



CANADIAN DEVELOPMENT & HIGH PERFORMANCE STREAMS PROGRAM MANUAL 2026-2027

WOMEN'S ARTISTIC GYMNASTICS

VERSION FINAL - SEPTEMBER 1, 2026 — AUGUST 31, 2027

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DOCUMENTS IN EFFECT

World Gymnastics (WGYM)

- WGYM [Code of points](#)
- WGYM [Help Desk](#)
- WGYM [Newsletters](#)
- WGYM [Apparatus Norms 2026](#)

GymCan – [Activity Messenger](#)

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Women's Program Committee (WPC):

Kyna Fletcher (Chair), Dany Gilbert, Claude Pelletier, Emma Spence, Jeremy Mosier, Andrée Montreuil, Jayne Geddes, Heather Ross McManus (WAG Program Director), Denis Vachon (NT Advisor)

Experts:

David Kenwright, Carol Angela Orchard, Katerine Dussault, Hélène Laliberté, Josée Morin

Demonstrator (video):

Lia Redick – Senior National Team member, Oakville Gymnastics



1 INTRODUCTION

The **Canadian Development Stream (CDS)** provides a national development competition pathway for athletes who are ready to meet progressively greater technical and competitive expectations. The program emphasizes strong technical foundations, quality of execution, strength, flexibility and artistry, while introducing progressive difficulty appropriate to the athlete's age and stage of development.

The **High-Performance Stream (HPS)** provides a pathway for athletes pursuing excellence at the highest levels of the sport, with the goal of progressing toward National Team representation and international success. The HPS models and technical guidelines foster the development of the technique, difficulty, execution, connections and consistency required for international competition.

The CDS and HPS are designed to support **progressive athlete development rather than define an athlete's status or future potential**. Movement between categories and streams should reflect the athlete's current stage of development, technical readiness and competitive needs.

The models and technical guidelines are intended to be applied to each athlete on an individual basis to optimize their development, skills and abilities. Coaches may use different strategies for each athlete, and cross different apparatus, based on factors such as technical proficiency, difficulty, execution, ability to connect elements and consistency in performing skills and routines.

Gymnastics Canada (GymCan) is responsible for the content of the Canadian Development and High-Performance Streams, with input and recommendations from the Women's Program Committee (WPC) and its working groups. We would like to thank members of the WPC and Experts who worked on this document: Andrée Montreuil, Dany Gilbert,

1.1 CANADIAN DEVELOPMENT STREAM (CDS)

1.1.1 THE CDS INCLUDES FOUR CATEGORIES:

- **Aspire 1 and Aspire 2:** Designed for young athletes beginning their progression within the CDS, with an emphasis on strong technical foundations, quality of execution and progressive development.
- **National Novice:** Designed for developing athletes who are ready for increased technical and competitive expectations while continuing to emphasize technical proficiency, execution and progressive difficulty.
- **National Open:** A WGYM-based category providing athletes with the opportunity to compete under WGYM requirements within the Canadian Development Stream.

1.2 HIGH-PERFORMANCE STREAM (HPS)

1.2.1 THE HPS INCLUDES THREE CATEGORIES:

- **HP Novice:** Designed to prepare young athletes for future high-performance gymnastics by incorporating technical expectations and anticipated international trends into their development.



- **Junior:** WGYM rules provide the foundation for the category, with Canadian technical and equipment provisions where specified in this manual.
- **Senior:** Athletes are evaluated according to the current WGYM Code of Points and applicable GymCan regulations.

Qualification to the HPS is based on the qualification process and performance standards established by GymCan.

Eligibility and competition requirements for CDS and HPS categories are outlined in the **GymCan WAG Program Technical Regulations**.

Questions, comments or suggestions regarding the CDS or HPS should be directed to the WAG Program Manager at wag@gymcan.org.

2 GENERAL REGULATIONS

2.1 CATEGORIES AND AGE ELIGIBILITY

The table below represent the two streams:

- Canadian Development Stream
- High-Performance Stream

Canadian Development Stream (CDS)	High-Performance Stream (HPS)
National Open 14+ years old	Senior 16+ years old
	Junior 14-15 years old
National Novice (Youth 2) 11-14 years old	HP Novice (Youth 3) 11-14 years old
Aspire 2 (Youth 1) 10-14 years old	
Aspire 1 9-11 years old	

The Canadian Development Stream age ranges are intentionally broad during the initial implementation of the program to facilitate transitions from other competitive programs and provide opportunities for a wider range of athletes. As the program becomes established, age ranges may be refined and narrowed in future years.



The names of the WG categories (Youth) have been rebranded Aspire and Novice, to match the Canadian realities.

2.2 CANADIAN DEVELOPMENT STREAM AGE GROUPINGS

The age ranges above establish category eligibility. Where practical, athletes may be divided into age groups to provide developmentally appropriate competition and avoid grouping the youngest and oldest athletes together.

2.3 2026-2027 BIRTH-YEAR ELIGIBILITY

Eligible birth years are updated annually to reflect the applicable competitive season.

Age	9	10	11	12	13	14	15	16
Birthyear 2026-27 season	2018	2017	2016	2015	2014	2013	2012	2011

2.4 COMPETITION PATHWAY

National Open and all HPS categories are eligible to compete at Elite Canada and Canadian Championships. The complete qualification and participation process is outlined in Section 2 of the GymCan WAG Program Technical Regulations.



2.5 WGYM WARM-UP & COMPETITION FORMAT

The WGYM warm-up format is used at Elite Canada and Canadian Championships. For other competitions, hosts may determine the warm-up format.

General Warm-up	20 minutes: Athletes may not start the general warm-up on the warm-up or competition floor before the set time. Once the general warm-up starts, athletes may warm up on the WAG floor, mats, and runway only. They may not use the boards and/or get on the table, bars, or beam for any reason during the general warm-up. Athletes may perform on the floor a) basic floor tumbling b) beam acro on a line. The use of diagonals is prohibited. Note: This rule does not apply during Apparatus Finals if an open warm-up format is used.
Apparatus Warm-up	Each athlete is guaranteed a minimum of 2 minutes to warm up. Total warm-up time will vary according to the number of athletes in the rotation.
Touch Warm-up	30/50 second per athlete as per WGYM VT – National and HP Novice • vault attempts if performing the same vault. • vault attempts if performing different vaults. VT – Junior, Senior and Open - The WGYM qualification rules are in effect. • The athlete has 2 attempts if doing only 1 vault, and • 3 vault attempts if performing 2 different vaults. UB – the order of the athletes in the touch warm-up (50 sec) may be modified to accommodate athletes requiring raising the bars or use of grips/chalk. 90 seconds are granted for each different bar preparation/raise. As a general guideline, the coaches should agree on the most efficient way to warm up before rotating to bars. If the coaches cannot agree, the D1 judge will decide. However, the competition order will not be modified. This should be considered when deciding on a warm-up order. FX – if there are less than 3 gymnasts warming up, the warm-up is 1:30
Group size	• 5 or less warm-up in one group • 6+ athletes' warm-up in 2 groups: 3+3; 3+4; 4+4; 4+5 - In case of an odd number of finalists, the group competing in the first half of the rotation will have a smaller number of gymnasts than in the second half. • On floor, the group will be split for warm up only if 8 or more athletes



2.7 CAPITOL CUP WARM-UP & COMPETITION FORMAT

General Warm Up: 20 minutes			
VT	UB	BB	FX
2 min / athlete Aspire 2: 2.5 min / athlete Group warm up	2 min / athlete Group warm up	2 min / athlete Individual warm up May do 90 sec + 30 sec	2 min / athlete Group warm up Min 8 min, max 10 min
All athletes warm up together in one group.			

2.8 EQUIPMENT REGULATIONS FOR HP SENIOR, HP JUNIOR, OPEN

	Equipment	WGYM	SENIOR – JUNIOR – OPEN
Vault	Vault table	125 cm ($\pm$ 1cm)	
	Runway	Max 25 m	
	Springboards	2 – Hard, Soft - No spring changes allowed	
	Suppl. Mat (sting)	Mandatory 10 cm	Mandatory 10 cm Additional 5 cm allowed on top. Must have corridor lines marked on it
	Safety Mat (20 cm)	Not allowed	Not allowed
	Yurchenko Collar and Hand mat	An approved Yurchenko collar and hand mat must be used for all round off entry vaults. The hand mat may not be used for other vaults.	
	Pit Module (45 cm)	Not allowed	In Canada, the use of a pit module is allowed during the apparatus warm-up (2 min), but NOT allowed during the touch warm-up (30 sec).
Uneven Bars	Uneven Bars	HB: 255 cm LB: 175 cm ($\pm$ 3 cm in Canada; $\pm$ 1 cm WGYM) Inner Diagonal: 130 to 181 cm ($\pm$ 1 cm)	
		Height increases of 5 cm or 10 cm shall be allowed in competition for gymnasts who touch the mat with feet during their exercise. The athlete must make the request in advanced by completing the appropriate form. • If raising both rails by 5 cm, max inner diagonal is 182 ($\pm$ 1 cm) • If raising both rails by 10 cm, max inner diagonal is 183 ($\pm$ 1 cm)	
	Springboards	1 – Soft: The springboard must be placed on the landing mat or on the 10 cm supplementary mat if mount and dismount are performed on the same side. The board cannot be placed on a safety mat.	
	Supplementary mat (sting)	Mandatory 10 cm (min 4 m x 2 m)	Mandatory 10 cm
		The supplementary mat(s) may not extend beyond LB.	The 10 cm supplementary mat may be placed under the rails. An additional 2 m x 2 m x 10 cm mat may be used to extend the mandatory supplementary mat if available. The supplementary mat(s) may not extend beyond LB.
	Safety mat (20 cm)	Not allowed	A 10 cm or 20 cm mat is allowed to slide in and out for D+ release



Beam	Beam	125 cm ($\pm$ 1 cm)	
	Springboards	1- Soft: The springboard must be placed on the landing mat or on the 10 cm supplementary mat if mount and dismount are performed on the same side. The springboard cannot be placed on a safety mat.	
	Supplementary mat (sting)	Mandatory 10 cm	Mandatory 10 cm
		Supplementary mats are available on one side of the beam only. All gymnasts are expected to dismount on the same end of the beam (short landing mat - traditionally to the left of the D panel).	
	Safety mat (20 cm)	Not allowed	Not allowed
Floor	Floor Area	12 m x 12 m	
	Supplementary mat (sting)	Not allowed	5 or 10 cm allowed: supplementary mat(s) must be placed at beginning of routine and can be removed, moved, or left in place (intent is to have the least amount of movement of mats/coach around the floor during the routine).
	Safety mat (20 cm)	Not allowed	

2.9 EQUIPMENT REGULATIONS FOR NOVICE AND ASPIRE CATEGORIES

	Equipment	NAT / HP NOVICE	ASPIRE 2	ASPIRE 1
Vault	Vault table	125, 120 or 115 cm ($\pm$ 1cm)		
	Runway	Max 25 m		
	Springboards	3 – WGYM Hard, WGYM Soft, & Softer No spring changes allowed	Any board	Any board
	Suppl. Mat (sting)	Minimum 10 cm required, up to 20 cm allowed	Minimum 10 cm required, up to 20 cm allowed	Stacked mats, min 80 cm
	Safety Mat (20 cm)	A 20 cm safety mat is allowed in place of the 10 cm mandatory supplementary landing mat.		Not required
	Yurchenko Collar and Hand mat	An approved Yurchenko collar and hand mat must be used for all round off entry vaults. The hand mat may not be used for other vaults.		
	Pit Module (45 cm)	In Canada, the use of a pit module is allowed during the apparatus warm-up (2 min), but NOT allowed during the touch warm-up (30 sec). / Allowed when Capitol Cup warm up.		(Stacked mats)
Uneven Bars	Uneven Bars	HB: 255 cm LB: 175 cm ($\pm$ 3 cm in Canada; $\pm$ 1 cm WGYM) Inner Diagonal: 130 to 181 cm ($\pm$ 1 cm)		
		Height increases of 5 cm or 10 cm shall be allowed in competition for gymnasts who touch the mat with feet during their exercise. The athlete must make the request in advanced by completing the appropriate form. See rules in JR/SR table.		
	Springboards	1- Soft: The springboard may be place on the on the landing mat, 10 cm or 20 cm supplementary mat if mount and dismount are performed on the same side.	Any board, placed on any surface	



	Supplementary mat (sting)	Minimum 10 cm required, up to 20 cm allowed The supplementary mat(s) may extend beyond LB.	Minimum 10 cm required, up to 40 cm allowed. The supplementary mat(s) may extend beyond LB.
Beam	Beam	125 cm ($\pm$ 1 cm)	110 cm ($\pm$ 1 cm)
	Springboards	1 – Soft: The springboard may be placed on the landing mat or 10 cm supplementary mat if mount and dismount are performed on the same side. Novice: if mount and dismount on the same side and gymnast uses a 20 cm safety mat for the dismount, the safety mat must be placed after the athlete has mounted.	Any board, placed on any surface
	Supplementary mat (sting)	Minimum 10 cm required, up to 20 cm allowed Supplementary mats are available on one side of the beam only. All gymnasts are expected to dismount on the same end of the beam (short landing mat - traditionally to the left of the D panel).	Minimum 10 cm required, up to 40 cm allowed For safety reasons, supplementary mats may be placed on both ends of the beam. Gymnasts should aim to dismount on the same side.
Floor	Floor Area	12 m x 12 m	
	Supplementary mat (sting)	5 or 10 cm allowed: supplementary mat(s) must be placed at beginning of the routine and can be removed, moved, or left in place (intent is to have the least amount of movement of mats/coach around the floor during the routine).	
	Safety mat (20 cm)	Not allowed	

2.10 SPONSORSHIP AGREEMENT

Canadian Championships and Elite Canada are bound by the terms of the sponsorship agreement for equipment.

2.11 SPRINGBOARDS

- The National Team Lead (or equivalent technical expert) will check to make sure the density of the boards meets the requirements of the gymnasts' level prior to the first training for the competition.
- Each Province or competition host can determine what boards and spring configurations are used at competitions under their jurisdiction.

2.12 PERSONAL EQUIPMENT

- Clubs and coaches are not allowed to bring additional equipment onto the Field of Play (Yurchenko hand mats, boards, etc.).
- Handstand bars, training beams, yoga mats and similar personal training equipment may be used within the FOP during training. Such equipment is not permitted on the FOP during competition.



Seniors: the personal equipment listed above is not permitted on the landing mats (podium) during training. (WGYM rule in effect – see HelpDesk).

2.13 EQUIPMENT SET-UP AND VERIFICATION

- It is the responsibility of the Organizing Committee to set-up the equipment according to the equipment specifications.
- At Canadian Championships, Elite Canada, and Canada Winter Games, the **WAG Program Director**, and the Canadian Head Judge (or designates) will ensure that the equipment is correctly set up and will define the boundaries of the FOP if needed.
- The Canadian Head Judge or Assistants will check the equipment at the beginning of each training and competition day, including the lines on mats for vault.
- The D1 is responsible for ensuring the correct equipment specifications prior to the warm-up for each competition session.

3 HP JUNIOR AND SENIOR REGULATIONS

3.1 SENIOR CATEGORY

The Senior category follows the WGYM Code of points in effect without modification.

3.2 JUNIOR CATEGORY

For the Junior category, the WGYM Senior rules are in effect on UB, BB and FX.

VAULT

Junior WGYM Rules (End of Code of Points):

- In the Qualifying, Team Final and All-Around:
 - One vault must be performed.
 - In Qualifying, the 1st vault score counts toward the Team and/or All-Around Total.
 - The gymnast who wishes to qualify for the Apparatus Final must perform two vaults as per the Apparatus Finals rules below.
- Apparatus Finals
 - Gymnasts must perform two different vaults (maybe from the same group, but with different numbers), which will be averaged for the final score. Athletes must meet this requirement to be eligible for Vault awards at EC and CC.



4 CANADIAN DEVELOPMENT STREAM REGULATIONS AND NOVICE HP

4.1 NATIONAL OPEN

The National Open category follows the current WGYM Code of Points, with Canadian equipment and competition regulations as specified in this manual.

4.2 NOVICE AND ASPIRE

The Novice and Aspire categories follow the WGYM Code of Points. Unless otherwise specified in the applicable table, the WGYM Youth Rules and Regulations (WGYM CoP, pp. 184–186) apply, with Canadian modifications as identified in this manual.

4.3 SPECIFIC NOVICE AND ASPIRE TECHNICAL DIRECTIVES – UB AND BB

The Aspire and Novice programs are designed to foster the development of excellent technique and technical proficiency, providing young athletes with a strong foundation as they progress toward national and international competition.

Athletes must follow the technical requirements and guidance outlined in the WGYM Code of Points, Help Desk and Newsletters.

In addition, Canadian technical experts have identified specific areas where further technical direction will support the development of sound and efficient technique. The following Canadian technical directives for Uneven Bars and Balance Beam apply to athletes in the Aspire and Novice programs.

4.3.1 UNEVEN BARS

4.3.1.1 UB - Pike or straddle sole circle elements

The preferred technique is snap-down entry with two feet.

Deduction Aspire and Novice only - Deduct 0.1 If a step-down technique is used (technical precision)

4.3.1.2 UB - Giant circle backward to handstand required technique

The gymnast must show:

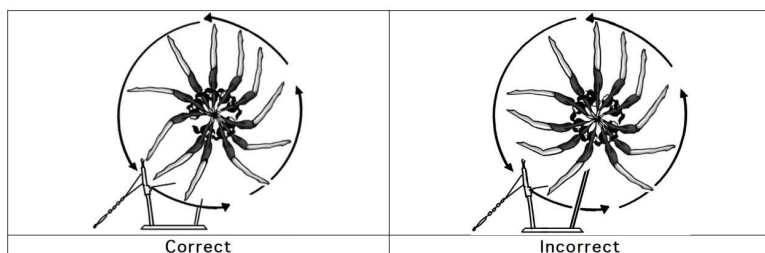
- First 120° from handstand: straight position or curvilinear flexion.
- Tap should be done in the second 120°.



- Third 120° of the giant swing: Curvilinear flexion.
- In handstand, athlete should show straight body or curvilinear flexion with hips extended and shoulders opened.
- Accelerated giants are appropriate before double salto dismounts. In the case of the accelerated giant technique, a moderate pike position is permissible during the upswing and while passing through the vertical to maintain the acceleration. Deduction for bent legs will be applied.

Deduction Aspire and Novice only - Deduct 0.1 for technical precision plus any applicable WGYM deductions.

- All young gymnasts must first learn their long hand swings with legs together not straddled. Performing a straddled long hang swing is a decision to be considered at a later stage of a gymnast's career.
- All young gymnasts must learn to open their beat swing AFTER passing the low bar and not before. Allowing a gymnast to beat-swing before or over the LB can only lead to a bent leg deduction as the gymnast grows.



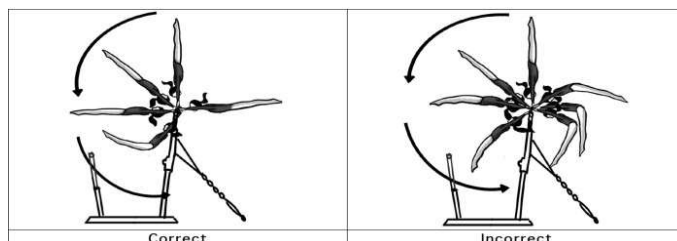
4.3.1.3 UB - Giant circle forward in reverse grip-straight body vs pike/straddle position

The front giant with straight body technique is the preferred technique: Straight body down (down phase) – Curvilinear inward (hang phase) – straight body (upward phase).

Deduction Aspire and Novice only – Deduct 0.1 if a pike/straddle technique is used (Technical precision)

The gymnast must show:

- Down phase: First 120° - curvilinear
- Hang phase: Second 120° - curvilinear flexion
- Upward phase: Third 120° - curvilinear extension with legs together
- In handstand, the athlete should show straight body or curvilinear extension with opened shoulders and hips extended.



4.3.1.4 Beam - Dynamic Straight Jump – Aspire 1

The dynamic straight jump is a fundamental developmental exercise used to establish the take-off technique required for jumps, standing saltos and standing flics. The emphasis is on creating a quick, dynamic action through the legs while maintaining an upright chest and coordinated arm swing.

The use of the dynamic straight jump as a technical foundation within the Aspire program was introduced by Carol Angela Orchard, with the goal of developing efficient jumping mechanics from the earliest stages of the Canadian Development Stream.

Deduction Aspire 1 only – Deduct 0.1 if the required technique is not shown (Technical precision)

INSERT VIDEO 1 LINK	This is what we are trying to avoid! The chest is dropping forward. There is a double bounce in the knees. The entire jump lacks a dynamic action.
INSERT VIDEO 2 LINK	This is an example of what we are looking for as the root of all jumps, standing saltos and standing flics. The arms swing comes from Presentation position to swing down WITHOUT dropping the chest. The knees go down once and up once. No double bounce. The arms finish wide in either a high position shown in this video, or wide arms pulled back slightly lower. Personal choice for the height of the arms on the finish position



4.4 VAULT – NOVICE AND ASPIRE

	ASPIRE 9-11 yrs old	ASPIRE 2 10-14 yrs old	NATIONAL NOVICE 11-14 yrs old	HP NOVICE 11-14 yrs old
Corridor	Corridor: Does not apply		Corridor: As per WGYM	
Vaults	One or 2 vaults – same or different Best score of 2 vaults to count		One or 2 vaults – same or different Best score of 2 vaults to count ~~Q and VT Final: 2 different vaults (same or different groups)~~	
DV	Vault listed below Salto vaults are not authorized	Any vault listed in the WGYM CoP – WGYM Vault Value plus applicable bonus below		
Presence of Coach	Allowed between board and table for Yurchenko timers.	Presence mandatory on landing mat for salto vaults	Presence next to landing mat allowed for salto vaults	As per WGYM
Spotting	Not allowed – Void vault	Spotting of salto vault = 1.0 deduction	Not allowed – Void vault	Not allowed – Void vault
Bonus	n/a	Bonus + 0.2 for each Salto vaults	Bonus + 0.2 for each Salto vaults	Bonus + 0.2 for each Salto vaults
Table of Deductions	The table of deduction for timers are listed in table 5.7.			
DV	Tsukahara Timer			
	• To feet 3.0			
	• To Candle 3.5			
	Yurchenko Timer			
	• To feet 3.0			
	• To Candle 3.5			
	Front Handspring			
	• Handspring to back 3.0			
	• Handspring to feet 3.5			



4.5 UNEVEN BARS – NOVICE AND ASPIRE

	ASPIRE 9-11 yrs old	ASPIRE 2 10-14 yrs old	NATIONAL NOVICE 11-14 yrs old	HP NOVICE 11-14 yrs old
DV	7 highest elements, including the dismount Max DV: 1.5 A= 0.1, B = 0.2, C = 0.3, D = 0.4	7 highest elements, including the dismount A= 0.1, B = 0.2, C = 0.3, D = 0.4, E+ = 0.4		
Bonus	Only the bonus listed below can be awarded. The bonus is specifically related to the CR's. The bonus can only be awarded once for each CR. The CV listed in the CoP do not apply.			
Tech Notes	• If the close bar circle element is completed lower than 30° from HS, the CR is not awarded, DV is awarded according to the CoP. • The angle of completion deductions will be applied as per the CoP. • No empty-swing deduction when a kip follows a Shaposhnikova-type element. • No uncharacteristic-element deduction for jump LB → HB. • DV: Cast to handstand within 30° is recognized as an A element • DV: Aspire 1 only - Cast (any height) squat-on LB jump LB → HB is recognized as an A element. • Refer to section 3.0 – UB Technical Directives for additional deductions for Aspire and Novice. • Handstand definition for bonus: within ± 10° of vertical			
CR (0.5) and Bonus (noted as +0...)	5 CR @ 0.5	4 CR @ 0.5	Must perform 4 of 6 CR @ 0.5	Must perform 4 of 6 CR @ 0.5
	1. One close bar circle element to 30° +0.3 if in handstand 2. Another close bar circle element to 30° with same or different root as CR1 +0.3 if in handstand 3. Glide kip or long kip - Cast to handstand to 30° +0.2 if straddle to handstand (1x) or +0.5 if straight body cast to handstand (1x) 4. Back giant +0.5 if both back and front giants are performed 5. Dismount +0.1 if salto dismount	1. One close bar circle element to 30° +0.2 if in handstand 2. Another close bar circle element to 30° with different root from CR1 +0.2 if in handstand 3. One Cast to handstand to 30° +0.1 if straddle to handstand (1x) or +0.3 if straight body cast to handstand (1x) 4. 1x Giant (fwd or bwd) +0.5 if both back-front giants performed +0.1 each time for close bar circles (within 30°) directly connected	1. 1 x Flight element (HB-LB, LB-HB, Same) 2. Non flight with 360° 3. One close bar circle to handstand 4. Another close bar circle to 30° with different root from CR3 + 0.1 if in handstand 5. One cast to handstand 6. 1x Giant (fwd or bwd) +0.50 if both back-front giants performed +0.1 if salto dmt	1. Flight element HB-LB 2. Flight element LB-HB 3. Flight element same bar 4. Different grip 5. Non flight with 360 6. One close bar circle to handstand + 0.1 if salto dmt + 0.2 for double salto



		+0.1 if salto dismount +0.3 for double salto Dmt can performed with/without spot with no penalty applied	+0.3 for double salto	+ 0.5 if all 6 CRs are performed
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4.6 BEAM – NOVICE AND ASPIRE

	ASPIRE 9-11 yrs old	ASPIRE 2 10-14 yrs old	NATIONAL NOVICE 11-14 yrs old	HP NOVICE 11-14 yrs old
DV	7 highest elements, including the dismount Max DV: 1.5 A= 0.1, B = 0.2, C = 0.3, D = 0.4	7 highest elements, including the dismount A= 0.1, B = 0.2, C = 0.3, D = 0.4, E+ = 0.4 BEAM / FLOOR: 3 acro (min) + 3 dance (min) + 1 optional element		
Bonus Tech Notes	- Only the bonus listed below can be awarded. The bonus is specifically related to the CR's. The bonus can only be awarded once for each CR. - The CV listed in the CoP do not apply. - Acro Series: an acro flight element can be repeated within the acro series to fulfill the CR and receive bonus (FF-FF, for example) - DV: Aspire 1 only – The dynamic straight jump is recognized as an A. Here is the video			
Artistry Bonus	Artistry (BB & FX): WGYM Artistry and Composition deductions do not apply. The D-Jury may award up to 0.30 Artistry Bonus: +0.1 close to beam +0.1 side movements +0.1 good relevé and footwork			
	5 CR @ 0.5	4 CR @ 0.5	4 CR @ 0.5	4 CR @ 0.5
CR and Bonus (B)	Mount Press to HS or B mount (WG CoP) Min 1/1 Pirouette - no roll or flair Acro series with 2nd element being a flight +0.3 if 2 flight elmts 1x Acro showing flexibility One connection of 2 dance elmts: 1st element: Choice of: Split leap, Split jump or Straddle jump... connected to Dynamic straight jump (A value in Aspire)	One connection of 2 different dance elements, one being with 180° split Min 1/1 Pirouette - no roll or flair Acro series with min 1 flight elements on the beam +0.1 if 2 flight elmts Acro in different direction (bwd + fwd/sdw)	One connection of 2 different dance elements, one being with 180° split Min 1/1 Pirouette - no roll or flair Acro series with min 2 flight elements on the beam +0.1 if one salto 4. Acro in different direction (bwd + fwd/sdw)	One connection of 2 different dance elements, one being with 180° split Min 1/1 Pirouette - no roll or flair Acro series with min 2 flight elements on the beam +0.2 if one salto Acro in different direction (bwd + fwd/sdw)



+0.2 for dismount Acro (flight) + Bwd salto or Front layout +0.2 for Switch split (in isolation) +0.2 for One of - Aerial Cartwheel, Front Aerial, Standing Back tuck			
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4.7 FLOOR – NOVICE AND ASPIRE

	ASPIRE 9-11 yrs old	ASPIRE 2 10-14 yrs old	NATIONAL NOVICE 11-14 yrs old	HP NOVICE 11-14 yrs old
DV	7 highest elmts, incl. the dismount Max DV: 1.5 A= 0.1, B = 0.2, C = 0.3, D = 0.4	7 highest elements, including the dismount A= 0.1, B = 0.2, C = 0.3, D = 0.4, E+ = 0.4 BEAM / FLOOR: 3 acro (min) + 3 dance (min) + 1 optional element		
Bonus	The bonus is specifically related to the CR's. The bonus can only be awarded once for each CR.			
	Artistry (BB & FX): WGYM Artistry and Composition deductions do not apply. The D-Jury may award up to 0.30 Artistry Bonus: +0.1 body posture +0.1 expressiveness +0.1 movements in relation to the music			
	5 CR @ 0.5	4 CR @ 0.5	4 CR @ 0.5	4 CR @ 0.5
CR (0.5 ea) and Bonus	- Dance passage of min 2 different leaps or hops with 180° split + 0.1 for C leap - Stretched salto fwd or bwd in acro line + 0.1 for 180° bwd LA + 0.3 for 360° bwd LA - Salto fwd and bwd + 0.3 if in combo line - B Pirouette - Min 3 acro lines (min 2 flight elements, including one salto)	- Dance passage of min 2 different leaps or hops with 180° split - Stretched salto fwd or bwd in acro line + 0.1 for 360° LA - Salto fwd and bwd - B Pirouette	- Dance passage of min 2 different leaps or hops with 180° split - Stretched salto fwd or bwd with 360° in acro line + 0.1 for 720° LA - Salto fwd and bwd - B Pirouette	- Dance passage of min 2 different leaps or hops with 180° split - Stretched salto with LA min 360° in acro line + 0.1 for 720° LA - Salto fwd and bwd - B Pirouette +0.4 for double BA Salto



4.8 VAULT – WGYM DEDUCTION FOR LANDING ON STACKED MATS

Faults	0.10	0.30	0.50
First Flight Phase			
- For missing degrees of LA turn during flight phase - Gr. 3 with ¼ (90°) turn - Gr. 5 with ½ (180°) turn		≤ 45° ≤ 45°	
- Poor Technique - Head neutral - Body alignment (Hip angle/ Arch) - Bent knees - Leg or knee separations - Incorrect foot form (<i>taken once throughout vault</i>)	• • • • •	• • •	•
Support Phase			
- Poor technique - Staggered hand placement Gr 1, 4 & 5 - Head neutral - Bent arms and/or shoulder angle - Too long in support - Step(s)in support (0.3 each, max 0.6) - Failure to pass through vertical - Angle of repulsion - By vertical – no deduction - 1°- 45° past vertical – 0.1 / 0.3 - 46° past vertical – 0.5 - Head contacting table (includes deduction for bent arms)	• • • • • • •	• • •	• • <u>3.0</u>
Second Flight Phase			
- Height	☐	☐	☐
- Body Position - Head neutral - Failure to maintain stretched body position (<i>piking too early</i>) - Brush/hit table - Failure to create rotation	• 179°-160° • •	• 159°-135° • •	<135° •
- Bent knees	☐	☐	☐
- Leg or knee separations	☐	☐	
- Under-rotation of vault with no fall	☐	☐	
- Distance (<i>insufficient length</i>)	☐	☐	
Landing Deductions			
• Step(s) towards table (<i>opposite of landing direction</i>)	•	•	
• Body posture on landing	•	•	•
• Deviation from straight direction	•	•	
• Dynamics	•	•	•
• First point of contact on mat is head or neck	Void		



5 CDS AND HPS ATHLETES AND COACHES REGULATIONS

The following regulations clarify the application of selected WGYM rules within the Canadian Development Stream (CDS) and High-Performance Stream (HPS). Athletes and coaches are expected to be familiar with the applicable regulations of the current WGYM Code of Points, unless otherwise specified in this manual.

5.1 REGULATIONS FOR ALL PARTICIPANTS

5.1.1 ACCESS TO THE TRAINING/WARM-UP GYM

The number of coaches in the training gym and warm-up floors is not limited. However, the coaches must be accredited by the organizing committee and have the accreditation on them.

5.1.2 ACCESS TO THE FIELD OF PLAY AND WAITING AREAS

Field of Play (FOP): In Canada, the FOP is defined as the competition area (competition floor), excluding the designated waiting areas and the medical tent, provided the tent is used for its intended purpose. This definition may be adjusted depending on the venue layout.

- Access to the FOP and designated waiting areas is restricted to individuals who are accredited and authorized to be in those areas during the applicable competition session.
- Athletes: Only athletes competing in the session may access the FOP and designated waiting areas. Athletes who are not competing in the session may not enter these areas to adjust or move equipment, springboards, mats, etc.
- Coaches: Coaches must be accredited to access the FOP and designated waiting areas (corrals). Coaches are expected to access these areas only when working with athletes competing in the session
- Note: An accredited coach may remain in a designated waiting area without an athlete, provided the applicable coach limit for the session has not been reached. When the limit is reached, priority must be given to coaches working with athletes competing in the session. Coach replacement (tagging) is permitted provided the applicable coach limit is respected.
- Judges: Only judges assigned to the competition in progress, performing related duties or evaluating judges may access the FOP. Judges who are not on duty will be assigned designated seating by the Organizing Committee.
- Other accredited personnel: At Canadian Championships or Elite Canada, P/T medical personnel, the P/T Chef and one additional P/T staff member (manager or chaperone) may access the designated waiting/seating area for the time required to perform their duties. They may access the FOP only when circumstances require it.



5.2 REGULATIONS FOR ATHLETES

5.2.1 ATTIRE / APPEARANCE

Proper competition attire must be worn during all competitions.

- Gymnasts must be attired according to the stipulations of the current WGYM Code of Points unless otherwise specified below.
- In a team competition, all athletes from the same club/province/territory must wear identical leotard.
- During all GymCan competitions, gymnasts may wear shorts, capris, or leggings as part of their uniform.
- Must be skin-tight.
- They can be either the same colour as the leotard or black (should coordinate with the leotard)
- As per WGYM guidelines, a logo of 30cm² may appear on the shorts/capris/leggings.
- Gymnasts may make an individual choice to wear shorts/capris/leggings in either an individual or team competition.
- Ankle guards (as shown) are acceptable if not too large.
- Compression socks, sleeves or garments are not allowed.



5.2.2 PREPARATION OF EQUIPMENT

- Preparation of the apparatus before warm-up may start when the athletes are marching to their next apparatus (when the rotation music starts). Athletes may not warm up on or around the apparatus before the official warm-up period begins.
- Following warm-up, equipment may be adjusted or prepared while judges evaluate the previous routine. Athletes waiting for the signal from D1 may not continue to warm up on or around the apparatus.

5.2.3 LACK OF SIGNAL FOR OVERTIME

- On Beam, the deduction for overtime is waived if the timer did not give the warning signal 10 seconds before the maximum time limit, or at the maximum time limit at 1:30. All other relevant deductions apply.

5.2.4 USE OF MAGNESIA (CHALK) AND TAPE

WGYM rules are in effect.

- Gymnasts may use chalk on Uneven Bars and to make small markings on the Balance Beam (tape markings are not allowed).
- In Canada, and as per WGYM, the spreading of magnesia on the Floor Exercise mat is not allowed; small marks are allowed for the purpose of marking the placement of a supplementary mat. No Velcro or tape markings are allowed within the FX. Gymnasts are permitted to apply chalk to feet or hands.

- Use of tape or excessive chalk is not permitted on the vault table.
- On the Vault Runway, athletic tape or Velcro strips may be used in front of the vault board or hand mat and to mark a gymnast's starting point. The tape or Velcro must be removed by the end of the rotation.
- The judge must issue a warning before taking a deduction.

5.3 REGULATIONS FOR THE COACHES

5.3.1 THE COACH IS GUARANTEED THE RIGHT TO:

- Assist the gymnast or team under their care on the podium during the warm-up period on all apparatus.
- Help the gymnast or team prepare the apparatus for the competition, i.e., prepare the safety collar for vault, position springboards and landing mats for bars and beam and prepare the uneven bar rails for each gymnast.
- Be present on the podium after the gymnast has presented to the judges to remove the springboard or for purposes of safety as outlined below.
- Assist or advise the gymnast during the intermediate fall time period on all apparatus and between the first and second vault.
- Be present at all apparatus to help in case of injuries or defects of the apparatus.
- Direct questions regarding the evaluation of their own athlete to the D1 or Competition Head Judge.

5.3.2 THE COACH MAY NOT DO THE FOLLOWING:

- Coaches may not interfere with other participants, delay the competition, alter equipment outside the applicable regulations, or engage in inappropriate or abusive conduct.
- Speak to any judging panel member except the D1 about the performance of their own athletes during the competition. (Questions must be directed to the D1).

5.3.3 COACHES ATTIRE DURING WARM-UP AND COMPETITION

To maintain a professional image, coaches are required to abide by the following regulations for attire while on the FOP:

- T-shirt, polo or long-sleeved sportswear tops, track pants or leggings and appropriate indoor footwear.
- Hats, shorts, midriff tops, ripped & torn clothing or similar are not permitted.

5.3.4 ENCOURAGEMENT OF ATHLETE

While the WGYM Code of Points specifies that a coach may not speak directly to the gymnast, give signals, shout or cheer, coaches' support for their athletes in Canada is valued and allowed. **General cheering and encouragement from coaches and teammates are permitted. Technical verbal or visual cues**



intended to assist the athlete in performing an element or routine are not permitted and may result in a 0.5 deduction.

5.3.5 VIDEO

For all CDS and HP competitions at EC and CC, the WGYM rules will be in effect and coaches are not allowed to film on the FOP. To this effect, "Only officially accredited media personnel are permitted to film on the field of play during competition. They will be clearly identifiable and must remain within designated media zones."

5.3.6 COACH POSITION ON THE FOP

One coach may accompany the athlete competing and one coach may accompany the athlete on deck, subject to the maximum number of coaches permitted on the FOP and in the designated waiting area. Coaches must have their accreditation with them.

At Uneven Bars, two coaches may be on the FOP to adjust the bars, position the mats and springboard.

Once the green light is on or the judge signals the athlete to begin:

- Vault: One coach may remain near the vault table and one near the vault number.
- Uneven Bars: One coach may remain near the apparatus for spotting and removal of the springboard. A second coach may remain near the apparatus to remove the springboard when spotting is required for an element performed immediately following the mount. After removing the board, the coach must return to the designated waiting areas (corrals).
- Balance Beam: One coach may remain on the FOP at either end of the beam, but off the apparatus matting.
- Floor Exercise: Two coaches may be on the FOP when supplementary mats must be moved between different corners within a short period of time. If mats do not need to be moved, the coaches remain the waiting areas.
- All apparatus: When two coaches are permitted on the FOP, only one coach may communicate with the athlete.

5.3.7 COACH POSITION FOR SPOTTING AND ATHLETE SAFETY

- Podium: In Canada, the podium is defined as the mats surrounding the apparatus.
- Coaches should not block the judges' view; however, no deduction will be applied when the coach's position is required for spotting or safety. Judges may ask the coach to move when possible.

5.3.8 INFRACTIONS

In case of an infraction, the coach will receive a verbal warning from the Canadian Head Judge, Competition Head Judge, PM-WAG or WAG Floor Manager. If the warning is ignored, the coach may be removed from the FOP or designated waiting area and/or a deduction may be applied to the final



score of the athlete or team in accordance with the applicable WGYM rules for violations and unsportsmanlike behaviour. The Canadian Head Judge will record the warning.

5.3.9 VERIFICATION OF RESULTS

Coaches have up to 5 minutes after the publication of the draft results to verify them and communicate any error to the Canadian/Competition Head Judge (or designate). After 5 minutes, the results will be considered as accurate.

5.4 SUMMARY OF DIFFERENCES BETWEEN WGYM AND CCP IN CANADA

This table lists frequently asked questions. For comprehensive information regarding all rules, refer to the applicable Code of points.

	CCP	Aspire, Novice HP / WGYM (Canada)
Athlete Attire VICO	☒ Allowed, no deductions Compression garments Shorts, capris, leggings Small heel pads Visible sports bras straps: black, colour of leotard or colour of skin	☒ Not permitted (deduction de 0,30) Compression garments
Video by coach / athletes on the FOP	☒ Allowed, no deductions Coaches are allowed to film routines in competition from the Field of Play (FOP) as long as they do not block the judges' view or interfere with the official video review equipment. Personal videos cannot be used for element review/inquiry/protest purposes.	☒ Not permitted For Open/HP competitions at EC and CC, the WGYM rules will be in effect and coaches are not allowed to film on the FOP. To this effect, "Only officially accredited media personnel are permitted to film on the field of play during competition. They will be clearly identifiable and must remain within designated media zones."
Technical Cues	T Not allowed (deduct 0.2 – after warning) Technical Verbal Cues by coach or teammate to own athletes are not allowed.	☒ Not permitted
Coach on Podium in a Position for Gymnast Safety	☒ Allowed, no deductions Coaches are not allowed to block the view of the judges. However, due to spotting and safety concerns, there is no deduction for this offence. Judges can request that the coach move where possible.	☒ Permitted on UB only ☒ Not permitted on Vault, BB and FX



	BB - coaches can approach the BB to be in a position to spot but they are not allowed to remain for the whole routine (in and out allowed).	
UB Supplementary Matting	UB Supplementary mat under the bars ☒ CCP: An additional supplementary mat may be used under the bars and may extend beyond the low bar (LB).	UB Supplementary mats under the bars ☒ Under WGYM regulations, one supplementary mat is available and must be used for the dismount landing. VICO – Canadian modifications ☒ Junior and Senior: A second supplementary mat may be used to extend the supplementary mat surface under the bars. ☒ The additional mat may not extend beyond the LB. ☒ Novice, Aspire and CCP: An additional supplementary mat may be used and ☒ The mat may extend beyond the LB.
Tape (white vs skin coloured)	☒ Athletes can use any coloured tape.	☒ Athletes must cover white tape with skin-coloured tape

6 INQUIRIES, PROTESTS AND APPEALS

The following process is valid in Canada only. A judging inquiry is allowed on the WGYM D Score, E Score and Neutral deductions.

6.1 CANADA THREE-STAGE REVIEW PROCESS

Canada has a 3-stage system that takes place on-site and will follow the process outlined.

6.1.1 STAGE 1: INQUIRY

- An inquiry is the first stage of seeking information about a score.
- An inquiry occurs when a coach approaches the D1 of an apparatus and/or the Competition Head Judge (CHJ) and, in-person, asks a question or seeks clarification about a D and/or E score of their own athlete during a national level competition.
- This request is made verbally to the D1 following the end of a rotation, a session, or a competition, provided that the judges are available.
- A coach may also inquire about a change to the technical organization (e.g. order of passage, warm-up procedures, etc.) with the D1 or CHJ. A coach must IMMEDIATELY voice any concerns and have the concerns addressed BEFORE the changes are carried through otherwise, the coach will not have the option to protest or appeal the change later during the competition.
- The D1, on behalf of the Apparatus Jury (i.e. the D and E panel of the respective apparatus), responds to the inquiry. The D1 will give a brief verbal explanation of the inquiry. Any additional discussion should not be expected and will be at the discretion of the D1. Response to an inquiry must not in any way delay the competition. Coaches should not expect justifications to cover every 0.10 p. deduction.
- During the consideration of the verbal inquiry, the D panel has several options:
 - The Coach's question may be answered immediately by the D1 as soon as the judging script is concluded, and the score is clarified for the Coach.
 - The D1 may choose to consult further with the D2 and other members of the panel and then reply more fully to the Coach.
 - If the E score is under discussion, then E panel members should be consulted.
 - A video review can take place at this time if the D panel wishes to review the technical component of an element (e.g., check on completeness of a twist) or a neutral deduction (e.g., time or line).
 - For the two other types of inquiries, please see section 7.9 under 'Other'.

6.1.2 STAGE 2: PROTEST

- A protest is the second stage when the Coach is not satisfied with the information provided at the Inquiry stage and seeks a formal review. A coach may make a judging protest or a technical protest for their own athlete at National level competitions.
- The appropriate protest form (available on [Activity Messenger](#) or ask the CHJ) must be completed by the coach and submitted to the CHJ or designate. The form must be submitted to



the CHJ, no later than 15 minutes after the completion of the rotation. In the case of the last rotation, the coach has 5 minutes after the competition of the rotation to file a protest.

- The written protest fee is \$60.00 per athlete, per apparatus. If the protest is not granted, GymCan will invoice the club for the total amount after the competition.
- An official protest entitles the coach to request and be granted a video review of the gymnast's routine or part of the routine.
- The Judging Jury (see section 7.4) will respond to the protest and may, in consultation with the Canadian Head Judge or designate, do one of the following, depending on the context of the protest:
 - Use the official GymCan video(s),
 - Speak with the coach who submitted the inquiry, the time or the line judge involved.
- If a video review is requested, the Judging Jury will follow the video review process as outlined in Section 7.2.
- The rationale for the decision is communicated in writing.

6.1.3 STAGE 3: APPEAL

- An appeal is the final stage of the review process after a formal protest has been denied.
- At this stage, a form requesting reconsideration must be completed by the coach and submitted to the Canadian Head Judge or designate.
- With this submission of the form, the Coach agrees to remit to GymCan the \$60.00 fee should the appeal be denied by the Competition Jury.
- The competition Jury will respond to the appeal. Please refer to Section 7.5 for additional information about the Competition Jury and its mandates.

6.2 VIDEO REVIEW

When an official apparatus reference video is available, the judges may review the video when addressing an inquiry or protest. The review of the video will take place in a secluded area. Coaches will not be included in this review.

The D1, D2 and the CHJ or designate will review the official video. Only the skill(s) in question will be observed a maximum of three times and only at regular speed. The video may also be used to confirm if time or line deductions are warranted.

6.3 CONDUCT OF JUDGES AND COACHES DURING THE INQUIRY, PROTEST AND APPEALS PROCESS

All parties involved are expected to always behave in a professional manner. Improper conduct, including language or body language, will not be tolerated.

- In the case of improper conduct by a judge, the Canadian Head Judge will be informed and will address the concern. If necessary, the concern will be referred to the Chair of the Judging Excellence Committee.



- In the case of improper conduct by a coach – Article 6 of the Code of Points” Behavior of a coach with no direct impact on the result/performance of the gymnast/Team” will be implemented by the Chair of the Competition Jury or designate.

SPECIAL NOTE: Where matters pertain to participant safety and welfare, potential violations of the GymCan Code of Ethics and Conduct, or any major behavioral issue from a member, GymCan policies and processes will be implemented. The CHJ must report directly to the Women’s Program Manager. Please consult the GymCan [Code of Ethics and Conduct](#) for more information.

6.4 JUDGING JURY

The Judging Jury is composed of:

- The Canadian Head Judge or designate (Chair of Jury).
- D1 and D2 when the D Score is being addressed (Apparatus Chief Judge in CCP).
- D and E Panels when the E score is being addressed (All panel members in CCP).
- The timer and/or line judge may be heard at the discretion of the Chair of the Jury.

The roles and responsibilities of the Judging Jury are to:

- Render a decision on a judging protest when the majority of the Judging Jury agrees.
- Abide by all WGYM or GymCan rules, directives, or requirements.

6.5 COMPETITION JURY

The Competition Jury is composed of:

- the PM – WAG or designate (Chair of Jury).
- the Canadian Head Judge or their designate.
- a member of the WPC present at the competition (or an equivalent technical expert).
- the Competition Jury may consult any other relevant individual, including the Competition Head Judge, the Director of the Competition/Floor Manager and/or the Apparatus Chair (D1) of the Apparatus (depending on the matter under protest or consideration).

The roles and responsibilities of the Competition Jury are:

- Consider rendering a decision on judging inquiries/protests forwarded to them if extenuating circumstances exist.
- Render a final decision on all technical protests.
- Ask a panel to reconsider a D Score or an E score if the Competition Jury feels the D/E score (protested or not) is incorrect.
- Adjust a D Score or E score if, after discussion with the D panel, a majority of the 3 members of Competition Jury plus 2 D Panel Judges feel that the D Score or E score was inappropriate.
- Arbitrate differences of opinion between GymCan, the organizers, participants, representatives of the media, etc. on organizational matters.



- Determine provisional rules, guidelines, and procedures for situations which are not covered by the WP HP and CCP Manuals, Code of Points of each program, or other WAG documents.
- Assist the Canadian Head Judge with matters related to behavior of athletes, coaches and judges.
- Examine appeals on judging and technical protests and render a final decision.
- Abide by all applicable WGYM or GymCan rules, directives, or requirements.
- The rationale for decisions made by the Competition Jury will be communicated in writing at the time the decision is announced.

6.6 REQUEST TO RECONSIDER A SCORE BY THE COMPETITION JURY

- The Competition Jury may request that a D Score or E score be reconsidered by the Apparatus Jury. Such a request must be handed in, in writing, on the appropriate form, to the D1 Judge by the Canadian Head Judge or designate.
- The request will be discussed by the Apparatus Jury and the Competition Jury as soon as possible.
- The Competition Jury may ask a panel to reconsider a D Score or an E score if the Competition Jury feels that a D/E score (protested or not) is incorrect.
- The Competition Jury may adjust a D Score or E score, if, after discussion with the D panel, a majority of the 3 members of the Competition Jury plus 2 D Panel Judges feel that the D Score or E score was not appropriate.
- The Chair of the Jury will notify the coach immediately in writing of the adjustment if any.

6.7 TECHNICAL PROTEST TO THE COMPETITION JURY

A technical protest is allowed on:

- Equipment failure (gymnastics or audio)
- Special occurrences related to the organization that alter the competition conditions (like the order of passage, warm-up procedures, etc.).
- Deductions/penalties for athlete conduct as listed by the WGYM Code of Points, the HP/CCP Manuals or other WAG program documents: non-identical leotards, incorrect leotard, incorrect advertising, jewelry, padding, missing start number, non-observance of warm-up time and order, non-observance of competition order, signals, verbal commands and similar, unexcused delay or interruption of the competition, unauthorized leaving of the competition area, unsportsmanlike behavior.
- Any other deductions/penalties for coach conduct as listed by the WGYM/CCP Code of Points or WAG documents: attire, unexcused delay or interruption of the competition, number of coaches on the floor, number of coaches near the apparatus, signals, verbal commands, and similar, unsportsmanlike behavior.

6.8 REVIEW OF PENALTY FOR IMPROPER CONDUCT

- Any athlete, coach, or judge penalized for improper conduct may be heard at the discretion of the Competition Jury.



- The Competition Jury will attempt to reach a decision by consensus. If it is impossible, each member will have an equal voice in the decision.
- A simple majority will prevail. If the decision is tied, the Chair of the Competition Jury may break the tie.

6.9 OTHER

Inquiries about Another Athlete/Coach

- This inquiry must be made in writing by a coach about an athlete or a coach of another club/team to the Canadian Head Judge.
- This type of inquiry can only be made on the presumption that the rules were not applied or were applied incorrectly.
- This type of inquiry must be made within the same time deadlines as another type of inquiry.
- The inquiries of this type will be recorded by the Canadian Head Judge for a period of 24 months. The abuse of this procedure will lead to sanctions.

Inquiry by Panel Member

- Occasionally, a judge performing the E panel tasks may inquire in writing (note forwarded to the D1 Judge) once the E Score has been flashed. Such inquiry about the D Score may also be made verbally to the D1 at the end of a rotation.
- Occasionally, the D1 may discuss the D Score of an exercise with the E panel members, if necessary, before the D Score or the score is flashed or at the end of a rotation.
- The result of one of the above 2 actions may lead to an adjustment to the score in which case the D1 Judge will secure the authorization of the Canadian Head Judge or their designate. The final decision to adjust a score should occur before the beginning of the next rotation and before the score sheets are sent to the scoring room as much as possible. The D1 Judge will notify the coach immediately in writing of such adjustment. The coach will have the option to protest the new score within the usual time frame.



6.10 SUMMARY CHART FOR VERBAL AND WRITTEN INQUIRIES

A verbal response or any verbal explanation will be given to the same coach at every stage – inquiry or protest for a given matter. It is up to the coaches of the same club to share the information.

Action	Done	To	Cost	Dealt With By	Composed Of
Inquiry: Request by the coach for information	Verbally	D1	\$0	Panel Judges respective apparatus	D and/or E panel members
Protest of Score: Request by the coach for reconsideration; disagreement with decision	In writing on form	CHJ	\$60 Per protest	Judging Jury1	- Chair: CHJ or designate - D and/or E panel members
Technical Protest: Request reconsideration; disagreement with decision	In writing on form	CHJ	\$60	Competition Jury2	- PM-WAG or designate (Chair) - CHJ or designate - WPC member / Tech expert - Any other appropriate personnel as needed
Appeal: Request by the competition Jury for reconsideration; disagreement with decision	In writing on form	CHJ	\$60 Per appeal	Competition Jury2	- PM-WAG or designate (Chair) - CHJ or designate - WPC member / Tech expert - Any other appropriate personnel as needed

7 DOCUMENT TIMELINES

Version	Date	Change(s)
Draft 1.0	December 25, 2025	Draft circulated
		- Change to Section 1 (hyperlink) & explain
Final 1.0	January 31, 2026	

¹ Occasionally, the Chair of the Judging Jury may forward a protest to the Competition Jury if they believe the D Score, or E Score is incorrect once it has been reconsidered by the panel.

² Occasionally, the Competition Jury may ask a panel to reconsider a score or may, under special circumstances, modify a score.

