

IG INTERNATIONAL GYMNIX 2024

30e édition | 30th edition

Mettez le à votre agenda:
6 au 10 mars 2024

Mark your calendars :
March 6 to 10, 2024



IG INTERNATIONAL GYMNIX 2024

GYMNIX CHALLENGE



Montreal, September 15th, 2023

Dear friends from Canada,

It is with great pleasure that we invite you to compete in the **2024 INTERNATIONAL GYMNIX**, which will be held **March 6-10, 2024** in Montreal, Canada. Give your gymnasts the opportunity to experience a full podium setting and join our friends from around the globe to compete in our world-class friendly meet in women's artistic gymnastics.

This year, the International Gymnix will encompass the following competitions:

**JUNIOR INTERNATIONAL CUP
SENIOR INTERNATIONAL CUP
GYMNIX CHALLENGE – INDIVIDUAL COMPETITION**

For Canadian athletes, our criteria are:

1. **National Team Members + Espoir listed athletes (FIG eligible)**
2. **Minimal score of 45 AA at Canadian Championships and/or Elite Canada in the Junior or Senior categories**
3. **Invitations by the OC**

The International Gymnix will celebrate its 30th anniversary this year and will welcome once again some of the world's best gymnasts. Our 30th edition will be colorful, entertaining and festive. We hope many of you will join us to celebrate the unique sport that is artistic gymnastics. Rest assured that the organizing committee is working hard to organize a quality event highlighting the true beauty and excitement of the sport.

We are looking forward to welcoming you to our beautiful city.

Best regards,

Marie-Chantale Laplante

Event Manager

International Gymnix

dgig@gymnix.com

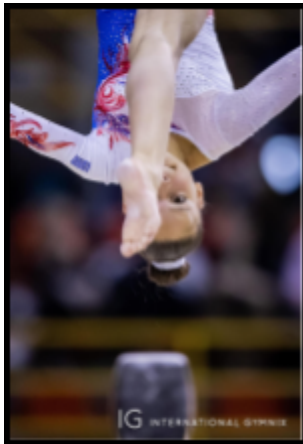
1. COMPETITION RULES AND FORMAT

	GYMNIX CHALLENGE
CATEGORY	Born in 2011 and older
INVITATION	<ul style="list-style-type: none"> - National team members of any country representing their club or their country - Elite and High Performance athlete
REG. FEES	\$250 per gymnast, \$200 per coach A participation gift will be given to all athletes and coaches.
# ATHLETES	Max of 64 athletes with priority given to best athletes (# of participants to be confirmed after registration deadline)
COMPETITION FORMAT	DAY 1: AA final & Qualifications for apparatus finals DAY 2: Apparatus finals
FIG CODE	Day 1: Qualification (two vaults for Vault qualification, TBC by Feb 15 th) Day 2: Individual Apparatus Finals
PARTICIPATION IN APPARATUS FINALS	Top 7 athletes 1 OC choice (TBC by Feb 15 th)
INDIVIDUAL AWARDS	Top 3 All-Around Top 3 per apparatus



2. OVERALL TENTATIVE SCHEDULE

Friday, March 1, 2024 to Wednesday, March 6, 2024
Delegation Arrivals
Saturday, March 2, 2024 to Wednesday, March 6, 2024
Trainings
Thursday, March 7, 2024
Podium Training
Technical Meeting
Friday, March 8, 2024
Training
Saturday, March 9, 2024
Competition Day 1
Sunday, March 10, 2024
Apparatus Finals Day 2
Closing Celebration Party
Monday, March 11, 2024
Activities in Montreal organized by LOC
Delegations Departure



3. COMPETITION AND TRAINING VENUE

Address: Complexe sportif Claude-Robillard
1000, av. Émile-Journault
Montreal (Qc) H2M 2E7

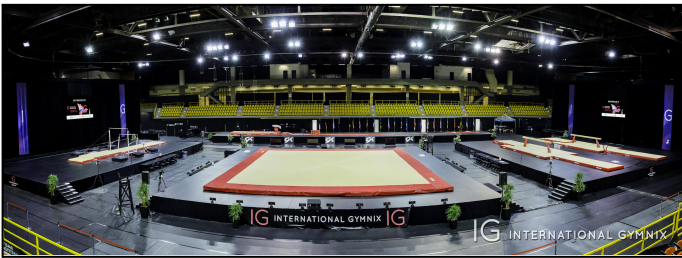
Contact info: Email: international@gymnix.com
Web site: <https://internationalgymnix.ca/en/>

Competition Venue:

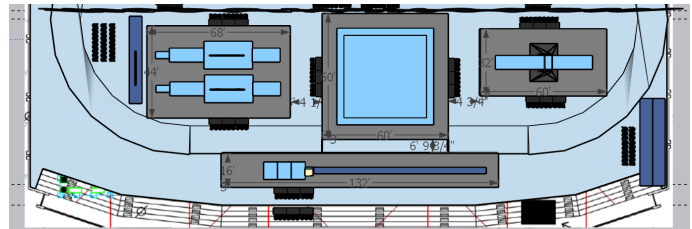
As the complex is currently under renovation, the Double Gymnasium (named Gym B during IG) will not be accessible for the duration of the event. Here is the new plan presented to you. The gymnasts from the Classic section will compete in the Omnisports room, which will be shared with the athletes from the International section.

OMNISPORTS ROOM - A1 GYM (ALL EVENTS ON PODIUM)

IG 2020

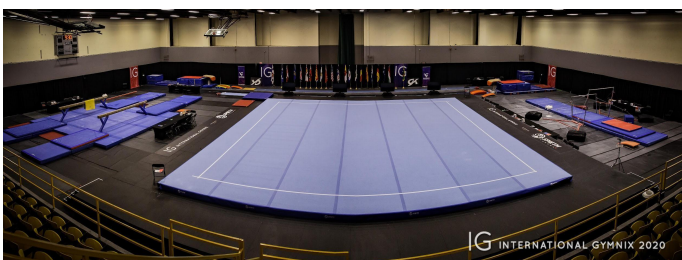


IG 2024

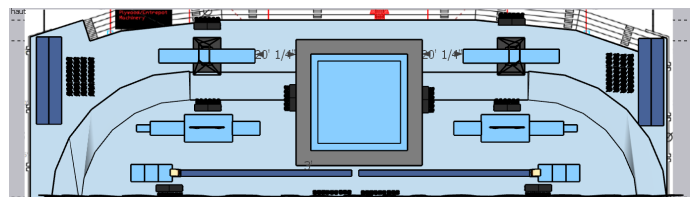


OMNISPORTS ROOM - A2 GYM (FLOOR ON PODIUM)

IG 2020



IG 2024



<i>Registration fees</i>	\$250 per gymnast, \$200 per coach *A participation gift will be given to all athletes and coaches.
<i>Training area</i>	Gymnix (C Gym), Omnisport Room (A1 and A2 Gyms), INS (Olympic Stadium)
<i>Warm-up area</i>	Omnisports Room (A1 Gym)
<i>Competition area</i>	Omnisports Room (A1 Gym)
<i>Equipment</i>	FIG approved equipment provided by SPIETH All four events on podium
<i>Judges</i>	Judges must have a current valid FIG brevet
<i>Rewards</i>	Individual: - All Around: (1 to 3) per category - Per Event: (1 to 3) per category
<i>Documents to be provided by athlete</i>	The following documents must be uploaded to SportzSoft before February 10, 2024 . - Music MP3* - Athlete's picture - Image and video release form (to come) *Please note that coaches must still bring a USB key with their athletes' music.
<i>Medical Services</i>	Physiotherapy services will be provided in the warm-up gym and the competition floor; for injuries and emergency taping. A doctor will be on call during the event.

4. REGISTRATION

Registration for the 2024 Gymnix Challenge will be online on the SportzSoft platform which will be accessible through the registration page on [our website](#). More information is available in the registration guide also available on our website. Please note that the Team Registration does not apply to the Gymnix Challenge category.

The registration fees are 250\$ for athletes and \$200 for coaches.

Our goal is to allow all the HP gymnasts to compete in a FIG judged competition. Here is what we ask for registration:

- **Junior, Senior and Espoir national team members:** To be registered in the Gymnix Challenge. We will later adjust the categories of the athletes who will be named by Gymnastics Canada in the Junior Cup or Senior Cup.
- To be registered in the Gymnix Challenge, athletes official participation will only be confirmed after Elite Canada, unless the score of 45 AA was obtained at the 2023 Canadian Championships in the Junior or Senior category. Gymnasts that will not obtain the minimal score will be changed into Level 10.

** Gymnasts who will need to change categories following Elite Canada will not be charged the administrative fee. **

5. MEALS AND ACCOMMODATION

You will receive more information about the accommodations suggested by the registration date **Monday, September 25th at 12PM EDT.**

Delegates in the Gymnix Challenge are also responsible for their own meals and local transportation. Numerous restaurants are located around the suggested hotels.

6. DEADLINES SUMMARY

<p>SEPTEMBER 25, 2023 (12PM EDT)</p>	<p>Opening of the registration for the 2024 Gymnix Challenge. First come, first registered!</p>
<p>NOVEMBER 20, 2023</p>	<p>Deadline for non-medical withdrawals WITH REFUND* Deadline for a registration modification without medical reason NO FEES*</p>
<p>JANUARY 10, 2024</p>	<p>Deadline for any modification. 50\$ ADMINISTRATIVE FEE APPLIED Deadline for non-medical withdrawal. 50\$ ADMINISTRATIVE FEE APPLIED <i>After this date, no modification of registration will be possible, nor withdrawal without a medical certificate.</i></p> <p>Deadline for medical withdrawals (medical certificate required) at the cost of \$25.</p>
<p>FEBRUARY 10, 2024</p>	<p>Deadline for medical withdrawals (medical certificate required) WITH 50% REFUND of registration fees* <i>After this date, no refund will be provided for withdrawals.</i></p> <p>Deadline to download the following documents on SportzSoft</p> <ul style="list-style-type: none"> ● Music MP3* ● Athlete photo ● Image and video release form <p><i>* Please note that it is still mandatory to bring each athlete's music on a USB key</i></p>

**** Please refer to the section on Administrative Fees below for a clear administrative fee breakdown***

ADMINISTRATIVE FEES FOR MODIFICATIONS OR WITHDRAWALS

MODIFICATION

Before/on November 20	–	No fee
After November 20	–	\$50 administrative fee
After January 10	–	End of modification period

NON-MEDICAL WITHDRAWAL

Before/on November 20	–	Full refund
Before/on January 10	–	\$50 administrative fee
After January 10	–	No refunds

MEDICAL WITHDRAWAL (Medical Note Required)

Before/on January 10	–	\$25 administrative fee
Before/on February 10	–	50% registration fees refund
After February 10	–	No refunds

*A form will be shared on our website and in the registration guide for all modification requests, withdrawals, or refund requests.

Please notify us of any withdrawals as soon as possible (even if the deadline for a refund has passed). This greatly facilitates the event preparation. In order to ensure the quality of the event, we will be very strict with regards to compliance with the mentioned deadlines. We thank you in advance for your collaboration.

7. THE INTERNATIONAL GYMNIX EXPERIENCE

Competition Access

Registered athletes and coaches are welcomed to attend all competitions and take part in the IG Village experience. Spectators will be able to purchase tickets on [the IG website](#).



IG Village

The second floor will be dedicated to offering the Montreal experience two steps away from the competition floor. There will be various food options with the best that Montreal has to offer. The IG Store will have plenty of equipment and gear for sale, including the official IG leotard and souvenirs.



Town Square

In the center of the village, there will be a large space where spectators and younger gymnasts can attend question-and-answer and autograph sessions with the International athletes. You will be invited to take part in this Fan zone, as an International athlete! Several other activities are planned, including workshops to learn the official IG dance, and much more!



Thank you and we look forward to seeing you soon !

