



International Gymnix

March 5-8, 2020

Montreal, Quebec, Canada

Gymnix Challenge

Montreal, October 15th, 2019

Dear friends,

It is with great pleasure that we invite you to compete in the **2020 INTERNATIONAL GYMNIX**, which will be held **March 5-8, 2020** in Montreal, Canada. Give your gymnasts the opportunity to experience a full podium setting and join our friends from around the globe to compete in our world-class friendly meet in women's artistic gymnastics.

This year, the International Gymnix will encompass the following competitions:

**JUNIOR INTERNATIONAL CUP
SENIOR INTERNATIONAL CUP
GYMNIX CHALLENGE – INDIVIDUAL COMPETITION**

The International Gymnix will celebrate its 29th anniversary this year and will welcome once again some of the world's best gymnasts. Our 29th edition will be colourful, entertaining and festive. We hope many of you will join us to celebrate the unique sport that is artistic gymnastics. Rest assured that the organizing committee is working hard to organize a quality event highlighting the true beauty and excitement of the sport.

We are looking forward to welcoming you to our beautiful city.

Best regards,

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1. COMPETITION RULES AND FORMAT

	GYMnix CHALLENGE
CATEGORY	Born in 2007 and older
INVITATION	<ul style="list-style-type: none"> - National team members of any country representing their club or their country - Elite and High Performance athlete
# ATHLETES	Max of 64 athletes with priority given to best athletes (# of participants to be confirmed after registration deadline)
COMPETITION FORMAT	DAY 1: AA final & Qualifications for apparatus finals DAY 2: Apparatus finals
FIG CODE	AA: FIG I (two vaults for Vault qualification, TBC by Feb 15 th) Apparatus finals: FIG III
PARTICIPATION IN APPARATUS FINALS	Top 8 athletes
INDIVIDUAL AWARDS	Top 3 All-Around Top 3 per apparatus



2. OVERALL TENTATIVE SCHEDULE

Friday, February 28, 2020, to Wednesday, March 4, 2020
Delegation Arrivals
Saturday, February 29, 2020, to Wednesday, March 4, 2020
Trainings
Wednesday, March 4, 2020
Technical Meeting
Thursday, March 5, 2020
Podium Training (for all)
Friday, March 6, 2020
Senior International Cup – Competition Day 1
Gymnix Challenge & Junior International Cup – Training
Saturday, March 7, 2020
Gymnix Challenge – Competition Day 1
Junior International Cup – Competition Day 1
Senior International Cup – Training
Sunday, March 8, 2020
Apparatus Finals – All (Day 2)
Closing Celebration Party
Monday, March 9, 2020
Cirque du Soleil visit
Delegations Departure

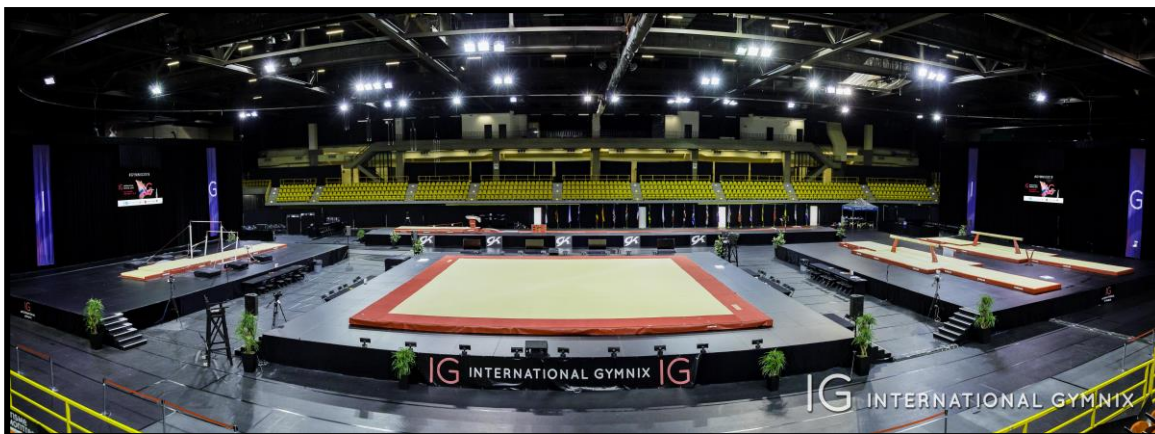


3. COMPETITION AND TRAINING VENUE

Competition venue

Claude-Robillard Sports Complex
 Inside track & field room (Omnisports)
 1000 Emile-Journault Avenue, Montreal (QC), H2M 2E7

OMNISPORT ROOM



Equipment

FIG approved competitive equipment
Podium for all four apparatus

Training venues

Host club (Gymnix) facility and a separate warm-up gymnasium (Double Gym). Some trainings will also take place at the INSQ (Olympic Stadium).

Judges

Judges must have a current valid FIG brevet

Music

MP3 file submitted to the OC prior to competition.
 1 CD or USB per athlete.

Medical Services

Physiotherapy services will be provided in the warm-up gym and the competition floor; for injuries and emergency taping. A doctor will be on call during the event.

Prizes

Winners will receive prize money. The official IG2020 leotard offered by our partner [GK Elite](#) will be given to winners of the All-Around competition.

4. MEALS AND ACCOMMODATION

CHALLENGE ATHLETES REPRESENTING THEIR CLUB

Participants are responsible for making their own hotel reservation. Many hotels are available at various prices. We do our best to get the best prices for you and we thank you in advance for booking with our partner hotels.

[Official Hotels – IG 2020](#)

Delegates in the Gymnix Challenge are also responsible for their own meals and local transportation. Numerous restaurants are located around the suggested hotels.

CHALLENGE ATHLETES REPRESENTING THEIR COUNTRY

Delegates representing their country in the Junior & Senior International Cups & the Gymnix Challenge will be staying at the Best Western Ville-Marie Hotel.

Reservations must be made through the Organizing Committee (OC).

Best Western Ville-Marie Hotel

3407 Peel Street
Montreal (QC), H3A 1W7

Hotel (single to quadruple occupancy): \$140 to \$145/night/room (tx incl.)

Meal plan: \$65 to \$70 per person / day (tx incl.)

The Accommodation and Meals Form must be returned to the OC by February 1st at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.

The invited participating federations must pay for the accommodation and meals expenses of their delegation members unless stated differently in the country's nominal invitation.

The costs for the accommodations and meals must be paid to the LOC **by February 17th. No refund for any circumstances after that date.** Please contact the local OC for procedure details.

5. TRANSPORT

INTERNATIONAL TRANSPORTATION

The invited participating federations must pay for the travel costs of their delegation members unless stated differently in the country's nominal invitation.

The Travel Schedule Form must be returned to the OC **by February 3rd**.

<p>ELECTRONIC TRAVEL AUTHORIZATION</p>	<p>NEW CANADIAN IMMIGRATION LAWS</p> <p>As of November 9th, 2016, all visa-exempt foreign nationals who fly to or transit through Canada will need an Electronic Travel Authorization (eTA). Exceptions include U.S. citizens and travelers with a valid Canadian visa. Canadian citizens, including dual citizens, and Canadian permanent residents do not need to apply for an eTA.</p> <p>To apply you must have a valid passport, a credit card and an email address. It costs \$7 CAD and only takes a few minutes to apply. Approved eTAs are valid for 5 years or until your passport expires, whichever comes first.</p> <p>Click here to find out if you need an eTA.</p> <p>Click here to apply for an eTA.</p>
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LOCAL TRANSPORTATION

CHALLENGE ATHLETES REPRESENTING THEIR COUNTRY

Local transportation facilities will be provided by the local OC. The OC will pick up the delegations at the airport and a shuttle system will operate between the hotel and the sports hall.

Local transportation will be provided to/from the hotel to the competition and training halls for all delegation members. Airport transportation will also be provided for the gymnasts, their respective coach and judges. The host will also provide both local and airport transportation at no additional cost to additional delegation members. In agreement with the above paragraph, no extra transportation reimbursement will be made for local transportation (taxi, etc.).

VISA

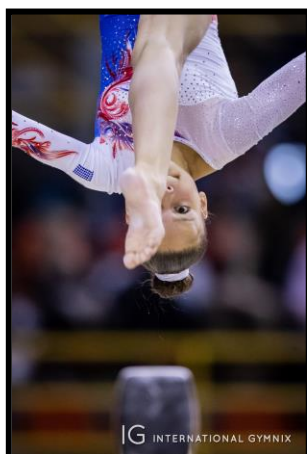
Please verify immediately with your travel agent or the Canadian Embassy or Consulate in your country if a visa is required for your travel to Canada. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before **January 17, 2020**, to the LOC.

The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.

6. REGISTRATION

Registration for the Gymnix Challenge will be online on the platform SportzSoft which will be accessible from the registration page on [our website](#). More info on the registration procedures is in the registration manual.

The registration fees are 180\$ for athletes and \$110 for coaches.



7. DEADLINES SUMMARY

<p>November 4, 2019, at 3p.m. (EST)</p>	<p>Opening of the registration for the Gymnix Challenge. First come, first registered!</p>
<p>December 10, 2019</p>	<p>Deadline for non-medical withdrawals WITH REFUND* <i>After this date, no refund will be provided for withdrawal without a medical certificate</i></p> <p>Deadline for medical withdrawals (medical certificate required) WITH REFUND*</p>
<p>January 10, 2020</p>	<p>Deadline for any modification to an existing registration at the cost of 25\$*</p>
<p>February 10, 2020</p>	<p>Deadline for any modification to an existing registration at the cost of 50\$*</p> <p>Deadline for medical withdrawals (medical certificate required) WITH REFUND* <i>After this date, no refund will be provided for withdrawals</i></p> <p>Deadline to download the following documents on SportzSoft</p> <ul style="list-style-type: none"> • <i>Music MP3 (please note that it is still mandatory to bring each athlete's music on a USB key or a CD)</i> • <i>Athlete photo</i> • <u>Image and video release form</u>

** Please refer to section 8 to view the applicable administrative fee.*

8. MODIFICATION AND WITHDRAWAL FEES

MODIFICATION

Before/On January 10th	–	\$25 administrative fee
After January 10th	–	\$50 administrative fee
After February 10th	–	No modification

NON-MEDICAL WITHDRAWAL

Before/On December 10th	–	Refund, minus a \$25 administrative fee
After December 10th	–	No refund

MEDICAL WITHDRAWAL (medical certificate required)

Before/On December 10th	–	Full refund, minus a \$25 administrative fee
After February 10th	–	No refund

For any modification, withdrawal notice or refund request, please complete Annex 1 (Modification request) or Annex 2 (Withdrawal notice) attached, and send them by email to classique@gymnix.ca

Please notify us of any withdrawals as soon as possible (even if the deadline for a refund has passed). This greatly facilitates the event preparation. In order to ensure the quality of the event, we will be very strict with regards to compliance with the mentioned deadlines. We thank you in advance for your collaboration.

9. ACTIVITIES

Access to all international competitions for registered athletes and coaches. Spectators will be able to purchase tickets on [the IG website](#). **Also, all Classic and International competitions will be webcast for free.**

Gymnastics Tradeshow: More than a dozen exhibitors offering gymnastics and sports products as well as a variety of food options.



Shows: participants and spectators have the privilege to see performance from some of the best circus, acrobatic sports and dance artists coming from Canada.



ANNEX 1

MODIFICATION REQUEST

Please complete and send this form by email at: classique@gymnix.ca
A 25\$ administrative fee will be charged for any modification request.

Deadline for any modification request is January 10, 2020

CLUB INFORMATION			
Club			
Contact person			
Email			
Phone number			
ATHLETE INFORMATION			
Last name, first name			
Birthday (dd/mm/yyyy)			
Current category (BEFORE the requested modification)		New Category	

Head coach's signature : _____

Date (dd/mm/yyyy) : _____

ANNEX II

WITHDRAWAL NOTICE (WITH OR WITHOUT REFUND)

Medical withdrawal

- Please complete, sign and send the form below, **accompanied by a legible copy of a valid medical certificate**, by email at: classique@gymnix.ca
- Deadline: **February 10, 2020**
- Take note that a \$25 administrative fee will be charged for all medical refund requests received after **December 10, 2019**.
- Refunds will be done within 30 business days following the last day of competition.

Non-medical withdrawal

- Please complete, sign and send the form below by email at: classique@gymnix.ca , by **December 10, 2019**, at the latest.
- No refund (except for medical reasons) will be issued after **December 10, 2019**.
- Take note a \$25 administrative fee will be charged for all non-medical refund requests.

CLUB INFORMATION			
Club			
Contact person			
Email			
Phone number			
ATHLETE INFORMATION			
Last name, first name			
Birthday (dd/mm/yyyy)		Category	

Head coach's signature : _____

Date (dd/mm/yyyy) : _____



THANK YOU