



International Gymnix

March 5-8, 2020

Montreal, Quebec, Canada

Gymnix Challenge

Montreal, October 15th, 2019

Dear friends from Canada,

It is with great pleasure that we invite you to compete in the **2020 INTERNATIONAL GYMNIX**, which will be held **March 5-8, 2020** in Montreal, Canada. Give your gymnasts the opportunity to experience a full podium setting and join our friends from around the globe to compete in our world-class friendly meet in women's artistic gymnastics.

This year, the International Gymnix will encompass the following competitions:

**JUNIOR INTERNATIONAL CUP
SENIOR INTERNATIONAL CUP
GYMNIX CHALLENGE – INDIVIDUAL COMPETITION**

For Canadian athletes, our criteria are:

1. **National Team Members + Espoir listed athletes (FIG eligible)**
2. **Top 6 AA Junior & Top 6 AA Senior at Canadian Championships 2019**
3. **Top 6 AA Junior & Top 6 AA Senior at Elite Canada 2020 (if different from CC)**
4. **Invitations following Elite-Canada (identified by National Team Director & the OC)**

The International Gymnix will celebrate its 29th anniversary this year and will welcome once again some of the world's best gymnasts. Our 29th edition will be colourful, entertaining and festive. We hope many of you will join us to celebrate the unique sport that is artistic gymnastics. Rest assured that the organizing committee is working hard to organize a quality event highlighting the true beauty and excitement of the sport.

We are looking forward to welcoming you to our beautiful city.

Best regards,

Anne-Maud Jan Viau
CEO
International Gymnix
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Charlotte Goudreau
Technical Coordinator
International Gymnix
classique@gymnix.ca

1. COMPETITION RULES AND FORMAT

	GYMNIX CHALLENGE
CATEGORY	Born in 2007 and older
INVITATION	<ul style="list-style-type: none"> - National team members of any country representing their club or their country - Elite and High Performance athlete
# ATHLETES	Max of 64 athletes with priority given to best athletes (# of participants to be confirmed after registration deadline)
COMPETITION FORMAT	DAY 1: AA final & Qualifications for apparatus finals DAY 2: Apparatus finals
FIG CODE	AA: FIG I (two vaults for Vault qualification, TBC by Feb 15 th) Apparatus finals: FIG III
PARTICIPATION IN APPARATUS FINALS	Top 8 athletes
INDIVIDUAL AWARDS	Top 3 All-Around Top 3 per apparatus



2. OVERALL TENTATIVE SCHEDULE

Friday, February 28, 2020, to Wednesday, March 4, 2020
Delegation Arrivals
Saturday, February 29, 2020, to Wednesday, March 4, 2020
Trainings
Wednesday, March 4, 2020
Technical Meeting
Thursday, March 5, 2020
Podium Training (for all)
Friday, March 6, 2020
Senior International Cup – Competition Day 1
Gymnix Challenge & Junior International Cup – Training
Saturday, March 7, 2020
Gymnix Challenge – Competition Day 1
Junior International Cup – Competition Day 1
Senior International Cup – Training
Sunday, March 8, 2020
Apparatus Finals – All (Day 2)
Closing Celebration Party
Monday, March 9, 2020
Cirque du Soleil visit
Delegations Departure



3. COMPETITION AND TRAINING VENUE

Competition venue Claude-Robillard Sports Complex
 Inside track & field room (Omnisports)
 1000 Emile-Journault Avenue, Montreal (QC), H2M 2E7

OMNISPORT ROOM



Equipment FIG approved competitive equipment
Podium for all four apparatus

Training venues Host club (Gymnix) facility and a separate warm-up gymnasium (Double Gym). Some trainings will also take place at the INSQ (Olympic Stadium).

Judges Judges must have a current valid FIG brevet

Music MP3 file submitted to the OC prior to competition.
 1 CD or USB per athlete.

Medical Services Physiotherapy services will be provided in the warm-up gym and the competition floor; for injuries and emergency taping. A doctor will be on call during the event.

Prizes Winners will receive prize money. The official IG2020 leotard offered by our partner [GK Elite](#) will be given to winners of the All-Around competition.

4. MEALS AND ACCOMMODATION

Participants are responsible for making their own hotel reservation. Many hotels are available at various prices. We do our best to get the best prices for you and we thank you in advance for booking with our partner hotels.

[Official Hotels – IG 2020](#)

Delegates in the Gymnix Challenge are also responsible of their own meals and local transportation. Numerous restaurants are located around the suggested hotels.

5. REGISTRATION

Registration for the Gymnix Challenge will be online on the platform SportzSoft which will be accessible from the registration page on [our website](#). More info on the registration procedures is in the registration manual.

The registration fees are 180\$ for athletes and \$110 for coaches.

Our goal is to allow all the HP gymnasts to compete in a FIG judged competition. Here is what we ask for registration:

- **Junior, Senior and Espoir national team members:** To be registered in the Gymnix Challenge. We will later adjust the categories of the athletes who will be named by Gymnastics Canada in the Junior Cup or Senior Cup.
- **Athletes aspiring to HP in 2020:** To be registered in the Gymnix Challenge. Their official participation in the Challenge will only be confirmed after Elite Canada. Gymnasts that will not obtain their HP standard will be changed to JO 10. **Please let us know after registration if you are not interested in your athlete competing in JO10 in the event that she does not obtain her HP status.** Those that will be named HP are guaranteed a FIG judged competition for the International Gymnix 2020. Please keep in mind that this competition might not be the Gymnix Challenge.

** Gymnasts who will need to change categories following Elite Canada will not be charged the administrative fee. **

6. DEADLINES SUMMARY

<p>November 4, 2019, at 3p.m. (EST)</p>	<p>Opening of the registration for the Gymnix Challenge. First come, first registered!</p>
<p>December 10, 2019</p>	<p>Deadline for non-medical withdrawals WITH REFUND* <i>After this date, no refund will be provided for withdrawal without a medical certificate</i></p> <p>Deadline for medical withdrawals (medical certificate required) WITH REFUND*</p>
<p>February 10, 2020</p>	<p>Deadline for any modification to an existing registration**</p> <p>Deadline for medical withdrawals (medical certificate required) WITH REFUND* <i>After this date, no refund will be provided for withdrawals</i></p> <p>Deadline to download the following documents on SportzSoft</p> <ul style="list-style-type: none"> • <i>Music MP3 (please note that it is still mandatory to bring each athlete's music on a USB key or a CD)</i> • <i>Athlete photo</i> • <i>Image and video release form</i>

** The administrative fee of 25\$ is applicable.*

*** Please note that athletes that wish to change category with no regards to Elite Canada and the HP status can do so, but the 25\$ administrative fee will be applicable.*

For any modification, withdrawal notice or refund request, please complete Annex 1 (Modification request) or Annex 2 (Withdrawal notice) attached, and send them by email to classique@gymnix.ca

Please notify us of any withdrawals as soon as possible (even if the deadline for a refund has passed). This greatly facilitates the event preparation. In order to ensure the quality of the event, we will be very strict with regards to compliance with the mentioned deadlines. We thank you in advance for your collaboration.

7. ACTIVITIES

Access to all international competitions for registered athletes and coaches. Spectators will be able to purchase tickets on [the IG website](#). **Also, all Classic and International competitions will be webcast for free.**

Gymnastics Tradeshow: More than a dozen exhibitors offering gymnastics and sports products as well as a variety of food options.



Shows: participants and spectators have the privilege to see performance from some of the best circus, acrobatic sports and dance artists coming from Canada.



ANNEX 1

MODIFICATION REQUEST

Please complete and send this form by email at: classique@gymnix.ca

Deadline for any modification request is February 10, 2020

CLUB INFORMATION			
Club			
Contact person			
Email			
Phone number			
ATHLETE INFORMATION			
Last name, first name			
Birthday (dd/mm/yyyy)			
Current category (BEFORE the requested modification)		New Category	

Head coach's signature : _____

Date (dd/mm/yyyy) : _____

ANNEX II

WITHDRAWAL NOTICE (WITH OR WITHOUT A REFUND)

Medical withdrawal

- Please complete, sign and send the form below, **accompanied by a legible copy of a valid medical certificate**, by email at: classique@gymnix.ca
- Deadline: **February 10, 2020**
- Take note that a \$25 administrative fee will be charged for all medical refund requests received after **December 10, 2019**.
- Refunds will be done within 30 business days following the last day of competition.

Non-medical withdrawal

- Please complete, sign and send the form below by email at: classique@gymnix.ca , by **December 10, 2019**, at the latest.
- We will only refund the athletes that do not obtain their HP status after Elite Canada and do not wish to participate in JO10.
- Take note a \$25 administrative fee will be charged for all non-medical refund requests.

CLUB INFORMATION			
Club			
Contact person			
Email			
Phone number			
ATHLETE INFORMATION			
Last name, first name			
Birthday (dd/mm/yyyy)		Category	

Head coach's signature : _____

Date (dd/mm/yyyy) : _____



THANK YOU