
Elite Gymnastics MEX	Barbosa,Eugenia	Norfort	Boulton,Taylor
Elite Gymnastics MEX	Chavez,Ana Paula	Springers	Niessen,Taya
Elite Gymnastics MEX	Lazo,Gabriella	Springers	Galloway,Jordyn
Equilibrix	Laforest,Jade	Springers	O'Shea,Ailish
Equilibrix	Chaput-Gosselin,Chloé	Stampede City	Fairbairn,Montana
Equilibrix	Monat,Eloise	Stampede City	Atangana,Lea
Equilibrix	Pedicelli,Amanda	Stockholm Top SUE	Wrandahl,Cecilia
Futures	Moxam,Hope	Taiso	Langille,Jillian
Guelph Saultos	Urban,Sayge	Titans	Manuel,Jenna
Gym Fly	Foucault,Audrey	Tumblers	Chapman,Juliette
Gym Fly	St-Pierre,Mia	Tumblers	Rosales,Avery
Gym Saskatchewan	Walker,Emily	Unigym	Stevenson,Michaela
Gym Saskatchewan	Franklin,Sarah	Unigym	Shaver,Sophie



List of Participants

CLUB	NAME	CLUB	NAME
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NATIONAL NOVICE (SUITE)

Unigym	Lacerte,Megan
Unigym	Léonard,Valeska
Unigym	Cimon,Béatrice
Wimgym	Menard,Alexa
Wimgym	Van Alest,Lilianne

Wimgym	Zlobec,Eliana
Wimgym	McDevitt,Charlotte
Zenith - USA	Haigwood,Abigail
Zenith - USA	Stewart,Sarah

P2 ARGO

AST	Remarais,Coralie
AST	Ménard,Éloïse
AST	Perron,Jade
AST	Beaulne,Julie-Anne
AST	Ménard,Lauri-Ann
AST	Gauthier,Léa
AST	Ouellette,Victoria
CampiAgile	Brodeur,Jorane
CampiAgile	Fortin,Léarose
Corona	McKenzie,Paige
Equilibrix	Morin,Rafaelle
Gym Fly	Girard,Daphné
Gym Fly	Beaudry,Béatrice
Gym Fly	Lavoie,Amélie
Gym Fly	McGregor,Mya
Gymbly	Filali,Mayssa
Gymbly	Berdugo Palacio,Alejandra
Gym-Ibik	Shinder,Mackenzie
Gym-Ibik	Dion,Marie-Jeanne
Gym-Ibik	Tremellen,Gabrielle
Gym-Ibik	Barbieri,Romane
Gym-Ibik	St-Aubin,Florence
Gymini	Panneton,Olivia
Gymini	Bolduc,Kellyann
Gymini	Brabant,Gabrielle

Gymini	Vallée,Magalie
Gymnastics Giants	Marriott,Jaylin
Gymnastics Giants	Powell,Eriyana
Gymnitours	Bazinet-Pageau,Émilie
Gymnitours	Bazinet-Pageau,Sarah
Gymnitours	Charrette,Coralie
Gymnitours	Dupuis,Charlotte
Gymnitours	Hébert,Laurélie
Gymnitours	Rouleau,Mia
Gymnitours	barrette,Maïa
Gymnix	Bélanger,Laurie-Qing
Gymnix	Houle,Sandrine
Gymnix	Rolland,Marine
Gymnos - MEXIQUE	Garza,Cordelia
H.W. Regionettes	Rees,Sarah
Island Gymnastics	MacDougall,Ella
Island Gymnastics	Nichol,Ella
Island Gymnastics	Campbell,Maggie
Island Gymnastics	Mayne,Sophie
Laval Excellence	Bellizzi,Cloe
Laval Excellence	Angers,Ophelie
Laval Excellence	Williams,Maude
Laval Excellence	Cotnoir,Zoe
Laval Excellence	Labesse,Fannie
Laval Excellence	Fasulo,Savannah



List of Participants

CLUB	NAME	CLUB	NAME
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P2 ARGO (SUITE)

Laval Excellence	Beauvais,Victoria	Spruce Grove Aerials	Ziemmer,Hadley
Laval Excellence	Zich,Catherine	TAG	Wojcik,Jayda
Laval Excellence	Landri,Magali	TAG	Brown,Gabriella
Laval Excellence	Chaput,Louna	T-Dot Tumblers	Berridge,Gabriela
Les Reflexes	Déry,Clara	Tumblers	Varden,Meg
Les Reflexes	Commerie,Florence		

P2 NOVICE

Calgary stars	Opdahl,Anna-Karina	Gymnix	Goral,Isabelle
Calgary stars	Draeger,Alex	Gymnix	Rodoussakis,Alexandra
Calgary stars	Grise,Isabelle	H.W. Regionettes	McDonald,Abigail
Corona	Nizalik,Sophia	H.W. Regionettes	Dickson,Kyla
Corona	Scanlon,Sophia	H.W. Regionettes	DiMarcantonio,Michela
Gemini	Puhacz,Bridget	H.W. Regionettes	Scott,Alyssa
Gemini	Reid,Jessica	H.W. Regionettes	Bolic,Dusana
Gemini	Afante,Emma	H.W. Regionettes	Om,Kari
Gym-Ibik	Dominguez,Mia	Laval Excellence	Kanelopoulos,Georgia
Gym-Ibik	Boucher,Caroline	Manjaks	Treleaven,Deanndralee
Gym-Ibik	Monastesse,Anaïs	TAG	Hansen,Alyssa
Gymnitours	Charette,Cassandra	T-Dot Tumblers	Handiak,Alayna
Gymnitours	Gagnon,Raphaelle	T-Dot Tumblers	Konop,Margaret-Anne
Gymnitours	Wang,allie	T-Dot Tumblers	Wax,Sophie
Gymnitours	Monarque,Élodie	T-Dot Tumblers	Doorley,Sadhbh
Gymnitours	Paquette,Valérie		

P2 OPEN

Gadbois	Lemieux,Jadyn	Gymnastics Giants	Rai,Harleen
Gym Fly	Drapeau,Dominique	Gymnastics Giants	Bermeo,Tiffany
Gym-Ibik	Salois,Jacynthe	Gymnitours	Pudja,Alexandra
Gym-Ibik	Quirion,Sarah-Jade	Gymnitours	Delongchamps,Marie
Gym-Ibik	Dabaweh,Mariam	Gymnitours	Jones-Glick,Sophie
Gymnastics Giants	Ganter,Nicole	Gymnix	Lessard Montreuil,Maude

List of Participants

CLUB	NAME	CLUB	NAME
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P2 OPEN (SUITE)

Gymnix	Pascoa,Stella	H.W. Regionettes	Williams,Madison
Gymnix	Pham,Catherine	Laval Excellence	Bertrand,Audréanne
H.W. Regionettes	Paul,Rachel	TAG	Wojcik,Jessica

P2 TYRO

AST	Légaré,Léa	Gymnastics Giants	Walia,Mehek
AST	Dicarlo,Juliana	Gymnastics Giants	Vandervoort,Jillian
AST	Chevrier,Laurence	Gymnastics Giants	Hanstock,Makenna
AST	Dubasouf,Sandrine	Gymnastics Giants	Isaacs,Savanah
AST	Pinard,Emmanuelle	Gymnitours	Di Pietrantonio,Elizabeth
Calgary stars	Rusteberg,Lily	Gymnitours	Montminy,Anne
CampiAgile	Villeneuve,Léonie	Gymnitours	Bellemare-Roussel,Elianne
CampiAgile	Deschamps,Laurianne	Gymnix	Thibaudeau-Wright,Daphné
CampiAgile	Jean-Léger,Catherine	Gymnix	Emery,Lola
Corona	Gilmour,Audrey	Gymnix	Lewis,Alexandra
Corona	Wooton,Talia	Gymnix	Paré,Dahlia
Corona	Tarnocai,Robin	Gymnix	Sabelli,Alycia
Gemini	Miller,Emilie	Gymnix	Zinman,Tamara
Gemini	Thomas,Jordyn	Gymnix	Cloutier,Émilie C.
Gemini	Linscott-Wiltshire,Elisha	Gymnix	Cuillerier,Hannah
Gym Fly	Delisle,Angélyk	H.W. Regionettes	Hulev,Kayla
Gym Fly	Law,Jasmine	H.W. Regionettes	Vastano,Natalie
Gym Fly	Meloche,Mia	H.W. Regionettes	Milinkovic,Julianna
Gym-Ibik	Pagé,Juliette	H.W. Regionettes	Violante,Alexis
Gym-Ibik	Hajjar,Mackenzie	H.W. Regionettes	Floortes,Lindsey
Gym-Ibik	Yang,Grace	H.W. Regionettes	Ayles,Sydney
Gym-Ibik	Leblanc,Emma	Island Gymnastics	Gaudet,Katie
Gym-Ibik	Dominique-Pageau,Daphnée	Island Gymnastics	Christensen,Ida
Gymini	Panneton,Maxim	Island Gymnastics	Paquet,Anna
Gymini	Hyatt,Alicia	Island Gymnastics	Lawless,Hannah
Gymnastics Giants	Armata,Alexandra	Island Gymnastics	Rafuse,Lauren
Gymnastics Giants	Castano,Alissa	Island Gymnastics	MacDonald,Tate





List of Participants

CLUB	NAME	CLUB	NAME
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P2 TYRO (SUITE)

Laval Excellence	McNulty,Maeva	T-Dot Tumblers	Pimentel,Emma
Laval Excellence	Lachaine,Maggie	T-Dot Tumblers	Aghar,Bianca
Laval Excellence	Estinvil,Maria	T-Dot Tumblers	Ogiamien,Keliyah
Laval Excellence	Lussier,Jasmine	T-Dot Tumblers	Brubaker-Plitt,Ruby
Laval Excellence	Lopes,Julia	T-Dot Tumblers	O'brien,Emma
Laval Excellence	Rossi,Vanessa	T-Dot Tumblers	Lopes,Hanna
Les Reflexes	Gosselin,Maélie	Vancouver Phoenix	Chetner,Lola
Les Reflexes	Rousseau,Noémie	Vancouver Phoenix	Hathaway-Williams,Logan

P3 ARGO

AST	Depatie,Roselyne	Equilibrix	Légaré,Shelby
AST	Paquin,Juliette	Equilibrix	Parent,Bryana
AST	Forest,Marie-Lune	Equilibrix	Seye,Soukeyna
Champions	Knapp,Savannah	Global Gymnastics	Sihapanya,Lily
Champions	Franklin,Addisyn	Gym Fly	Dubuc,Maya
Equilibrix	Barbeau,Charlie-Ann	Gymbly	Denis-Lemay,Felix
Equilibrix	Baribeau,Amélie	Gymnos - MEXIQUE	Lopez,Esperanza
Equilibrix	Bessette, Emy	Laval Excellence	Grimard,Audrey
Equilibrix	Binette,Laurie	Vancouver Phoenix	Geraghty,Emily
Equilibrix	Ortega-Rose,Zyanya	Vancouver Phoenix	Keeley,Jessie

P3 NOVICE

AST	Lavoie,Sarah Michelle	Gadbois	Lasserre-Pellerin,Vanille
AST	Leblanc,Alex Sandrine	Gadbois	Perreault,Charlotte
CampiAgile	Gagné,Marie-Catherine	Gemini	Haughton,Sasha
CampiAgile	Bergeron,Cassandra	Gemini	Lambert,Brooke
CampiAgile	Charron,Pénélope	Gemini	Northey,Tyne
CampiAgile	Vallée,Justine	Gymbly	Filali,Salma
Corona	Hammond,Daria	Gymbly	Pede,Megan
Equilibrix	Marchand,Genevieve	Gymbly	Morand-Grondin,Dorothée
Equilibrix	Doherty,Jessica	Gym-Ibik	Le Morzellec,Aurélie
Gadbois	Grant,Maya	Gym-Ibik	Duteau,Sarah



List of Participants

CLUB	NAME	CLUB	NAME
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P3 NOVICE (SUITE)

Gymini	Ladouceur,Ariane	Les Reflexes	Dubois,Sénia
Gymnitours	Dugal,Alice	Manjaks	Little,Taylor
Gymnitours	Mitrasca,Mélany	Manjaks	Hawthorne,Sophie
Gymnix	Bentley,Shaylynn	Manjaks	Leschuk,Isabella
Gymnix	Dare-Cormier,Ashley	Manjaks	Marner,Zoe
Gymnix	Dupras,Ophélie	Manjaks	Ennis,Alexandra
Gymnix	Groszman,Lilly-Riva	Manjaks	Ferguson,Effie
H.W. Regionettes	Utman,Abigail	Manjaks	Wu,Alexandra
Island Gymnastics	Alexa,McClure	Manjaks	Maes,Eleri
Island Gymnastics	Christensen,Emma	T-Dot Tumblers	Nitti,Olivia
Island Gymnastics	Gallant,Bria	Vancouver Phoenix	Fletcher,Josephine
Laval Excellence	Voyer,Mariane		

P3 OPEN

Calgary stars	Mayert,Hailey	Gym-Ibik	Silano,Jade
Calgary stars	Wood,Eilidh	Gymini	Leboeuf,Alix
Calgary stars	Adamow-Boudreau,Sierra	Laval Excellence	Bleau,Katarina
Equilibrix	Lacasse,Janelie	Laval Excellence	Brochu,Charlotte
Gadbois	Folkerson,Morgan	TAG	May,Nikita
Gadbois	Gatien,Justine	Vancouver Phoenix	Pletcher,Ciara
Gemini	Richards-LaRose,Kimora		

P3 TYRO

AST	Marneau Croteau,Sarah	Gemini	Kowan,Isabella
CampiAgile	Carr,Anne-Lee	Global Gymnastics	Kerr,Maya
CampiAgile	Brunet,Josianne	Gym Fly	Dupont,Clara
CampiAgile	Fraser,Kelly	Gymbly	Tardif,Léa
Champions	Garside,Sasha	Gymbly	Caron,Ariane
Equilibrix	Peloquin,Camilia	Gymbly	Rousseau-Junquet,Fanny
Equilibrix	Bisson,Rose	Gymbly	Turriff,Katrynn
Gadbois	Hamel,Emma	Gym-Ibik	Gilbert,Gabrielle
Gemini	Godbout-Fowler,Alexandra	Gym-Ibik	Duteau,Chloé



List of Participants

CLUB	NAME	CLUB	NAME
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P3 TYRO (SUITE)

Gymini	Fortin,Marie-Laurence	Gymnos - MEXIQUE	De Luna,Melissa
Gymini	Bastien,Leanne	Laval Excellence	Mercier,Rebecca
Gymnitours	Goyette,Lianne	Manjaks	Kis,Mykala
Gymnitours	Sossoyan,Emma-Jane	Manjaks	Ferguson,Marnie
Gymnix	Fournier,Jeanne	Spruce Grove Aerials	McCalmon,Cassidy
Gymnix	Lucas,Romy	Spruce Grove Aerials	Fisher,Sarah
Gymnix	Pépin,Laurie-Jeanne	Spruce Grove Aerials	Watson, Emma
Gymnix	Petit-Frère,Bryana Megan	Tumblers	Turmelle,Alexandra
Gymnix	Rivera,Liana	Tumblers	Berube-Conway,Michelle-Rose
Gymnos - MEXIQUE	Ayala Leal,Monica	Vancouver Phoenix	Lucas,Ella

P4 ARGO

Zenith - USA	Black,Morgan	Zenith - USA	Barrier,Anna
Zenith - USA	Ingram,Jessie	Zenith - USA	Jones,Tulsa

P4 NOVICE

AST	Moisan,Émily	Gymbly	Frenette,Gabrielle
AST	Piché,Victoria	Gymini	Regaudie,Marie-Geneviève
AST	Jacques,Charlotte	Gymnix	Even,Marie
AST	Nguyen,Andréa	Gymnix	Gravel,Alyssa
AST	Perreault,Mathilde	Gymnix	Padulo,Samantha
Cobequid Spartans	Henderson,Jordyn	Gymnix	Williams,Keana
Corona	Sartzetakis,Christina	Gymnix	Delourmel,Maëlle
Elite Gymnastics MEX	Avila,Liliana Fernanda	Laval Excellence	Nareau,Kariane
Equilibrix	Batchelor,Brooke	Les Reflexes	Fiset,Maude
Futures	Bradford,Emma	Manjaks	Esdale,Georgia
Futures	Martin,Kylie	Manjaks	Cristiano,Sara
Futures	Tawfik,Natalie	Spruce Grove Aerials	Lovich,Emily
Gadbois	Vanier,Marine	Spruce Grove Aerials	Kleckner,Trinity
Gemini	Macdonald,Ashlyn	Stampede City	Olalia,Bea
Global Gymnastics	Miller,Erin	TAISO	Pothier,Jaylin
Global Gymnastics	Tardif,Keighlin	TAISO	Carrigan,Abby



List of Participants

CLUB	NAME	CLUB	NAME
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P4 NOVICE (SUITE)

Titans	Williams,Erica	Tumblers	Faig,Jordan
Titans	Lillies,Carly	Vancouver Phoenix	Takagi,Sara
Titans	Evans,Zoee	Zenith - USA	Brogan,Katie
Tumblers	Rana,Maya	Zenith - USA	Johnson,Madelyn
Tumblers	Cameron,Alexandra		

P4 OPEN

AST	Gouin,Florence	Gymnastics Giants	Nash ,T'Andre
CampiAgile	Leduc,Rachel	Spruce Grove Aerials	Kiezik,Alexandra
CampiAgile	Plourde,Coralie	Spruce Grove Aerials	Ranson,Ashley
Corona	Meech,Anna	Spruce Grove Aerials	Buchanan,Madelyn
Gadbois	Fournier-Sirois,Mathilde	Titans	Gray,Lauren
Gymbly	Blaquière,Amélie		

P4 TYRO

AST	Cimachowics,Élizabeth	Gym Fly	Vidal,Vanessa
AST	Richer,Emma	Gymbly	Girard,Coralie
Elite Gymnastics MEX	Chavez,Isabela	Gymnix	Beaulieu,Flavie
Elite Gymnastics MEX	De La Fuente,Cordelia	Laval Excellence	Menezes Thibault,Valérie
Equilibrix	Tardif,Ann-Krystel	Les Reflexes	Bullivant,Macayla
Equilibrix	Hamel, Sarah-Maud	Manjaks	Comazzolo,Victoria
Equilibrix	Chagnon,Charlotte	Revolution	Clarmo,Annie
Futures	Brown,Avery	Titans	Boutilier,Hannah
Futures	Lee,Kelsey	Titans	Roberts,Renee
Futures	Morcos,Georgina	Tunis - TUNISIE	Ichraf,Besbes
Global Gymnastics	Blanchard,Justine	Vancouver Phoenix	Hood,Olivia



List of Participants

CLUB	NAME	CLUB	NAME
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P5 NOVICE

BERMUDES	Francoeur,Anna	Gymnos - MEXIQUE	Garcia,Diana
Burlington	Geneau,Alexis	Gymtastics	Keegan,Olivia
Burlington	Kline,Alexandria	Les Reflexes	Gagnon,Laurie
CampiAgile	Fournier,Karine	Marian	Pierce,Alixandra
Champions	Britt,Madelaine	Marian	Wiebe,Rya
Futures	Au,Megan	Marian	Scott,Amanda
Futures	Au,Carly	Springers	Wakin,Jamie
Futures	Somerville,Dana	TAG	May,Celine
Futures	Tutty,Hayley	Vancouver Phoenix	Chan,Erika
Futures	Coussee,Lillee	Wimgym	Schroeder,Katelin
Gymnix	Leduc,Danaëve	Wimgym	Popov,Jordan
Gymnix	Lorange,Chloé	Wimgym	Toporowski,Megan

P5 OPEN

BERMUDES	Hofheins,Tabytha	Manjaks	Hocking,Madison
BERMUDES	Vincent,Gabby	Manjaks	Cathcart,Alexandra
BERMUDES	Wall,Danielle	Manjaks	Pilgrim,Vanessa
BERMUDES	Mason,Sydney	Manjaks	Straker,Madeline
BERMUDES	Dill,Zantae	Manjaks	LLoyd,Sydney
Burlington	Browning,Olivia	Manjaks	Charles,Nicole
Burlington	Saulnier,Danielle	Manjaks	Colussi-Pelaez,Elena
Corona	Vo,Jennifer	Manjaks	Rice,Meaghan
Equilibrix	Bazinet,Anica	Manjaks	Rojas,Grace
Equilibrix	Vadacchino,Olivia	Springers	Doyle,Cristina
Gadbois	Fournier-Sirois,Evelyne	Springers	Barsalou,Lydia
Gemini	Ho,Breanna	Spruce Grove Aerials	Darroch,Makenna
Gymtastics	Peters,Julianna	Tumblers	Paquin,Sophie
Gymtastics	Keegan,Amanda	Vancouver Phoenix	Posno,Claire
H.W. Regionettes	Bonomo,Alida	Vancouver Phoenix	Posno,Georgia



List of Participants

CLUB	NAME	CLUB	NAME
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P5 TYRO

Champions	Hamblin,Paulina	Global Gymnastics	Pisani,Jenna
Elite Gymnastics MEX	Bremer,Cordelia	Gymini	Goulet,Alexandra
Elite Gymnastics MEX	Villarreal,Emma	Gymnix	Gaudette,Yan Mei
Futures	Bryk,Vanessa	Vancouver Phoenix	Kao,Shinyi
Futures	Ellis,Skylar	Vancouver Phoenix	Yabut,Micah
Futures	Erdely,Rachel	Wimgym	De Montigny,Sara Madison
Gadbois	Yoshida,Saki	Wimgym	Scott,Sarah
Global Gymnastics	Dimkin,Lenee	Wimgym	Balan,Jessica

PRE-NOVICE ELITE

Bluewater	Riley,Rachael	Gymnix	Quach,Heidi
Bluewater	Richardson,Jovie	Gym-Plus	Zullo,Erika
Canmore Illusions	Tupper,Ivy	Gym-Richelieu	Boardman-L, Marie-Ange
Capital City	Romanik,Shae	Gymtastics	Gosselin,Allison
Futures	Mounsey,Lauren	Gymtastics	Mucz,Carlee
Futures	Robinson,Bree	Norfort	Inkster,Anna
Futures	Sartoretto,Jenna	Stampede City	Andrews,Megan
Futures	Niles,Jada	TAG	Turner,Sydney
Gym Saskatchewan	Walker,Amanda	TAISO	Carr-McEachern,Georgia
Gym Saskatchewan	Kraus,Nya	TAISO	Pellerine,Camryn
Gym-Ibik	Ducas,Laurianne	Unigym	Lalonde,Emmanuelle
Gymnacentre	Sévigny, Lori-Lune	Vancouver Phoenix	Jalandoon,Ella

PRE-NOVICE ASPIRE

Adrenaline	Redmond,Ashley	East York	Raposo,Clara
Bluewater	Skinn-Wai,Shea	Equilibrix	Landry,Jade
Bluewater	Tarboton,Hayley	Futures	Chronopoulos,Maria
Burlington	Bramwell,Hannah	Gymini	Cloutier,Jordane
CampiAgile	Carr,Chelsey May	Gymnacentre	Miron,Patricia
Capital City	Peatricia,Manahan	Gymnacentre	Poirier,Évelyne
East York	Bodaj, Bora	Gymnika	Fana,Marie-Lou
East York	Balfour,Justice	Gym-Plus	Grenier-Bernier,Maygan



List of Participants

CLUB	NAME	CLUB	NAME
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PRE-NOVICE ASPIRE (SUITE)

Gym-Plus	Clément,Méganre	Revolution	Popplewell,Katie
Gym-Plus	Simard-Drapeau,Mia	Stampede City	Ibrahim,Trinity
Gym-Plus	Charron,Mélodie	Stampede City	LaRocke,Kyra
Gym-Plus	McGrw,Camille	TAG	Buchmann,Hannah
Gym-Richelieu	Morin-Frappier, Daphnée	Tumblers	Nixon,Hannah
Gymtastics	Drewniak,Kiana	Unigym	Demacdonald,Maya
Gymtastics	Skipper,Diamond	Unigym	Sgarbossa,Frédérique
Norfert	Tarasenco,Veronica	Vancouver Phoenix	Cady,Simone
OGC	Ditommaso,Georgia	Vancouver Phoenix	Markovska,Stella
OGC	Louis-Jean,Chelsey	Vancouver Phoenix	Stewart,Georgia
OGC	Vecchio,Emma	Wimgym	Lee,Kristianna
Panthers	Adams,Ryleigh	Wimgym	Zlobec,Sevika
Panthers	Crerar,Jordyn	Wimgym	Faucher,Penelope
Quebec Performance	Porada,Daryna	Wimgym	Taylor,Sophie
Revolution	Zonneveld,Maya	Wimgym	Tutino,Stella

NATIONAL OPEN

Bluewater	Baker,Serena	Champions	Hanasyk,Kelly
Bluewater	Bladon,Amy	Champions	Pucci,Apollonia
Bluewater	McCormack,Lexi	Cobequid Spartans	Mccavour,Erin
Burlington	Temkov,Melissa	Djinn	Martel,Amaryllis
Burlington	Rooke,Piera	East York	Posidis-Kowalski,Sarah
Burlington	Didomizio,Alexis	Elite Gymnastics MEX	Guerra,Paulina
Can-Am	Gurski,Amanda	Equilibrix	Stanley,Stéfanie
Capital City	Fuller,Abigail	Equilibrix	St-Jules,Samantha
Capital City	Harrison,Chloe	Equilibrix	Auclair,Julie
Capital City	Sellin,Jordyn	Equilibrix	Chagnon,Mathilde
Capital City	Freedman,Ayrie	Flicka	Haghigat-Joo,Samantha
Capital City	Tonn,Raquel	Futures	Robinson,Mackenzie
CGC	Fonteyne,Gillian	Futures	Throndson,Alexzandra
CGC	Lister,Jaime	Gemini	Vedenin,Paulina
CGC	Gutsell-Vander M.,Holly	Guelph Saultos	Santiago,Kristina



List of Participants

CLUB	NAME	CLUB	NAME
NATIONAL OPEN (SUITE)			
Guelph Saultos	Skalskyte,Justina	Halifax Alta	MacInnis,Molly
Guelph Saultos	Reid,Megen	ILES CAIMANS	Lloyd,Morgan
Gym Saskatchewan	Gratias,Hayden	ILES CAIMANS	Rutty,Raegan
Gym Saskatchewan	Pedrick,Denelle	Kingswood	Nason,Maggie-Mae
Gym Saskatchewan	Franklin,Breanna	Kingswood	Shea,Kaitie
Gym Saskatchewan	Dimas,Mia	Laval Excellence	Vidal,Claudine
Gym Saskatchewan	Bradley,Kearcy	Laval Excellence	Djoboulian,Alexis
Gym Saskatchewan	Buchan,Kylie	Les Reflexes	Melançon,Coralie
Gym Saskatchewan	Murdock,Jenna	Manjaks	Bartoszek,Claudia
Gym Saskatchewan	Biever,Courtney	Manjaks	Ogburn,Sophia
Gymnacentre	Lavoie ,Noémie	Manjaks	Sterenberg,Kennedy
Gymnamic	Roberge,Jenny	Manjaks	Sugimura,Michelle
Gymnamic	Blom,Evelyne	Manjaks	Fischer,Alana
Gymnix	Lu,Ivy	Manjaks	Borges,Samantha
Gymnos - MEXIQUE	Lopez,Madai	Norfort	Welte,Shaela
Gymnos - MEXIQUE	Pirsh,Andrea	Norfort	Wiebe,Meagan
Gym-Plus	Ally, Justine	OGC	Baggio,Sofia
Gym-Plus	Lachance,Sarah-Maude	OGC	Smith,Meaghan
Gym-Plus	Chartrand,Frédérique	Quebec Performance	Gauthier,Sarah-Sophie
Gym-Plus	Seracino,Karyne	Quebec Performance	Gagné,Eve
Gym-Richelieu	Tremblay,Sarah	Springers	Oswald,Molly
Gym-Richelieu	Belley, Andréanne	Springers	Styles,Signey
Gymtastics	Sebelius,Carissa	Springers	Thomlinson,Maia
Gymtastics	Downey,Lianne	Spruce Grove Aerials	Romano,Paige
Gymtastics	Parker,Mackenzie	Stampede City	Holmes,Grace
Gym-TRM	Parent,Ariane	Stampede City	Tse,Victoria
Halifax Alta	Benjamin,Tehya	Stampede City	Hintz,Katie
Halifax Alta	Stewart,Tea	TAG	Chan,Taylor
Halifax Alta	Downey,Alexus	Titans	Dickson,Kyleisha
Halifax Alta	Erjavec,Genevieve	Tumblers	Poirier,Caroline
Halifax Alta	Leech,Niamh	Tumblers	Webster,Beth



Liste des participantes

CLUB	NAME	CLUB	NAME
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NATIONAL OPEN (SUITE)

Unigym	Gervais,Érika	Wimgym	Tomassini,Sabrina
Vancouver Phoenix	San Roman,Itzia	Wimgym	Ferron-McCaffrey,Madyson
Vancouver Phoenix	Lowe,Dina	Wimgym	Den nomee,Laurie
Vancouver Phoenix	Rubin-Saganis,Rachel	Wimgym	Marois,Sophie
Viagym	Gibert,Elly	Wimgym	Lebeau,Maude
Viagym	Dumont,Emilie	Wimgym	Diallutto-Perez,Amanda
Viagym	Fortier,Marie-Jeanne	Zenith - USA	Miller,Macie
Viagym	Bastien,Marjory	Zenith - USA	Zeng,Emily
Viagym	Palumbo,Monica		

JUNIOR CUP

CANADA 1	Olsen, Shallon	ITALY	Linari, Francesca Noemi
CANADA 1	Padurari, Ana	ITALY	Redemagni, Michela
CANADA 1	Roberts, Megane	RUSSIA	Gorbatova, Viktoriia
CANADA 1	Woo, Rose-Kaying	RUSSIA	Ilian kova, Anastasia
CANADA 2	Chrobok, Jade	RUSSIA	Kapitonova, Natalia
CANADA 2	DeJong, Haley	RUSSIA	Simakova, Angelina
CANADA 2	Jurca, Victoria	SWISS	Brogli, Théa
CANADA 2	Pouliot, Enya	SWISS	Meier, Leonie
ITALY	Berardinelli, Sara	SWISS	Schmid, Livia
ITALY	Colombo, Clara	SWISS	Wildi, Anina



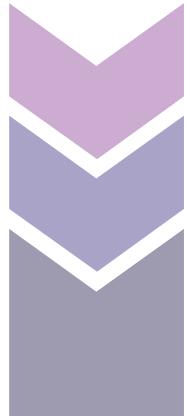
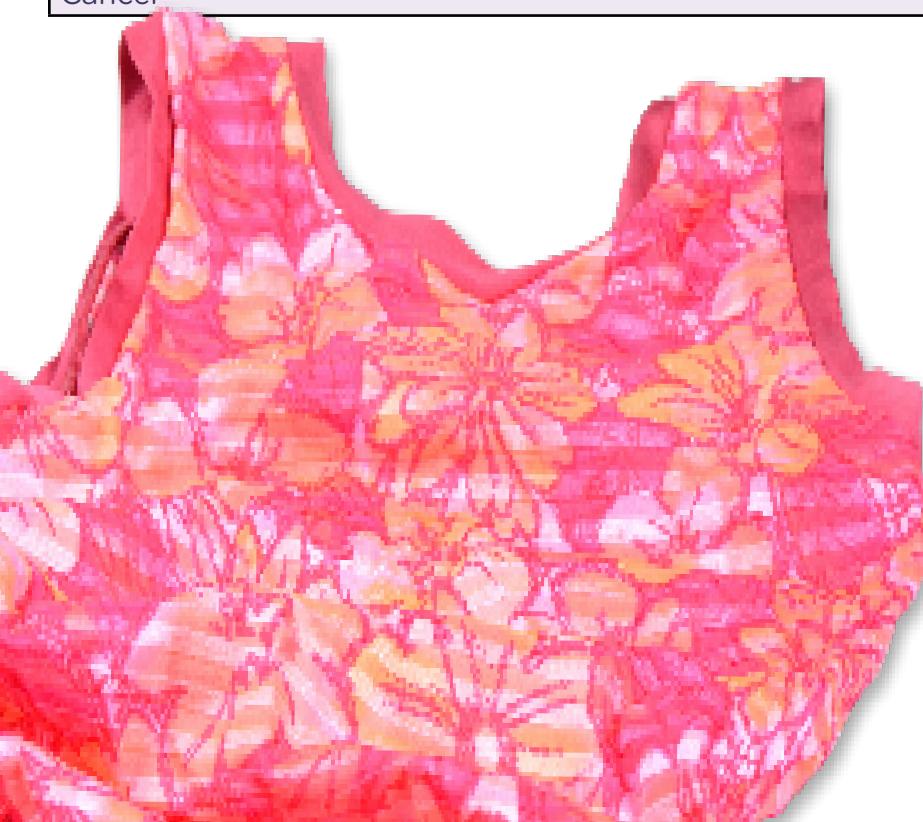
List of Participants

CLUB	NAME	CLUB	NAME
CHALLENGE			
Brandon Eagles CAN	Onyshko, Isabella	Revolution CAN	Townsend, Sydney
CGC CAN	Harder, Goldie	Gemini CAN	Semple, Meixi
CGC CAN	Laird, Sydney	Gym-Fly CAN	Vézina, Laurie-Lou
CGC CAN	Ruttan, Meaghan	Gymnix CAN	Phillips, Megan
CGC CAN	Flooroski, Sydney	Gym-Richelieu CAN	Cyrenne, Hélody
CGC CAN	Copiak, Madison	Gym-Richelieu CAN	Demers, Laurie-Ann
East York CAN	Douglas, Gabriella	Marian CAN	Wright, Charlie
Equilibrix CAN	Rousseau, Audrey	Rose City CAN	Chia, Lindsay
Equilibrix CAN	Fiorito-Laplante, Molly	Stockholm Top SWE	Svantesson, Saga
Gym-Richelieu CAN	Woo, Victoria-Kayen	SUISSE	Studer, Fabienne
Manjaks CAN	Gill, Sabrina	Wimgym CAN	Zlobec, Sonita
Revolution CAN	Peterman, Kirsten	Zenith Elite USA	Nguyen, Tienna



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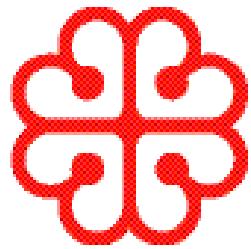
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